







TREK OVERVIEW



LOCATIONUttarakhand, India



BEST SEASON
All Year (Except Monsoon)



DISTANCE16 kms





MAX ALTITUDE 9900 ft



LAST ATM
Pantwari





BASE CAMPPantwari



DIFFICULTYEasy



DURATION2 Days & 1 Nights





Pantwari to Pantwari Dehradun to Dehradun





SHORTITINERARY



DAY 1

Dehradun to Pantwari (1,400 m) to Kathian Campsite (2,265 m)

DAY 2

Trek from campsite to Nagtibba top(3,020 m) and back to Pantwari; Drive back to Dehradun.





ITINERARY





Dehradun to Pantwari (1,400 m) to Kathian Campsite (2,265 m)

Transport will be arranged from Dehradun Railway Station at 6.00 am.

Drive for about 4-5 hours. Easy-Moderate climb for the day. Gradual ascent throughout the route of the stone trail made by the forest department. The trail has long patches of loose stones.







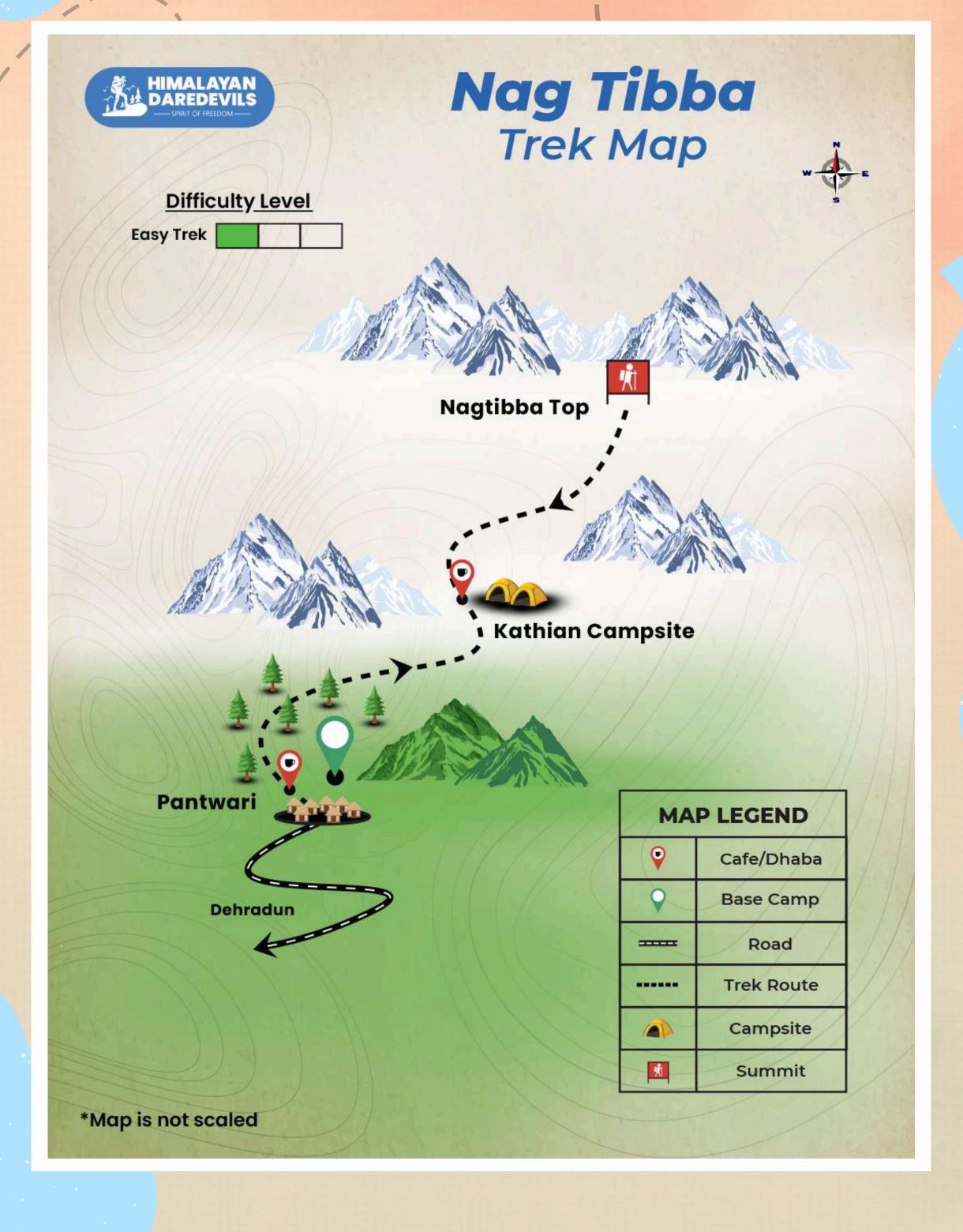
Trek from campsite to Nagtibba top(3,020 m) and back to Pantwari; Drive back to Dehradun.

The Nag Tibba trek covers a distance of 9.3 km and takes approximately 5-6 hours to complete. The trek involves an altitude gain from 7,506 ft to 9,915 ft, followed by a descent to 4,652 ft. The journey begins with a moderate day of trekking, featuring an hour-long gradual ascent to the Nag Tibba base, followed by a steep climb to the summit. After enjoying the breathtaking views, trekkers descend back to Pantwari, from where they drive to Dehradun Railway Station, reaching between 6 PM and 7 PM.





TREK MAP





INCLUSIONS

- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- Accommodation: Guest house / Camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- Trek equipment: Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.







EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/ cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.





WHATTOCARRY



HOW TO REACH

By Road,

From Delhi:

- Distance: About 260 km.
- Time: 6 to 7 hours.
- Route: NH 44 should be taken; this road goes through
 Meerut, Muzaffarnagar, and Roorkee which is scenic.
- Suggestion: You may take a cab or book a cab online rather than getting stressed out about availability.

Local Buses:

- Frequency: Buses are available in the regions of Delhi, Chandigarh, and Haridwar after every hour.
- Forms: AC and non-AC buses are both provided.
- Booking: These can be bought online or at the bus stop

Self Drive:

• Benefits: You can also check out places on your way around.





HOW TO REACH

By Air

Jolly Grant Airport:

- Distance from the airport to Dehradhun: It is 25 kilometers.
- Air Transport Available: Major Indian metropolitan cities namely Delhi, Mumbai and Banglore have rounds of flights to this airport regularly.
- Time: 1 hour starting from Delhi.
- Transportation after the flight:
- Alternatives: Taxis and private cabs are available outside the airport.
- Time taken to travel from the airport to Dehradun: 40 to 60 minutes.





HOW TO REACH

By Train

Dehradun Railway Station:

- Connectivity: Trains connect it well to prime locations such as Delhi, Mumbai, and Calcutta.
- Popular Trains:
- 1. Nanda Devi Express: Travel time is Nanda Devi overnight service.
- 2. Shatabdi Express: Day service; fast and comfortable.
- 3. Dehradun Express: Return options are available regularly.

From the Station:

Local Transport: Locals recommend wholesale taxis, auto-rickshaws, or local buses to the city or the trekking starting point.





FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking — your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

Please note cancellation will be only accepted by email. Booking amount is non refundable.





CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

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