



BHYUNDAR KHAL TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

58 Km



MAX ALTITUDE

16732 ft



LAST ATM

Joshimath



BEST SEASON

May, June, Sep, Oct



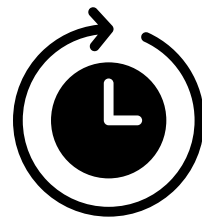
BASE CAMP

Joshimath



DIFFICULTY

Difficult



DURATION

9 Days & 8 Nights



SERVICE FROM

Joshimath to Joshimath
Dehradun to Dehradun



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SHORT ITINERARY



DAY 1

Dehradun to Govindghat (1,920 m) drive

DAY 2

Govindghat to Ghangaria (2,950 m)

DAY 3

Ghangaria to Tipra Kharak Camping grounds (3,700 m)
via Valley of flowers | 7-8 hours trek: 10 km

DAY 4

Tipra Kharak (3,700 m) to Bhyundar Icefall Camp (4,300 m) | 6-7 hours trek: 6 km

DAY 5

Bhyundar Icefall Camp to Bhyundar Khal Basecamp (4,600 meters) | 6-7 hours trek: 5 km



SHORT ITINERARY



DAY 6

Bhyundar Base (4,600 m) to Bhyundar Khal (5,100 m) to Rataban Glacier (4,500 m) | 7-8 hours trek: 10 km

DAY 7

Rataban Glacier (4,500 m) to Edi Udiyar (3,900 m) | 7-8 hours trek: 6 km

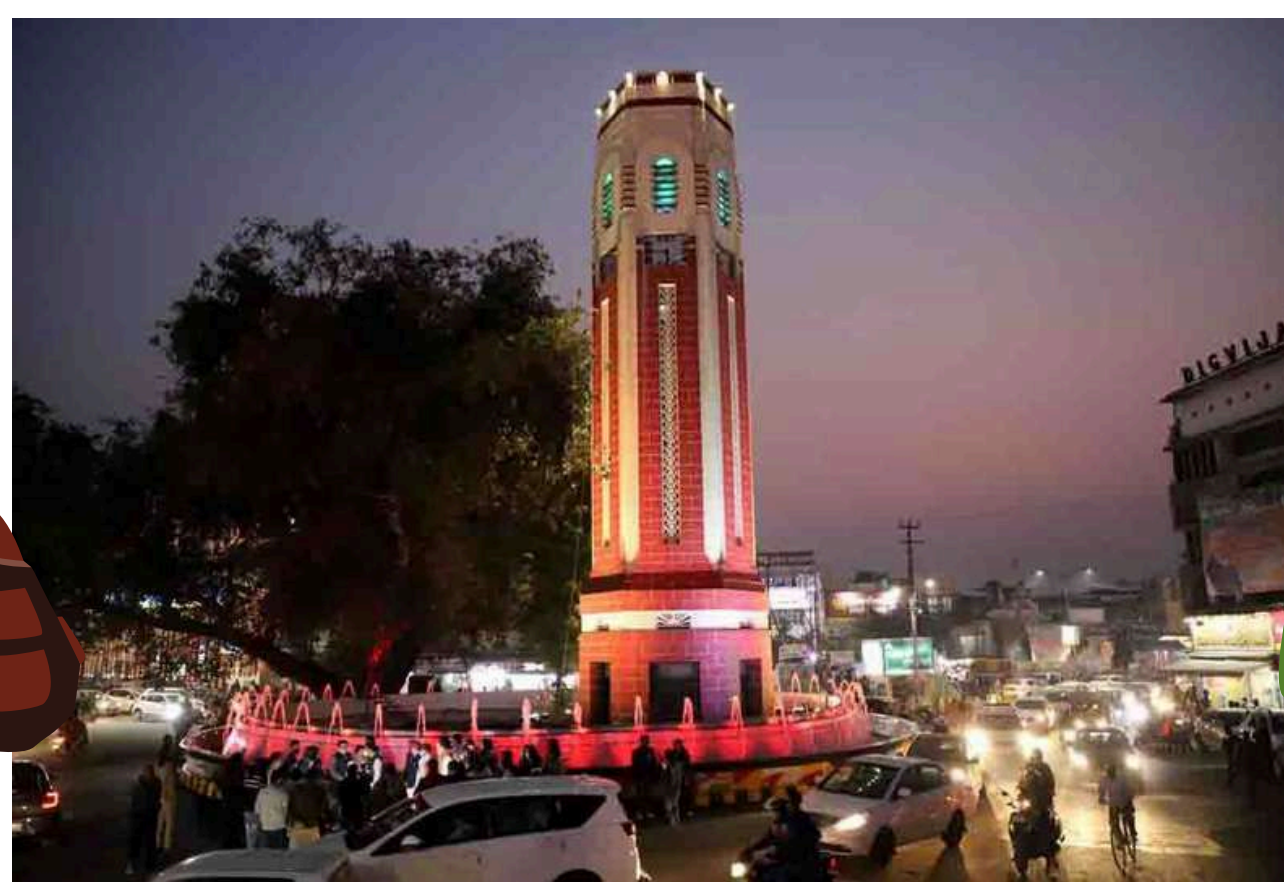
DAY 8

Edi Udiyar (3,900 m) to Ghamsali (3,000 m); drive to Joshimath | 7-8 hours trek: 10 km

DAY 9

Joshimath to Dehradun | 11 hours drive: 364 km





DAY 1

Dehradun to Govindghat (1,920 m) drive

Leave early at 6 am and drive to Govindghat via Devprayag, Rudraprayag, Karnaprayag, Nandaprayag and Joshimath/Auli. Overnight at rest-house in Joshimath/Auli.

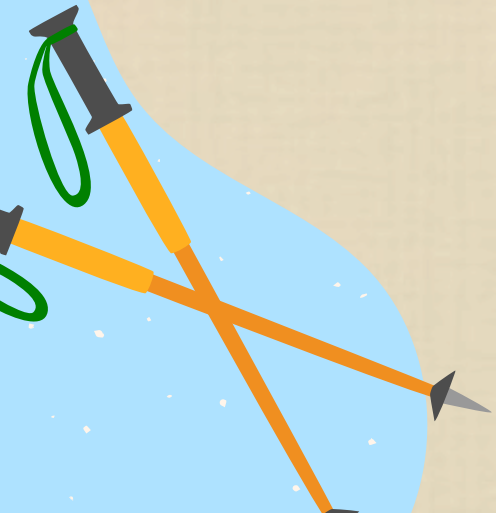




DAY 2

Govindghat to Ghangaria (2,950 m)

Early morning we drive to Govindghat and start the trek by crossing the river Alaknanda over a bridge at Govindghat and from there walk towards the Bhyundar valley through forest area and a few villages. There are numerous waterfalls and lush green landscape all around. The gradient of the trail is moderate. The 11 kms trek to reach Ghangaria takes about 4-5 hrs, one can also hire a mule to reach Ghangaria. Overnight in rest houses at Ghangaria.





DAY 3

Ghangaria to Tipra Kharak Camping grounds (3,700 m) via Valley of flowers | 7-8 hours trek: 10 km

We start the days trek with a short ascent to the valley. Gradient is moderate and the landscape soothing to the eye. It will take about a couple of hours to reach the valley. There are unending meadows laden with varieties of alpine flowers, network of streams and big mountains all around. The prominent species are Brahma Kamal, Anemone, Geranium, Marsh Marigold, Primula, Lilium, Potentilla, Ranunculus, Inula, Corydalis, Pedicularis, Arisaema, Ligularia, Morina, Impatiens, Saxifrages Bistorta, Anaphalis, Sibbaldia. One can spend 3-4 hours exploring different corners & vantage points of the valley. We continue our trek to Tipra Kharak and reach by late afternoon.





DAY 4

Tipra Kharak (3,700 m) to Bhyundar Icefall Camp (4,300 m) | 6-7 hours trek: 6 km

The days trek involves negotiating moraine and technical surfaces. The ascending path is gradual throughout, but challenging at times.





DAY 5

Bhyundar Icefall Camp to Bhyundar Khal Basecamp (4,600 meters) | 6-7 hours trek: 5 km

The trek on the glacier continues for about 5 km. The walk is technical and requires use of technical gear. After the glacial stretch, the path goes to the moraine continuously descending to the campsite.

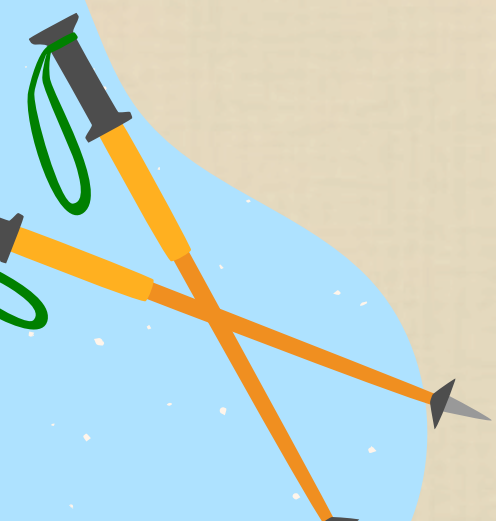




DAY 6

**Bhyundar Base (4,600 m) to Bhyundar Khal (5,100 m)
to Rataban Glacier (4,500 m) | 7-8 hours trek: 10 km**

On this day we start before sunrise. The walk again involves technical aspects on the glacier, which continues to the pass. It is a trek of about 8 km to the pass, which takes about 5-6 hours, with a stunning view of the greater Himalayas all around. Dinner and overnight stay in tent.





DAY 7

Rataban Glacier (4,500 m) to Edi Udiyar (3,900 m) | 7-8 hours trek: 6 km

After a trek of 6 km along the valley, one reaches Edi Udiyar, with a grassy and comfortable place to set campsite.





DAY 8

Edi Udiyar (3,900 m) to Ghamsali (3,000 m); drive to Joshimath | 7-8 hours trek:10 km

Today we will descend to the village of Ghamsali. The frontier villages have mostly been abandoned as villagers have been migrating to towns and cities in the foothills and the plains after the 1962 war with China brought their centuries-old border trade to a halt. These villages come up with great culture and old oral tradition. We further drive to Joshimath. Overnight in a guest house.





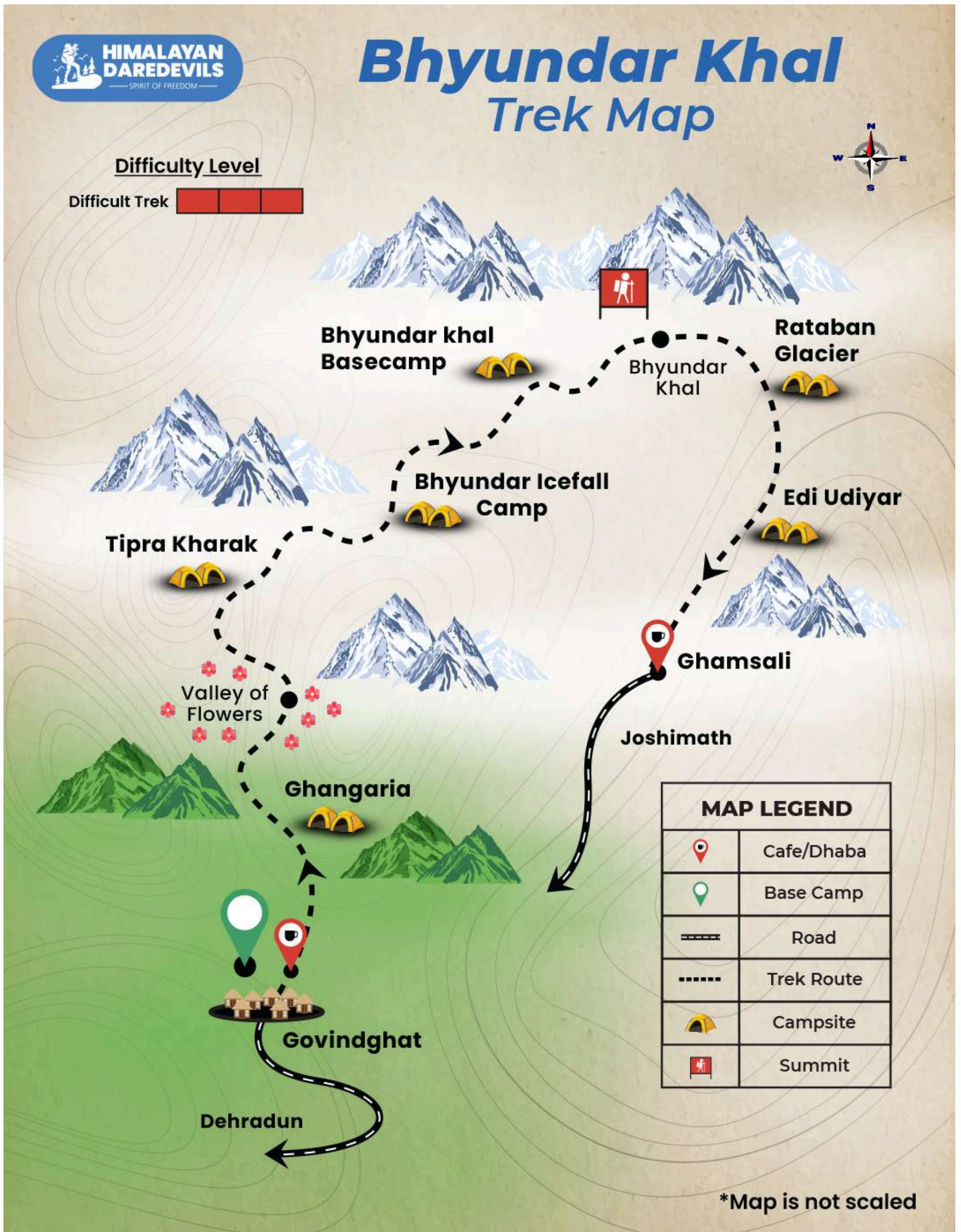
DAY 9

Joshimath to Dehradun | 11 hours drive: 364 km

We leave from Joshimath and reach Dehradun by early evening.



TREK MAP





INCLUSIONS



- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- Accommodation:- Guest house / Camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- Trek equipment: Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment





EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



WHAT TO CARRY



TREKKING SHOES



BACKPACK



HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

By Road

From Delhi :

- Distance: About 260 km.
- Time: 6 to 7 hours.
- Route: NH 44 should be taken; this road goes through Meerut, Muzaffarnagar, and Roorkee which is scenic.
- Suggestion: You may take a cab or book a cab online rather than getting stressed out about availability.

Local Buses:

- Frequency: Buses are available in the regions of Delhi, Chandigarh, and Haridwar after every hour.
- Forms: AC and non-AC buses are both provided.
- Booking: These can be bought online or at the bus stop

Self Drive:

- Benefits: You can also check out places on your way around.



HOW TO REACH

By Air

Jolly Grant Airport:

- Distance from the airport to Dehradun: It is 25 kilometers.
- Air Transport Available: Major Indian metropolitan cities namely Delhi, Mumbai and Bangalore have rounds of flights to this airport regularly.
- Time: 1 hour starting from Delhi.
- Transportation after the flight:
- Alternatives: Taxis and private cabs are available outside the airport.
- Time taken to travel from the airport to Dehradun: 40 to 60 minutes.



HOW TO REACH

By Train

Dehradun Railway Station:

- Connectivity: Trains connect it well to prime locations such as Delhi, Mumbai, and Calcutta.
- Popular Trains:
 1. Nanda Devi Express: Travel time is Nanda Devi overnight service.
 2. Shatabdi Express: Day service; fast and comfortable.
 3. Dehradun Express: Return options are available regularly.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars or any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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