



KALIHANI PASS TREK

Discover Yourself on the Trail!



www.himalayandaredevils.com



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TREK OVERVIEW



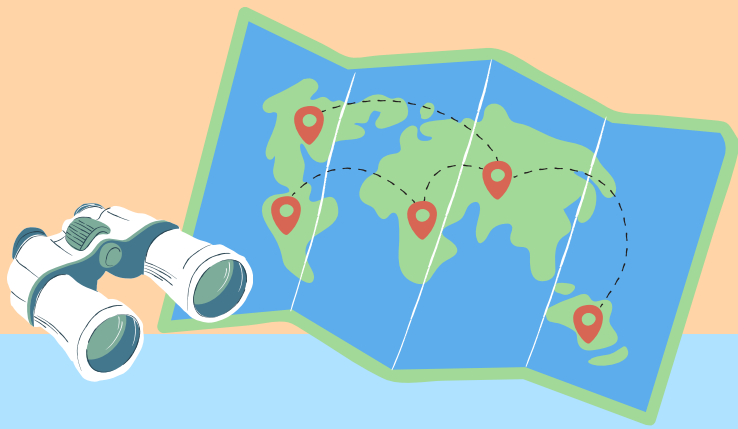
LOCATION

Himachal Pradesh,
India



DISTANCE

72 Km



MAX ALTITUDE

15748 Ft



LAST ATM

Manali



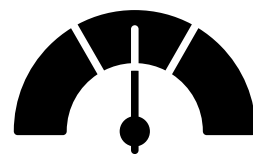
BEST SEASON

July, Aug, Sep



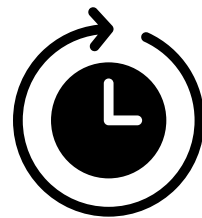
BASE CAMP

Lamadugh



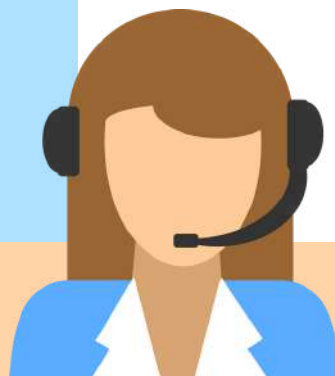
DIFFICULTY

Difficult



DURATION

7 Days & 6 Nights



SERVICE FROM

Manali to Manali



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SHORT ITINERARY



DAY 1

Manali to Lamadugh | Trek: 10 Km in 6 - 7 hrs

DAY 2

Lamadugh to Riyali Thatch | Trek: 11 Km in 6 - 7 hrs

DAY 3

Riyali Thatch to Keliheni base | Trek: 9 Km in 5 - 6 hrs

DAY 4

Kaliheni base to Keliheni Pass and back Kaliheni base |
Trek: 12 Km in 7 - 8 hrs

DAY 5

Kalihani Pass base to Rani Sui (3400 m) (6 hours)



SHORT ITINERARY



DAY 6

Rani Sui to Bogi Thach (3000 m) (3 hours)

DAY 7

Bogi Thach to Panaga (2300 m) and drive to Manali (3 hours) | Trek: 6 Km in 3 hrs; and Drive: 30 Km in 2 hrs



ITINERARY



DAY 1

Manali to Lamadugh | Trek: 10 Km in 6 - 7 hrs

Post breakfast, begin the trek and head towards Lama Dugh, destination for today. Today pass through the forest covers till you reach the campsite.

As you go higher and gain altitude the views of Deo Tibba, Indrasan and glittering peaks of Bara Shingri Glacier. Come across a ridge and soon enter the camping area, it is an alpine meadows with a number of blossoming wildflowers.

Setup your camps in the peaceful surroundings and enjoy the overnight stay in tents.





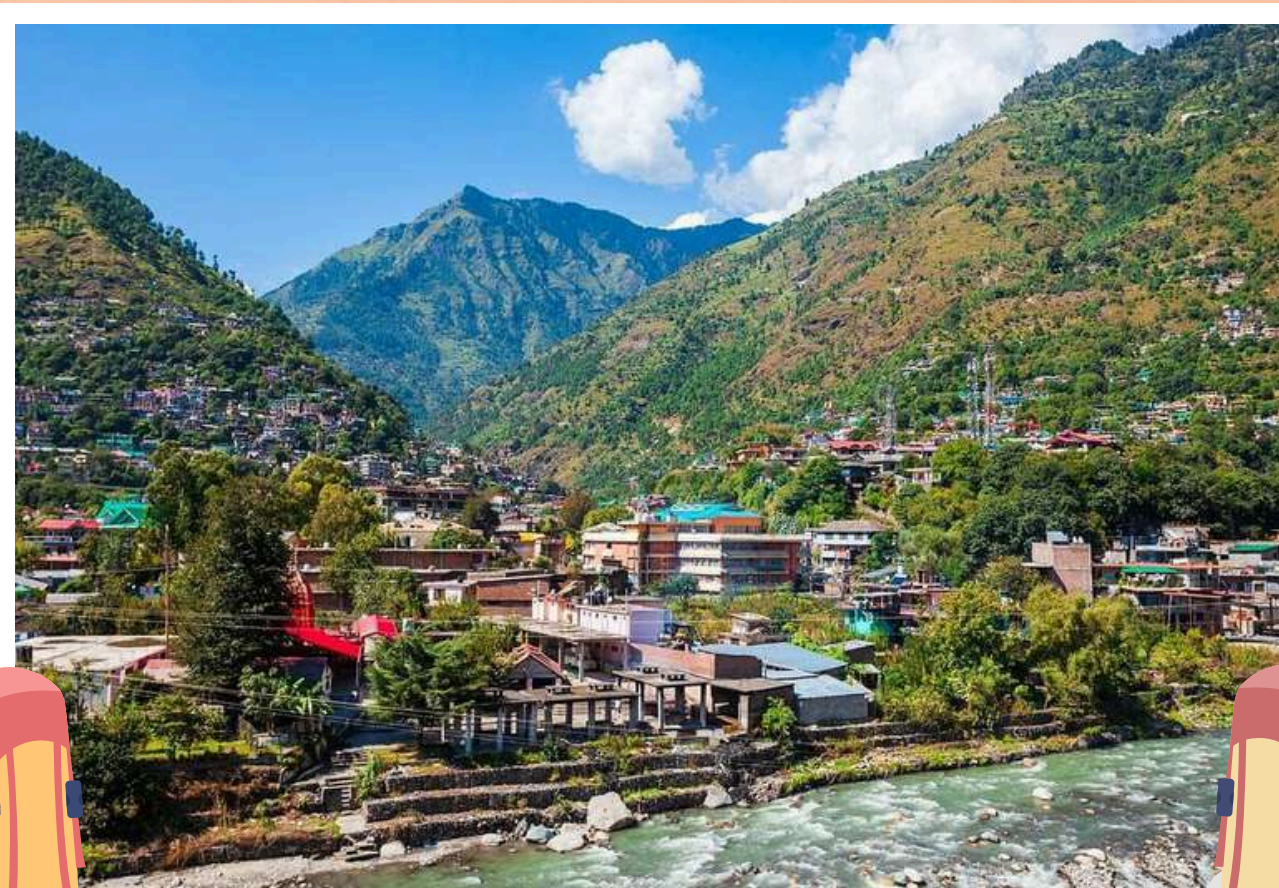
DAY 2

Lamadugh to Riyali Thatch | Trek: 11 Km in 6 - 7 hrs

From Lama Dugh today head towards next campsite Riyali Thach. Cross a steep ridge lying below Khand Pari Tibba (4000 m).

From here get fantastic view of Manali, located on Beas River's left bank and the whole Kullu valley. Reach the campsite Riyali Thach, setup your camps there and retire for the night.



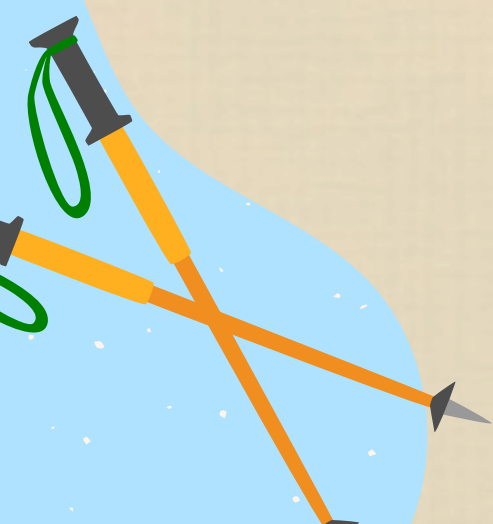


DAY 3

Riyali Thatch to Keliheni base | Trek: 9 Km in 5 - 6 hrs

Leave Riyali Thach and start trekking to base of Kalihani Pass (4010 m). Go through the wide meadows and descent towards a small rivulet.

Cross the stream and ascend for 3 hours till you reach the base. It is your campsite for today. Get heart-warming views of Indrasan peaks and Deo Tibba. Setup the camps and rest for the day.





DAY 4

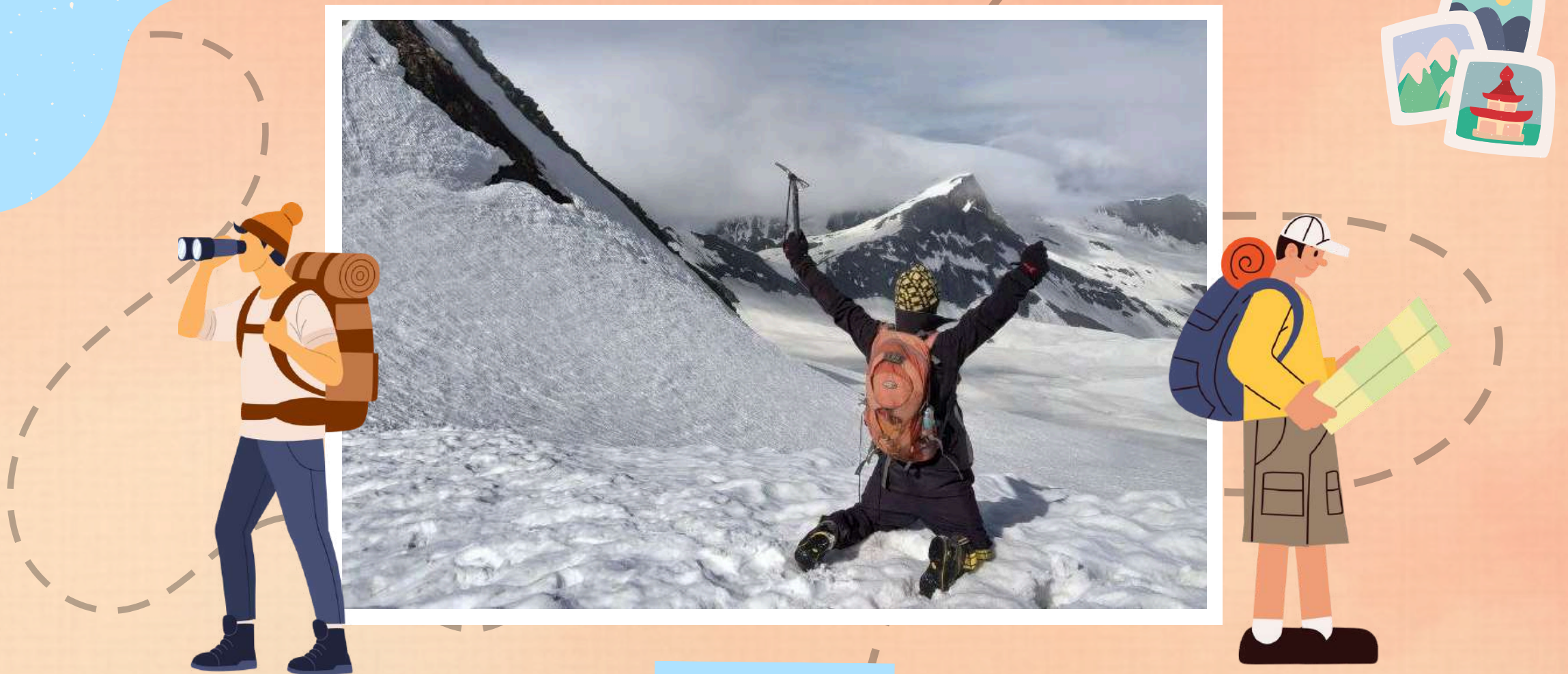
**Kaliheni base to Keliheni Pass and back Kaliheni base |
Trek: 12 Km in 7 - 8 hrs**

Today you will be trekking to Kalihani Pass (4275 m). The total journey is of 8 hours, start with a vertical climb, cross scree stretch, moraine zones and the magnificent Kalihani glacier.

Reach the pass and halt for some time there, explore the pass and get panorama views of Dhauladhar ranges, Pir Panjal and hanging glaciers. Ahead, be ready for a vertical descent from a glacier and some glacial lakes.

After spending time there get back to Kalihani Pass base and retire for the night.





DAY 5

Kalihani Pass base to Rani Sui (3400 m) (6 hours)

From Kalihani Pass base, retrace your steps to Riyali Thach and go further to Rani Sui, campsite for the day. Witness a small mountain pond.

Setup your camps there and retire for the night.





DAY 6

Rani Sui to Bogi Thach (3000 m) (3 hours)

Post breakfast, descend to the verdant Bogi Thach. Go through thick forests of Deodar, Pine and Cedar.

Reach the wide meadow get great sight of snow covered peaks. Setup your camps, have salubrious food and settle for the day.

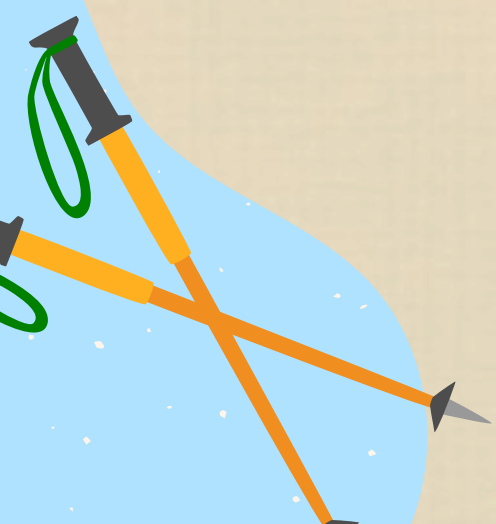




DAY 7

Bogi Thach to Panaga (2300 m) and drive to Manali (3 hours) | Trek: 6 Km in 3 hrs; and Drive: 30 Km in 2 hrs

Leave Bogi Thach and head to Panaga village. The vehicle will be arranged from Panaga and drop you to Manali.



TREK MAP

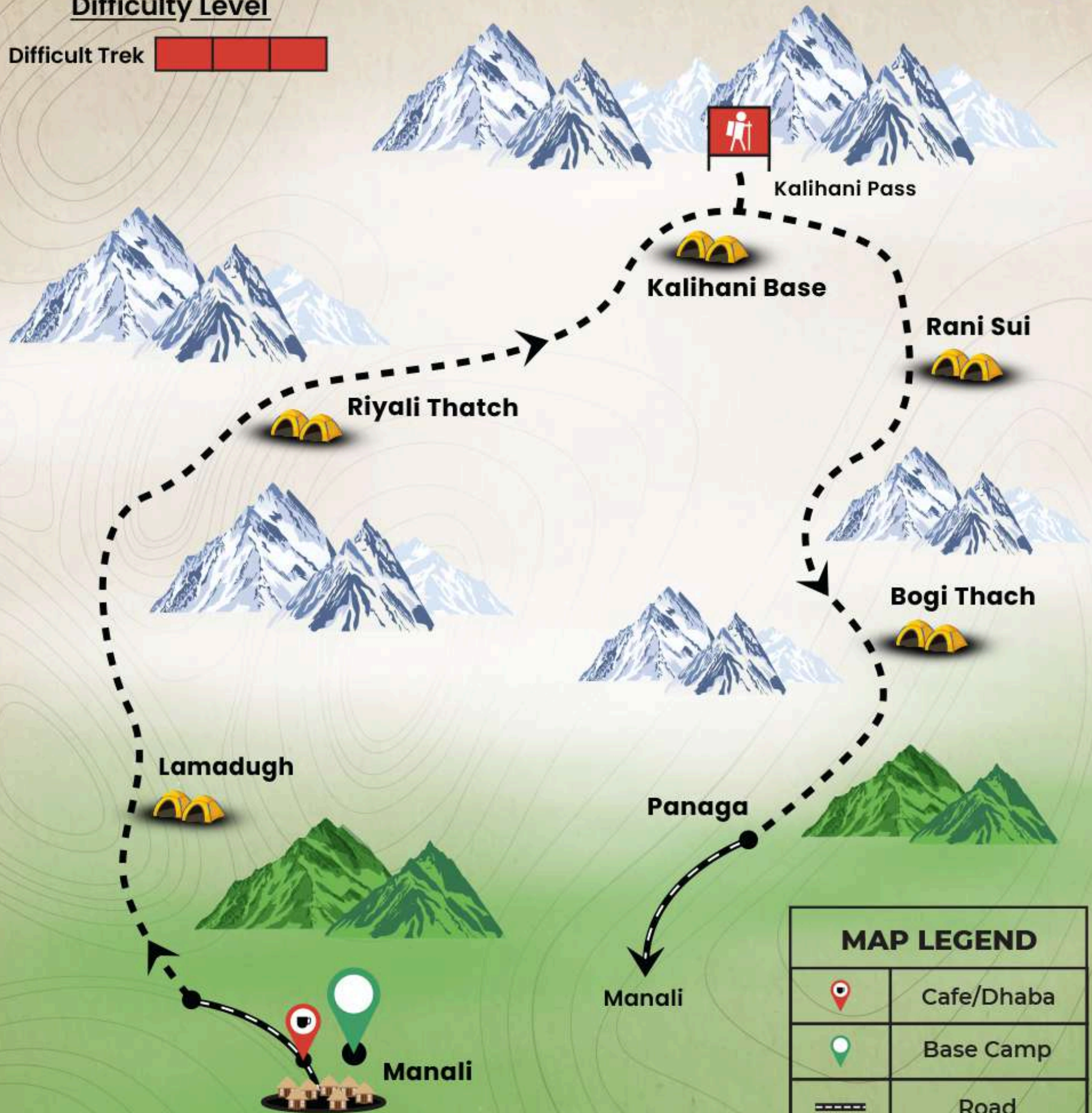


Kalihani Pass Trek Map



Difficulty Level

Difficult Trek



MAP LEGEND	
	Cafe/Dhaba
	Base Camp
	Road
	Trek Route
	Campsite
	Summit

*Map is not scaled



INCLUSIONS



- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- Accommodation:- Guest house / Camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- Trek equipment: Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- taff Insurance.
- Porters/mules to carry central equipment





EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



WHAT TO CARRY



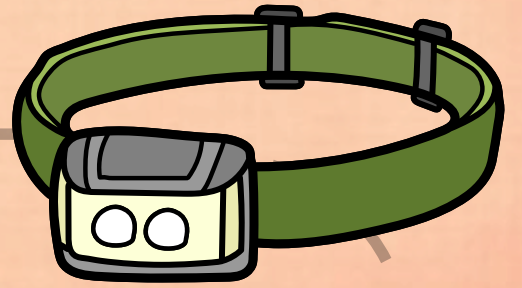
TREKKING SHOES



BACKPACK



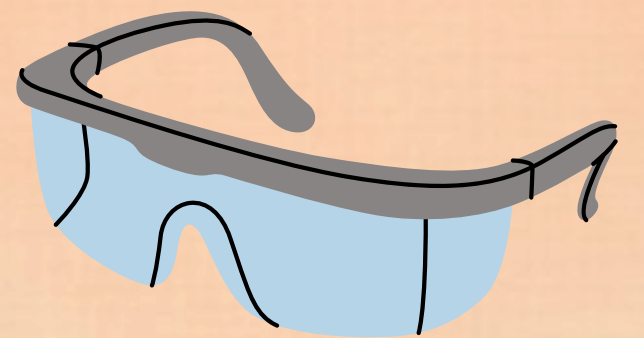
HAND GLOVES



HEAD LAMP



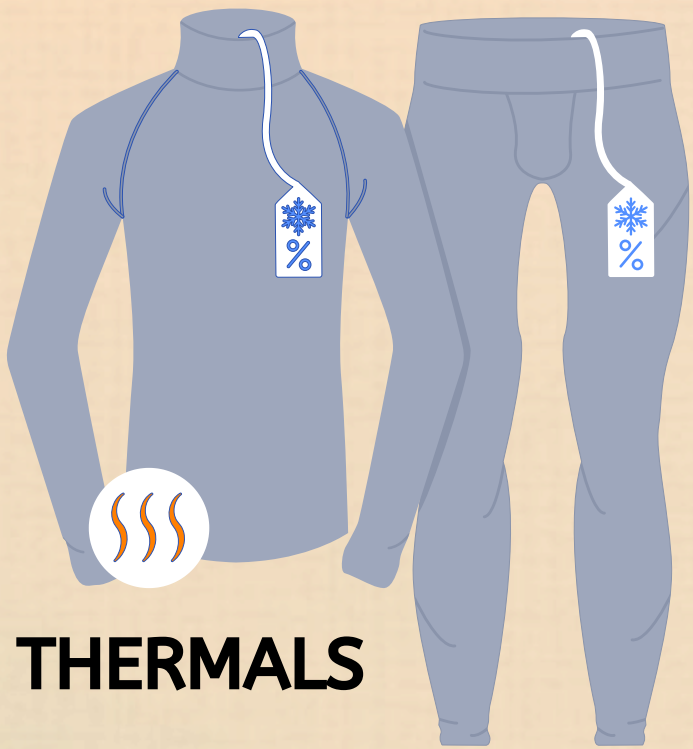
LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

You can reach Manali by air, train, or bus. The nearest airport is Bhuntar Airport, which is around 50 km from Manali. You can take a taxi or bus from the airport to Manali.

If you're traveling by train, the nearest railway station is Chandigarh Railway Station, which is around 300 km from Manali. From there, you can take a taxi or bus to Manali.

There are several buses that operate between Delhi and Manali. You can also take a private taxi or self-drive to Manali from Delhi.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**






CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US

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