







TREK OVERVIEW



LOCATIONUttarakhand, India



BEST SEASON May, Sep, Oct



DISTANCE 120 km





MAX ALTITUDE 13579 ft



LAST ATMUttarkashi





BASE CAMP
Uttarkashi



DIFFICULTYDifficult



DURATION15 Days & 14 Nights





SERIVCE FROM

Uttarkashi to Gaurikund Dehradun to Dehradun





SHORTITINERARY



DAY 1

Drive from Dehradun to Uttarkashi

DAY 2

Drive from Uttarkashi to Malla (25 km) and trek to Sillachan

DAY 3

Trek from Sillachan to Kushkalayni

DAY 4

Trek from Kushkalayni to Kyarki Khal

DAY 5

Trek from Kyarki Khal to Pari Tal

DAY 6

Trek from Pari Tal to Sahastral





SHORTITINERARY



DAY 7

Trek from Sahastral to Kalyani

DAY8

Trek from Kalyani to Kharsoli

DAY9

Trek from Kharsoli to Tambakund

DAY 10

Trek from Tambakund to Khatling Glacier and return

DAY 11

Trek from Tambakund to Masar Tal

DAY 12

Trek from Masar Tal to Vasuki Tal





SHORTITINERARY



DAY 13

Trek from Vasuki Tal to Kedarnath

DAY 14

Trek from Kedarnath to Gauri Kund

DAY 15

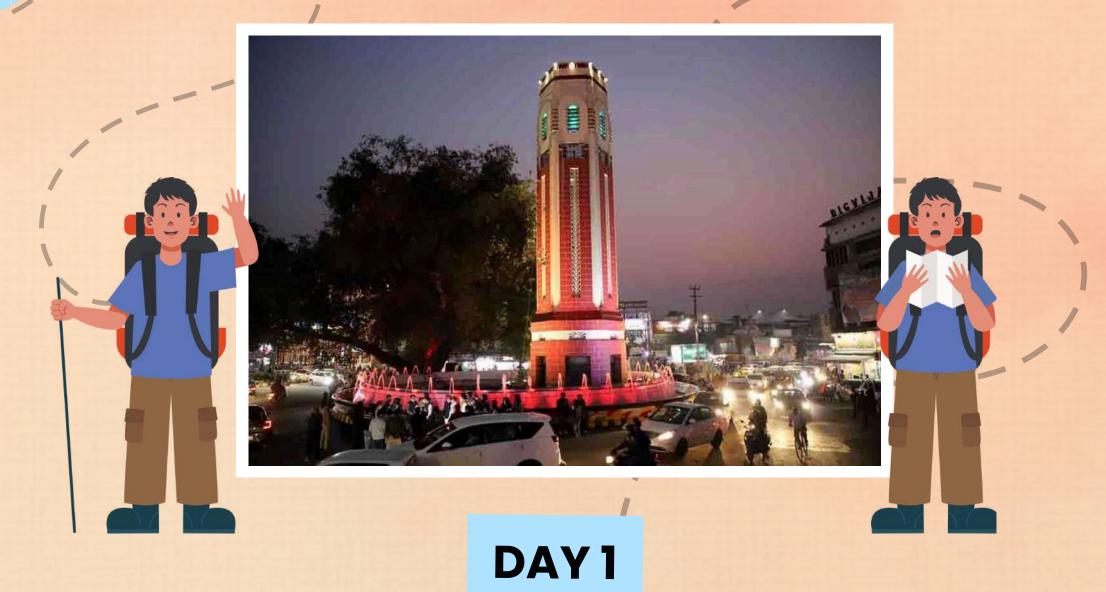
Drive from Gauri Kund to Dehradun





ITINERARY





Drive from Dehradun to Uttarkashi

The pick-up will be from Dehradun, timing of departure is 6:30 am. The drive is through Mussoorie, Tehri Lake can be seen en route Uttarkashi can be reached in 8 to 9 hours.

The arrangements will be made in a hotel at Uttarkashi.







Drive from Uttarkashi to Malla (25 km) and trek to Sillachan

Have breakfast and leave for Malla, the drive is 25 km long. This is the starting point of this trek, head towards Sillachan by covering 9 km and reach your campsite.

After setting up tents, have salubrious food and retire for the night.



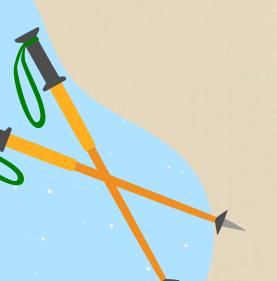




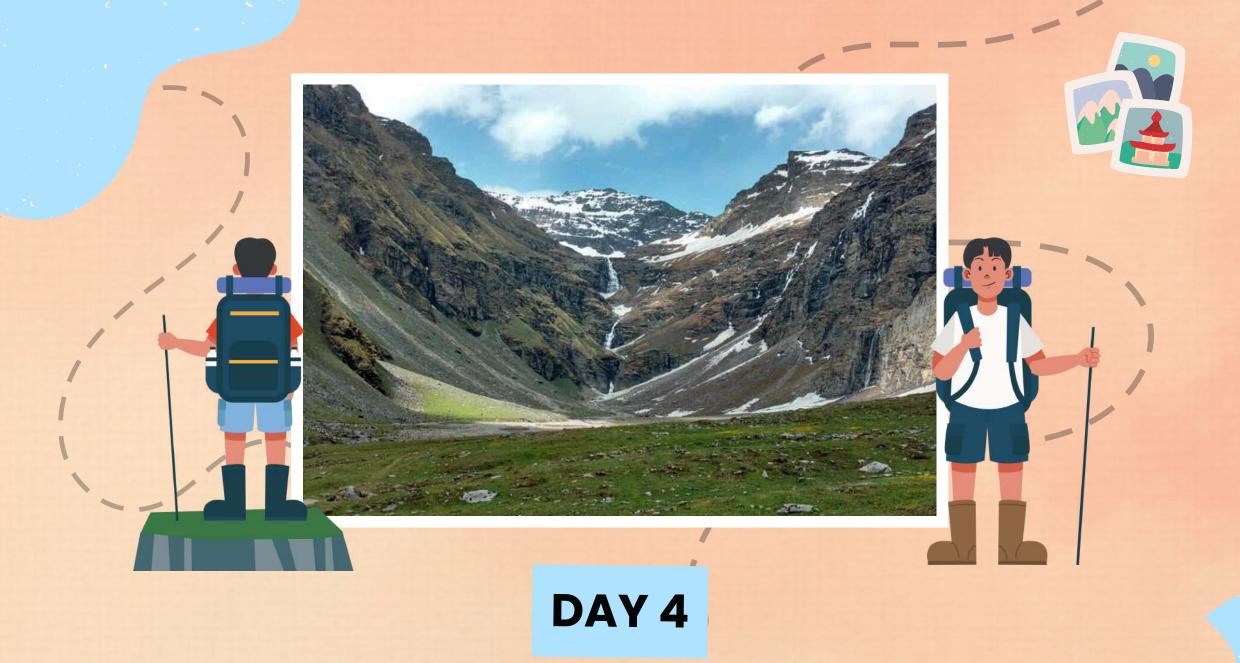
Trek from Sillachanto Kush Kalyani

Start the trek from Sillachan, the distance is 11 km to reach Kush Kalyani. Reach the ravishing meadows and setup the camps in middle of the ground.

Rest there and comfortably enjoy your overnight stay in tents.







Trek from Kush Kalyani to Kyarki Khal

Today the trek to Kyarki Khal is an exciting one because the undulating meadows, cascading waterfalls and scenic sights will leave you gazing at nature's beauty.

Reach Kyarki Khal, have sumptuous food and settle for the day.







Trek from Kyarki Khal to Pari Tal

From Kyarki Khal trek through the lush green Kyarki Bugyal, pass through dense forest area and reach Pari Tal campsite for today.

After pitching tents and having food retire for the night.







Trek from Pari Tal to Sahastral

Sahastral is 12 km away from Pari Tal and the picturesque trail is through Taddiudyar. Reach the campsite and settle for the day.

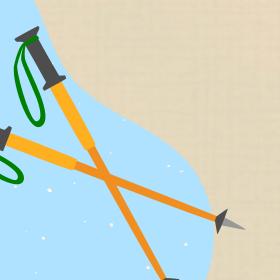






Trek from Sahastral to Kalyani

Today is a long trek, the distance is 16 km which can be covered in 7 hours. Kalyani lies amid mountains and an embankment is visible on another side. It is a wide meadow, great for camping, so setup your camps here and settle for the day.







Trek from Kalyani to Kharsoli

Kharsoli is still 11 km away from kalyani. It is Bhilan Ganga's confluence and a large meadow, pitch your camps here in middle of the meadow. Sumptuous food will be served and overnight stay will be in tents.





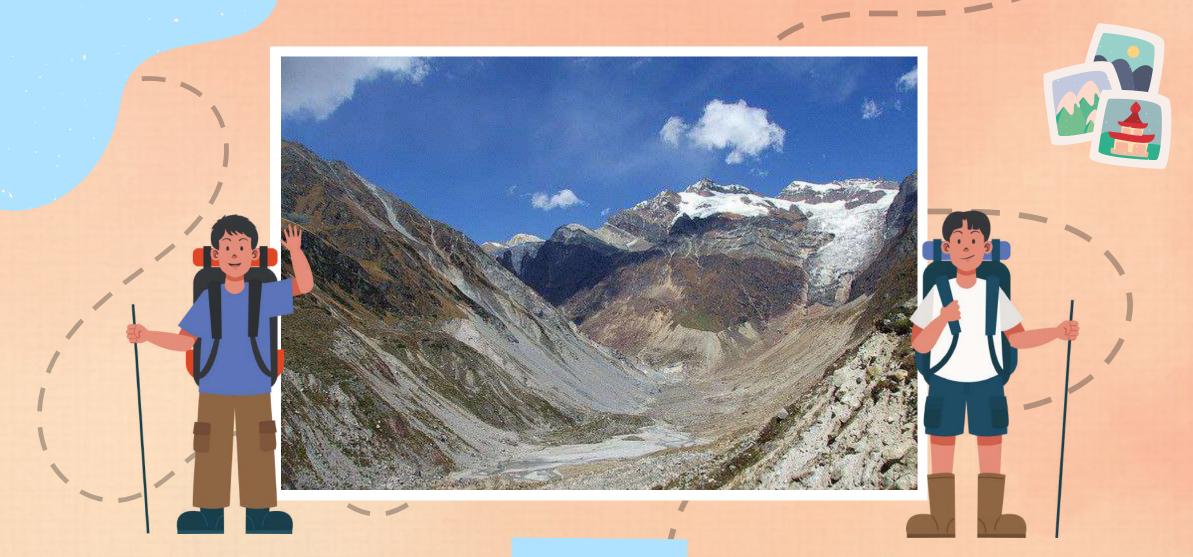


Trek from Kharsoli to Tambakund

Start the trek from Kharsoli to Tambakund, the distance is 8 km. Reach there setup your camps and settle for the day.







Trek from Tambakund to Khatling Glacier and return

Wake up early today because trek to Khatling Glaicer is strenuous, the distance is 3 km but climbing it will take time.

The Jogin peaks (I, II and III), Meru, Barte Kauter and Sphetic Pristwar with many more Himalayan peaks surrounds this glacier. After spending some time there start the descent. Packed lunch will be provided have it while returning to Tambakund.







Trek from Tambakund to Masar Tal

From Tambakund head towards Masar Tal. It lies in the remote region.

Set your camps near this Tal, this place is serene and peaceful. Wear enough clothes to protect against cold and retire for the night.



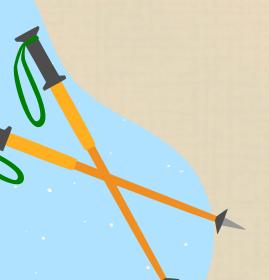




Trek from Masar Tal to Vasuki Tal

Cross the snow sections and boulder zone, it is going to be a long trek.

After tough descent, reach the campsite Vasuki Tal a holy lake which resembles snake Vasuki of Lord Shiva. Catch the views of Chaturangi glaciers. Setup the tents, have food and retire for the night.







Trek from Vasuki Tal to Kedarnath

From Vasuki Tal to Kedarnath, the distance is 6 km. After one ascent you have to descent all the way. Climb up and you can have first sight of Kedarnath and River Mandakini. Descent and reach there in one and a half hour, it is a very famous Hindu pilgrimage site, Kedarnath "Abode of Lord Shiva". Get there visit the temple in the evening and check in a hotel at Kedarnath.







Trek from Kedarnath to Gauri Kund

The distance from Kedarnath to Gaurikund is 14 km, it is a well-defined and well maintained path, descent through this trail and reach this pure Kund after crossing Rambara.

Gauri Kund is a divine hot water spring, devotees take bath in it and consider it pure. Arrangements will be made in a hotel there.







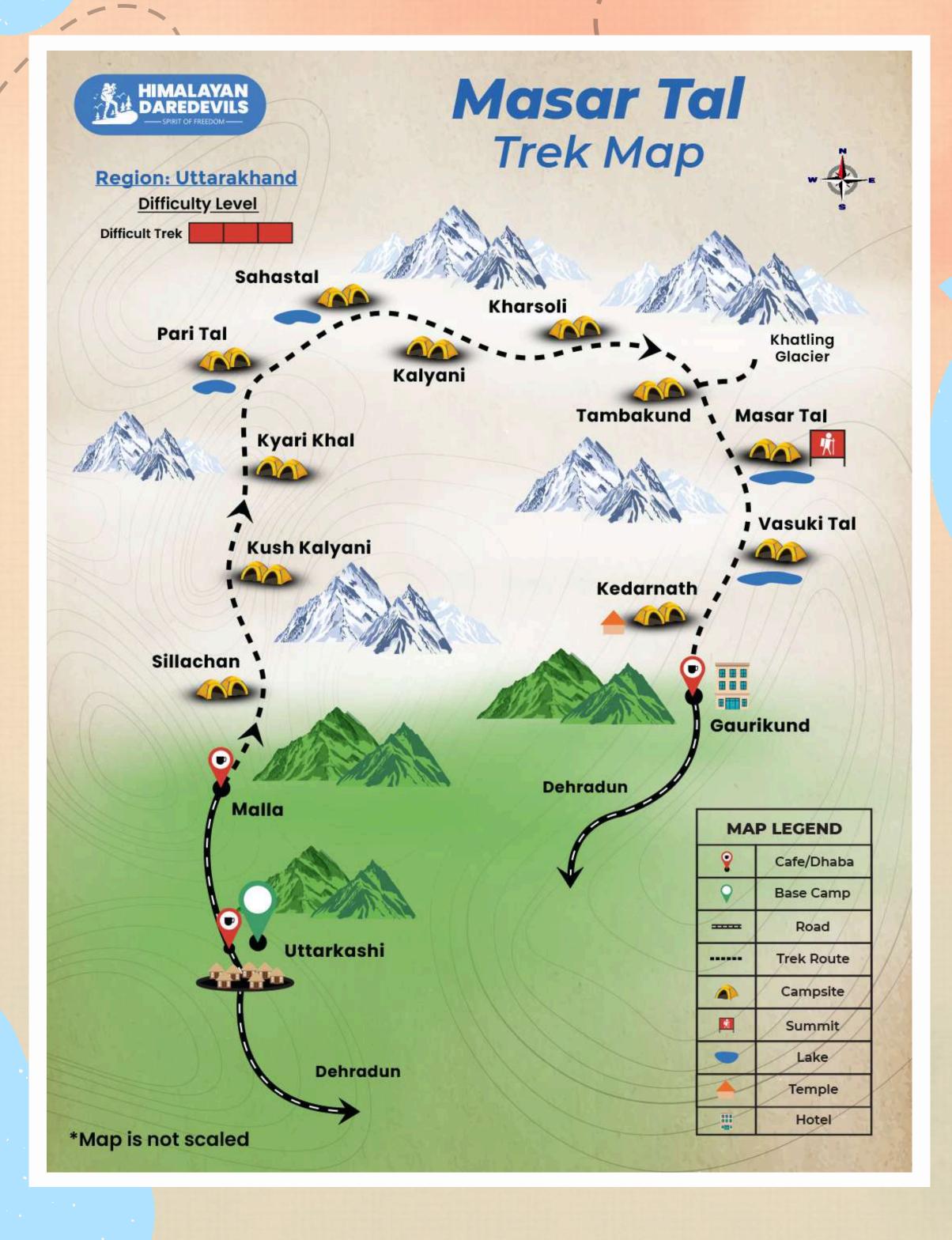
Drive from Gauri Kund to Dehradun

Vehicles will be arranged for you till Dehradun, drive is along the banks of River Ganga. Start after having breakfast and have lunch en route.





TREK MAP





INCLUSIONS



- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- Accommodation: Guest house / Camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- Trek equipment: Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.







EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance. 5. Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/ cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.





WHATTOCARRY



HOW TO REACH

By Air:

Jolly Grant Airport is the nearest airport to Dehradun by flight, almost 25km from the city. You can find regular flights from Delhi to Dehradun.

However, if you plan to reach Dehradun by flight, it is better to come one day in advance.

By Train:

Two express trains are convenient if you want to reach Dehradun from Delhi by train. With the train, it is an overnight journey. The two trains are mentioned below:

Nandadevi Express – Train no: 12205 (Departure 11:50pm; Arrival – 5:40am)

Dehradun Express - Train no: 12687 (Departure - 9:10pm; Arrival - 5:00am)





HOW TO REACH

By Bus:

From Delhi, you can find a regular bus service to Dehradun. ISBT Kashmere Gate is the central bus station in Delhi, from where you will find both AC and non-AC buses for Dehradun.

Drive from Dehradun to Gangotri. It is a 10-12 hour drive from Dehradun. Gangotri is the base camp for your trek.





FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking — your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guideles, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

Please note cancellation will be only accepted by email. Booking amount is non refundable.





CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

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