



# PIR PANJAL LAKES TREK

Discover Yourself on the Trail!



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# TREK OVERVIEW



## LOCATION

Jammu & Kashmir,  
India



## DISTANCE

53 Km



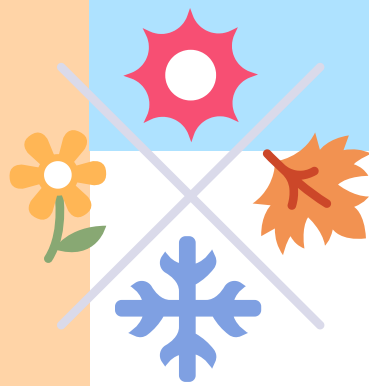
## MAX ALTITUDE

13050 ft



## LAST ATM

Sonmarg



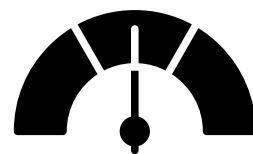
## BEST SEASON

June, July, Aug, Sep



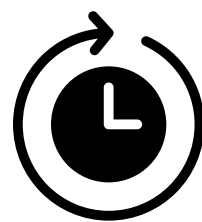
## BASE CAMP

Chandimarh



## DIFFICULTY

Moderate



## DURATION

7 Days & 6 Nights



## SERVICE FROM

Chandimarh to Peer-Ki-Gali  
Srinagar to Srinagar



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# SHORT ITINERARY



## DAY 1

Drive from Srinagar to Chandimarh | Drive distance: 129 km | Duration: 4-5 hours

## DAY 2

Trek from Chandimarh to Thera | Trek distance: 7 km | Duration: 7-8 hours

## DAY 3

Trek from Thera to Khuan | Trek distance: 9.2 km | Duration: 8-9 hours

## DAY 4

Trek from Khuan to Neelsar | Trek distance: 5.5 km | Duration: 6 hours



# SHORT ITINERARY



## DAY 5

**Trek from Neelsar to Chandansar | Trek distance: 7 km | Duration: 8-9 hours**

## DAY 6

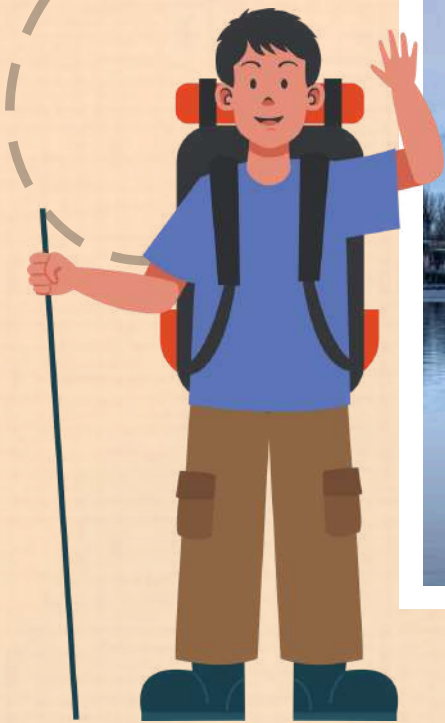
**Trek from Chandansar to Nandansar via Handusar | Trek distance: 9.2 km | Duration: 7-8 hours**

## DAY 7

**Trek from Nandansar to Peer Ki Gali. Drive to Srinagar | Trek distance: 16 km | Duration: 8 hours**



# ITINERARY



## DAY 1

**Drive from Srinagar to Chandimarh | Drive distance: 129 km | Duration: 4-5 hours**

The journey from Srinagar to Chandimarh is a pleasant one, winding through beautiful Himalayan roads. Today, you will drive through the famous Mughal Road. The sights of surrounding mountains and rivers flowing alongside the roadside will fill you with immense joy and positivity. You will surely be mesmerized by the beauty of this journey. Upon reaching Chandimarh, you will be accommodated in a hotel or guest house.





## DAY 2

**Trek from Chandimarh to Thera | Trek distance: 7 km |  
Duration: 7-8 hours**

Today is the day when you will start your trek from your accommodation in Chandimarh. After enjoying a healthy breakfast at the guesthouse, you will begin your trek through the lush green forest. It will be a continuous ascent, which may feel exhausting at the beginning. The forest gradually opens up into small clearings known as 'kharaks.'

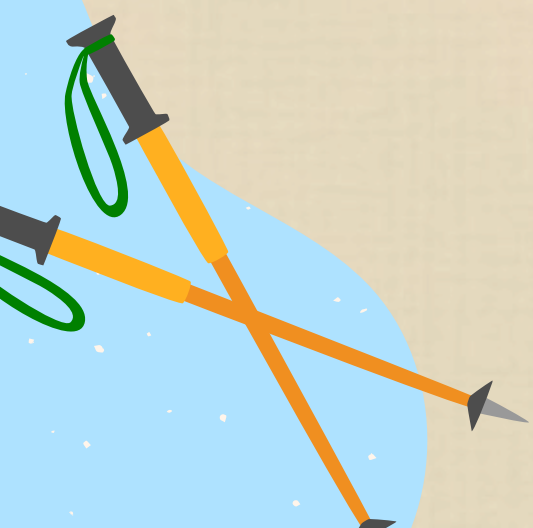




## DAY 3

**Trek from Thera to Khuan | Trek distance: 9.2 km |  
Duration: 8-9 hours**

Today's trek will involve a mix of ascents and descents through forests, ridges, and a few sections with boulders. You will begin your trek from the meadows and enter the forests, eventually leading to the beautiful meadows of Khuan. We will set up our camp at this meadow near a water stream and retire for the day, listening to the soothing music of the seamlessly flowing Himalayan river.





## DAY 4

**Trek from Khuan to Neelsar | Trek distance: 5.5 km | Duration: 6 hours**

Today is the day when you will finally get to witness and experience the beauty of the Himalayas that you have come here for. However, reaching there will not be an easy walk. You will start your trek from Khuan meadows, and after ascending and descending through boulders, meadows, and forests, you will reach the first lake of the trek, Neelsar. Neelsar derives its name from the beautiful color of its waters. Today, we will set up our campsite near this beautiful lake.



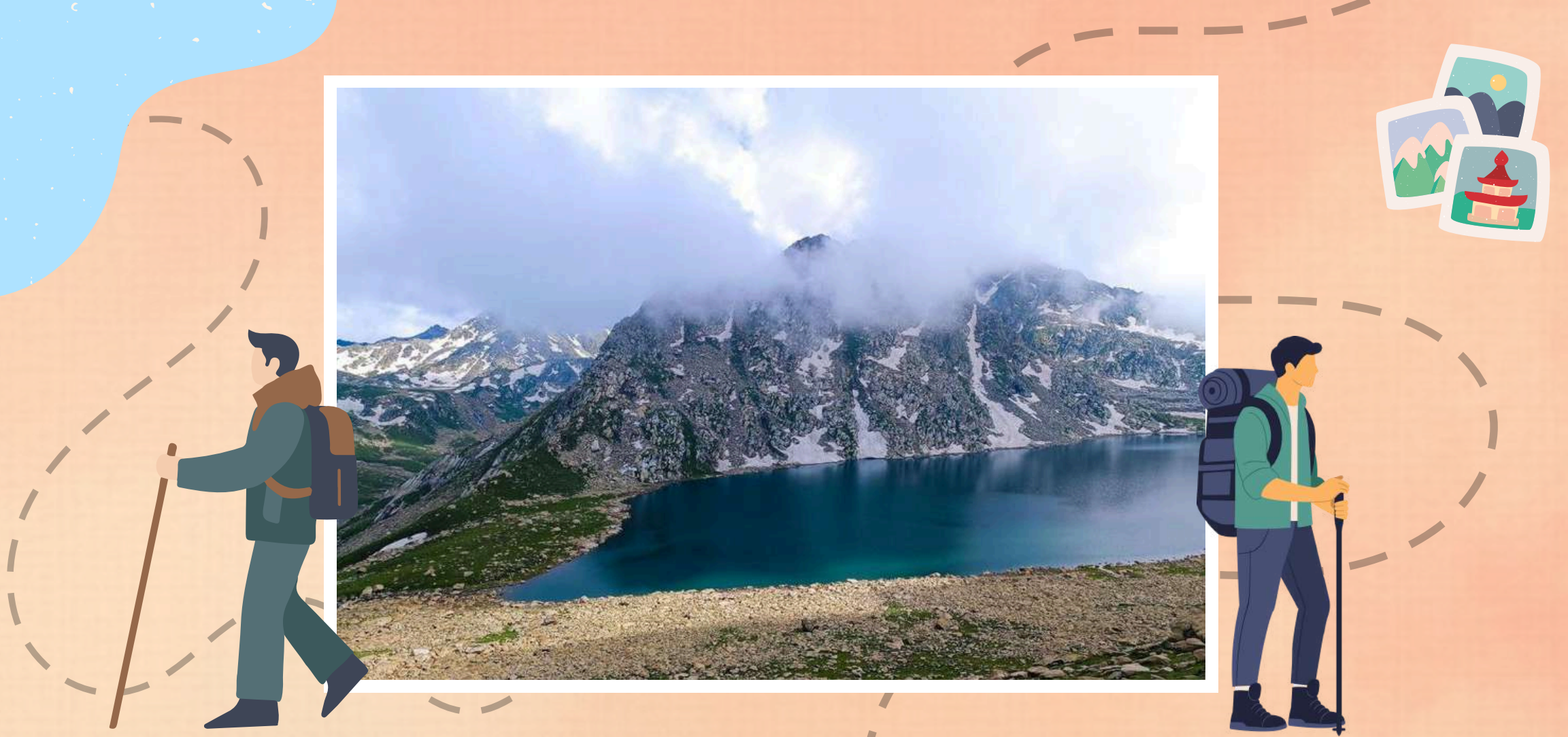


## DAY 5

**Trek from Neelsar to Chandansar | Trek distance: 7 km |  
Duration: 8-9 hours**

Today, you will have the opportunity to explore three of the most beautiful lakes in the Pir Panjal Range: Kaldachinisar, Nandansar, and Chandan Sir. You will first need to climb to the Kaldachini Pass, which will be a challenging ascent through boulders. Once you reach the Kaldachini Pass, you will be rewarded with a mesmerizing sight of the lakes you have visited so far, as well as the lake you will be visiting today.





## DAY 6

**Trek from Chandansar to Nandansar via Handusar |  
Trek distance: 9.2 km | Duration: 7-8 hours**

Today's trek will mainly traverse a mix of meadows/grassy land and boulders. You will need to cross the pass named "Khabi ki Gali" to catch sight of the other lakes. After completing this challenging climb, the first lake you will encounter is Laksukhsar. Moving further from Laksukhsar, after a short ascent, you will reach Handusar. After spending some time there, we will begin our return trek to Chandansar. From Chandansar, we will proceed to Nandansar and camp by this beautiful lake. This will be your last night in these divinely beautiful mountains. Consider yourself lucky to have witnessed such magnificent landscapes.



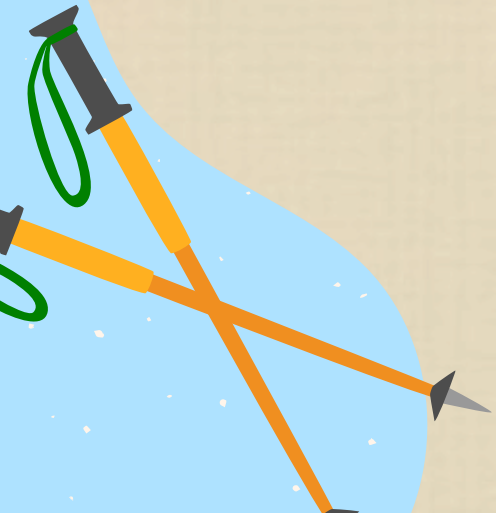


## DAY 7

**Trek from Nandansar to Peer Ki Gali. Drive to Srinagar |  
Trek distance: 16 km | Duration: 8 hours**

We will start early in the morning so that we can reach the basecamp on time and depart for Srinagar.

After having an early breakfast, we will begin today's trek. We will need to cross a mountain stream, climb for a while, and then descend to reach Peer ki Gali. From Peer ki Gali, we will board the vehicles and head back to Srinagar.



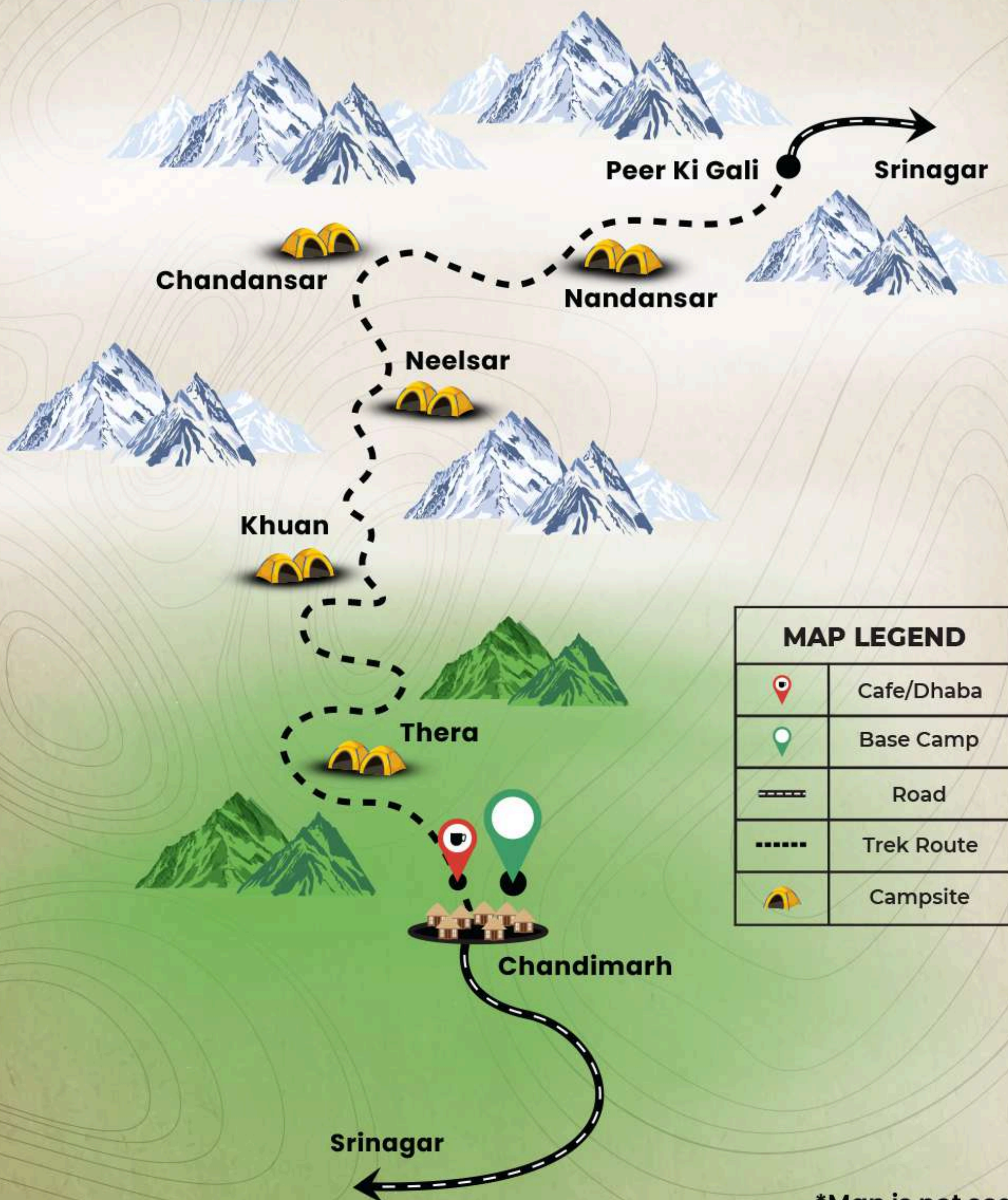
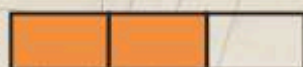
# TREK MAP



## Pir Panjal Trek Map

### Difficulty Level

Moderate Trek



### MAP LEGEND

	Cafe/Dhaba
	Base Camp
	Road
	Trek Route
	Campsite

\*Map is not scaled



# INCLUSIONS



- All accommodation during the trek on sharing basis in tent/homestay
- All meals during the trek vegetarian
- Tent sleeping bags and all other camping gear
- Safety equipment (medical kit oxygen cylinders oximeter etc.)
- Certified Trek leader
- Cooks, Helpers, Guides
- Porters and mules to carry centralized equipment
- Trekking permits and forest camping charges





# EXCLUSIONS



- Any kind of personal expenses.
- Food during the transit.
- Mules or porter to carry personal luggage.
- GST– Tax on trek fee (5% )
- Transport (Non Ac) ( Srinagar to Srinagar)
- Insurance ( Please note for this trek, the trek insurance is mandatory)
- Any kind of emergency evacuation charges
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancelations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



# WHAT TO CARRY



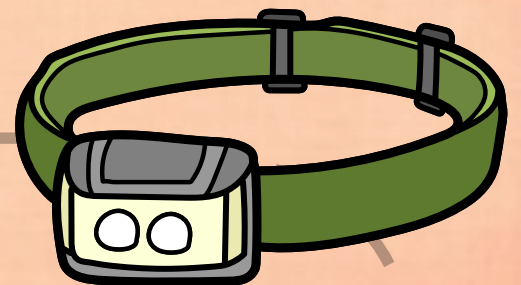
TREKKING SHOES



BACKPACK



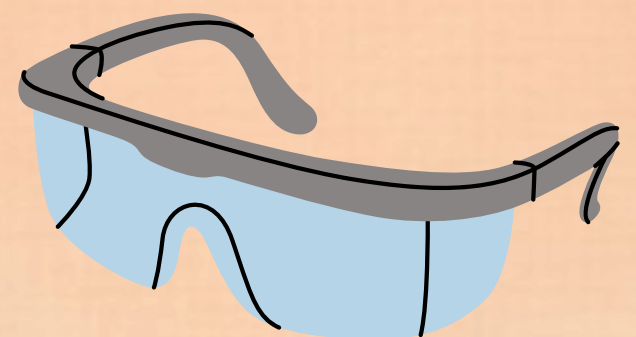
HAND GLOVES



HEAD LAMP



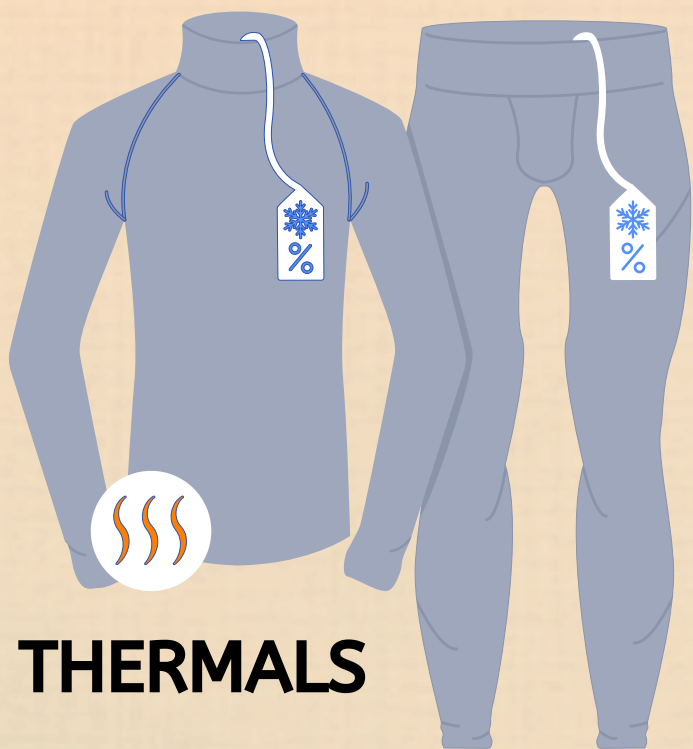
LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

# HOW TO REACH

It is great to see you going on the Pir Panjal Lakes Trek, one of the most beautiful treks in India. While it is a great trek to do, you need to get your travel plan worked out perfectly.

Here is a step-by-step guide on what to do next. Use this guide and nothing else to plan your travel.

There are two ways to reach Behrangala, the base of the trek - either from Srinagar or from Jammu.

Traveling from Srinagar is a better option.

Himalayan Daredevils pick-up is also arranged from Srinagar. So, if you are choosing our pick up, then you will have to reach Srinagar on your own.



# FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

## **Fitness target:**

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



# CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

**Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.**

**Cancellation less than 15 days to the start of event: No refund.**

**Please note cancellation will be only accepted by email.  
Booking amount is non refundable.**



# CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars or any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

## CONTACT US



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