



SWARGROHINI BASE CAMP TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

78 kms



MAX ALTITUDE

17,987 ft



LAST ATM

Joshimath



BEST SEASON

May, June, Sep, Oct



BASE CAMP

Joshimath



DIFFICULTY

Difficult



DURATION

13 Days & 12 Nights



SERVICE FROM

Joshimath to Badrinath
Rishikesh to Rishikesh



+91 7983285412



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SHORT ITINERARY



DAY 1

Pickup from Rishikesh and Drive to Joshimath by Cab

DAY 2

Drive from Joshimath to Badrinath by cab | Total distance – 48 km – 2/3 Hours journey | Altitude Badrinath– 10,170 feet

DAY 3

Trek from Badrinath to Laxmivan | Trek Distance – 08 km – 4/5 Hours journey | Altitude – Laxmivan – 12,510 feet

DAY 4

Trek from Laxmivan to Chakratirth | Trek Distance – 10 km – 5/6 Hours journey | Trek Distance – 10 km – 5/6 Hours journey | Altitude – Chakratirth – 13,655 feet



SHORT ITINERARY



DAY 5

Trek from Chakratirth to Satopanth Tal | Trek Distance – 05 km – 4/5 Hours journey | Altitude – Satopanth Tal – 14,755 feet

DAY 6

Trek from Satopanth Tal to Chandrakund trek | Trek Distance – 06 km – 5/6 Hours journey | Altitude – Chandrakund – 16,578, feet

DAY 7

Trek from Chandrakund to Suryakund | Trek Distance – 07 km – 5/6 Hours journey | Altitude – Suryakund – 17,255 feet

DAY 8

Acclimatization



SHORT ITINERARY



DAY 9

Trek from Suryakund to Swargarohini base camp | Trek Distance – 06 km – 6/7 Hours journey | Altitude – Swargarohini base camp – 17,987 feet

DAY 10

Trek from Suryakund to Satopanth Tal | Distance – 13 km – 7/8 Hours journey | Altitude – Satopanth Tal – 14,755 feet

DAY 11

Trek from Satopanth Tal to Laxmivan | Distance – 15 km – 7/8 Hours journey | Altitude – Laxmivan – 12,510 feet

DAY 12

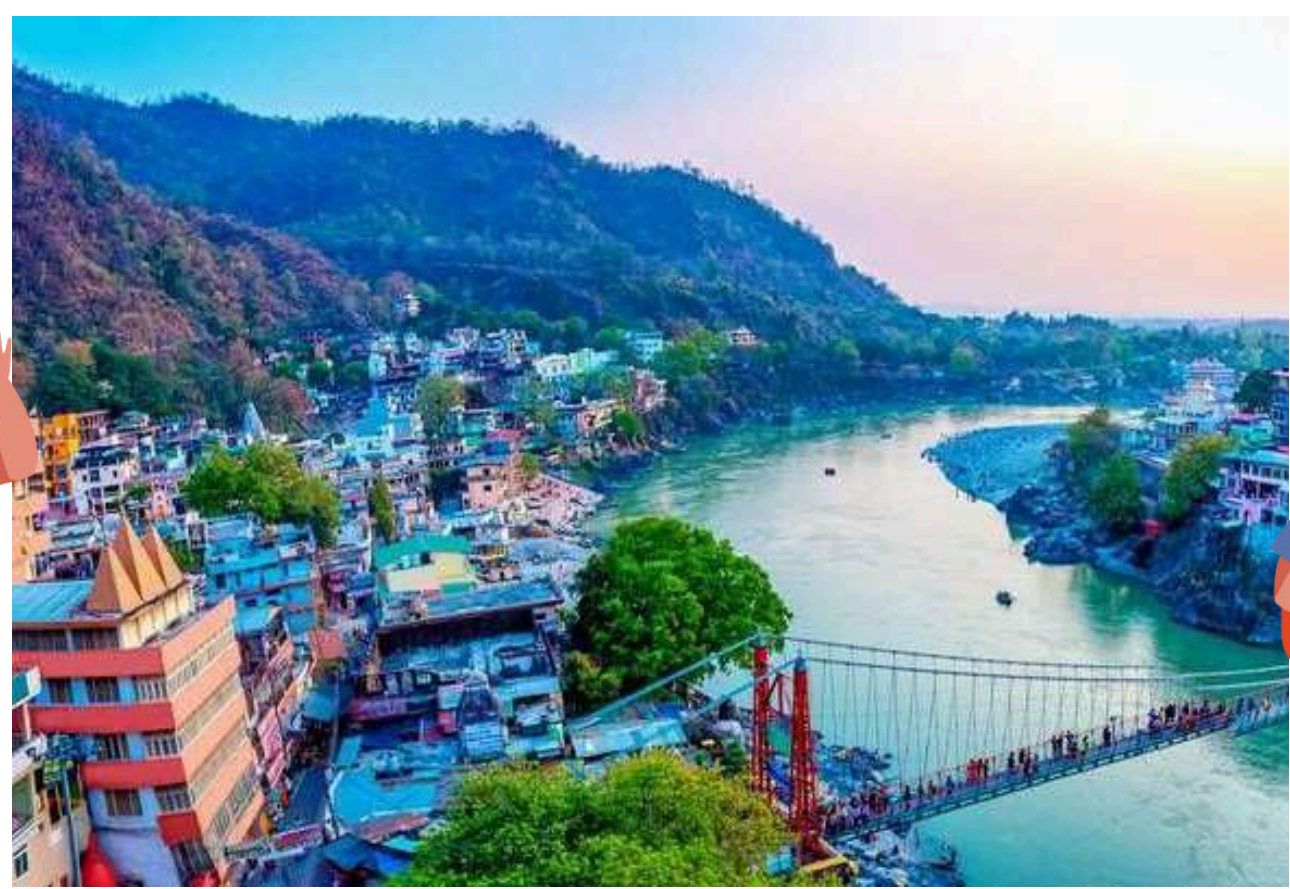
Trek from Laxmivan to Badrinath (08 km) (4/5 Hours)

DAY 13

Drive from Badrinath to Rishikesh by cab | Distance – 380 km – 11/12 Hours journey



ITINERARY



DAY 1

Pickup from Rishikesh and Drive to Joshimath by Cab

Today start your journey with team Himalayan Daredevils from Rishikesh, The drive to Joshimath is 10/11 hours long, along the sacred rivers – Alaknanda, Mandakini and Ganga. Devprayag is en route at the confluence of river Bhagirathi and Alaknanda. This is beautiful place The journey won't get boring because there are sudden changes in the scenery as you go further. Reach Joshimath base camp , relax in a hotel, in the evening you can explore nearby areas. Get back, have dinner and enjoy comfortable stay in the hotel.





DAY 2

Drive from Joshimath to Badrinath by cab | Total distance – 48 km – 2/3 Hours journey | Altitude Badrinath– 10,170 feet

After breakfast, enjoy a scenic drive to Badrinath and check into your hotel. Spend the day exploring the serene surroundings and soaking in the spiritual atmosphere of this sacred town. In the evening, join the enchanting Aarti Darshan at the Badrinath Temple. Conclude your day with a delightful dinner and an overnight stay at the hotel.

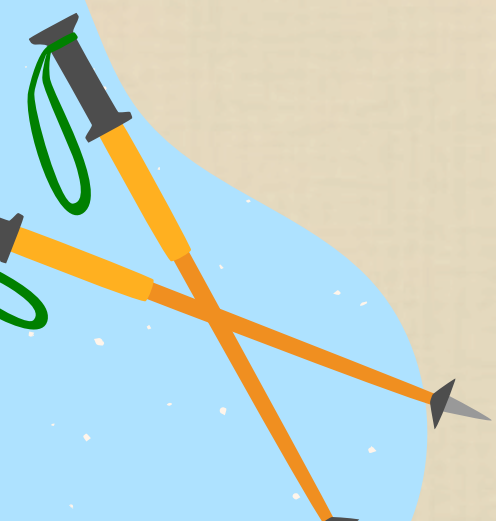


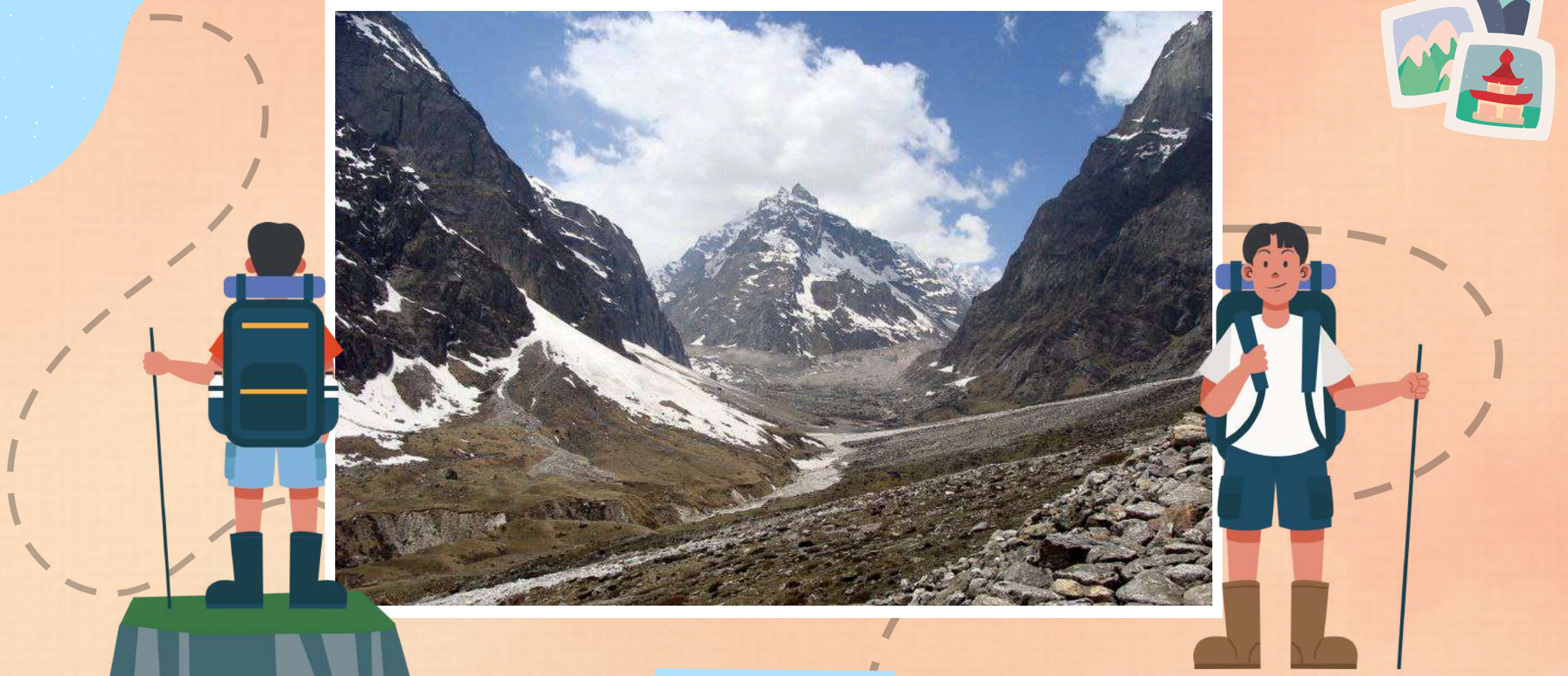


DAY 3

Trek from Badrinath to Laxmivan | Trek Distance – 08 km – 4/5 Hours journey | Altitude – Laxmivan – 12,510 feet

Post breakfast the drive is towards the last village Mana, trek starts from there. After a short trek you will get the sight of Vasudhara falls which lies opposite Alaknanda River's bank. Ascent gradually till Somtoli meadows and cross landslide prone area, now shepherd huts are visible. Go through boulder zone to reach the campsite, there are Bhojpatra trees in abundance. The surroundings are beautiful with sight of Alkapuri glacier which lies on the opposite side. Setup your camps and retire for the night.





DAY 4

Trek from Laxmivan to Chakratirth | Trek Distance – 10 km – 5/6 Hours journey | Trek Distance – 10 km – 5/6 Hours journey | Altitude – Chakratirth – 13,655 feet

The trek is challenging today, head from Laxmi Van towards Chakrateerth. The ascent is sheer through scree and boulders to “Sahastradhara” which means “Thousand waterfalls”. After you climb up the valley this place offer views of Chaukhamba peaks, Balakun and Neelkanth. Ahead cross a narrow stream and walk on the levelled ground. Now, start the steep climb, now a short trek will lead you to Chakrateerth campsite. Setup your camps and retire for the night.





DAY 5

**Trek from Chakratirth to Satopanth Tal | Trek Distance
– 05 km – 4/5 Hours journey | Altitude – Satopanth Tal
– 14,755 feet**

Start the trek early today because you will be crossing some tricky sections on the trail. Ascent to the ridge's high point and trek along the glacier to reach serene triangular "Satopanth Lake". Get impressive views of Chaukhamba peaks and Neelkanth Mahadev. The surroundings are beautiful, explore and relax there for some time. Setup your tents there and retire for the night.





DAY 6

Trek from Satopanth Tal to Chandrakund trek | Trek Distance - 06 km - 5/6 Hours journey | Altitude - Chandrakund - 16,578, feet

Wake up and witness the Chaukhamba peaks turning golden at the time of sunrise. After breakfast start the trek towards Chandrakund and see some rooms made of stones where saints live permanently. The trail gets narrow and on one side is crevassed Satopanth glacier and on other side is the barren land. Walk very carefully while crossing this region because a single mistake can be very dangerous. Reach Chandartal, it is a small Lake where the water level increases and decreases from time to time. It is believed that Lord Chandrama meditated here and at the day of Purnima (full moon night) this Lake remains full of water.

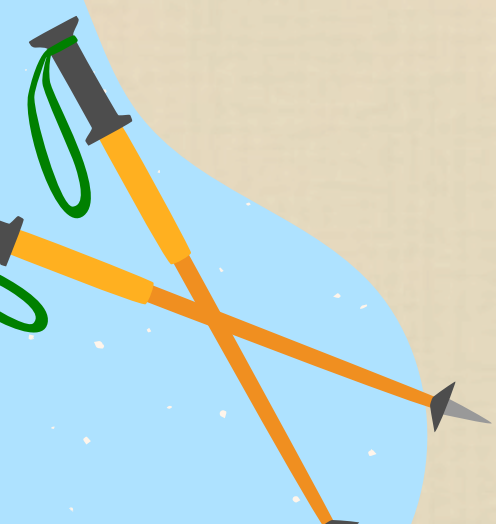




DAY 7

Trek from Chandrakund to Suryakund | Trek Distance – 07 km – 5/6 Hours journey | Altitude – Suryakund – 17,255 feet

Start the day early and head towards Suryakund, walk on the edge of mountain, go through the moraine area and boulder zone. Get the clear view of entire Chaukhamba peaks and Kuber Parvat. Setup your camps and retire for the night.





DAY 8

Acclimatization

Today, set out for some short and refreshing hikes, allowing you to explore the natural beauty and tranquility of the surrounding area. Take in the stunning views, breathe in the crisp mountain air, and immerse yourself in the serene environment. As you wander, discover hidden gems, such as scenic viewpoints, lush greenery, or a peaceful stream. After your exploration, return to your accommodation and take the rest of the day to relax and rejuvenate. Unwind in the calm ambiance, reflecting on the day's experiences. As night falls, enjoy a cozy evening, surrounded by the peaceful sounds of nature, and prepare for the adventures ahead.





DAY 9

Trek from Suryakund to Swargarohini base camp | Trek Distance – 06 km – 6/7 Hours journey | Altitude – Swargarohini base camp – 17,987 feet

From Suryakund to Swargarohini Glacier, it is a steep incline and on the way are crevasses. The trek through boulder and moraine area is a tough one but the excellent and close views of high peaks are totally rewarding. Reach the Swargarohini Glacier, above lies Swargarohini peaks “Char Singh” “Way to Heaven”. From here 3 steps of stairs are, they are believed to be total 7 but all of them are not visible due to the clouds. This glacier is less crevassed and is in better condition than the other glaciers. Setup your camps in a suitable place, have food and retire for the night.





DAY 10

Trek from Suryakund to Satopanth Tal | Distance – 13 km – 7/8 Hours journey | Altitude – Satopanth Tal – 14,755 feet

After breakfast, retrace your steps along the scenic route to the mystical Satopanth Tal. Enjoy the stunning landscapes and serene surroundings as you make your way back to this sacred lake. Upon arrival, take time to admire its crystal-clear waters and the tranquil atmosphere. Set up camp near the lake, enjoy a hearty meal, and spend the night under the stars, embracing the peaceful beauty of this enchanting destination.





DAY 11

Trek from Satopanth Tal to Laxmivan | Distance – 15 km – 7/8 Hours journey | Altitude – Laxmivan – 12,510 feet

Get back to Laxmivan via Chakrateerth, descending takes less time but be careful while the descent because some sections are tricky. Reach Laxmi Van, setup your camps, have sumptuous food after this tiring trek and retire for the night.

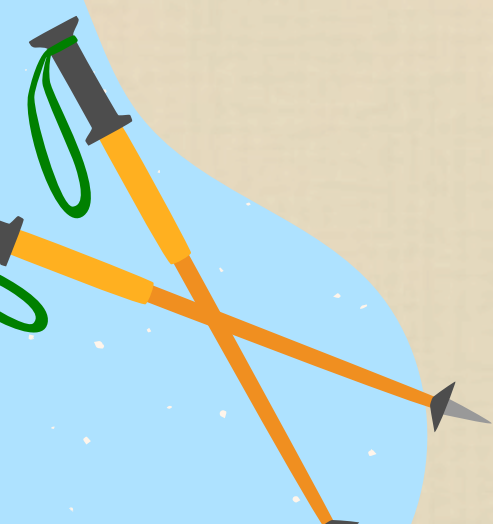




DAY 12

Trek from Laxmivan to Badrinath (08 km) (4/5 Hours)

Descent towards Mana village and you can reach there in 3 hours. From Mana the drive is towards Badrinath, arrangements will be made in a hotel there. Evening going to Badrinath ji darshan





DAY 13

Drive from Badrinath to Rishikesh by cab | Distance – 380 km – 11/12 Hours journey

After breakfast, set off for the spiritual town of Rishikesh, enjoying scenic views along the way. Stop for lunch at a cozy spot en route and continue your journey through picturesque landscapes. Arrive in Rishikesh by evening, around 8 PM, and take some time to relax and soak in the peaceful ambiance of this sacred destination.





INCLUSIONS



- 1. Meals while on trek (Veg. + Egg).
- 2. All necessary entry fees and permits.
- 3. Accommodation: - Guest house, Home stay, camping during Trek.
- 4. Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- 5. First aid medical kits, stretcher and oxygen cylinder.
- 6. Trek equipment: Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils and crampon (if required)
- 7. Staff Insurance.
- 8. Porters/mules to carry central equipment.





EXCLUSIONS



- 1. Any kind of personal expenses.
- 2. Food during the transit.
- 3. Mules or porters to carry personal luggage.
- 4. Insurance.
- 5. Any kind of emergency evacuation charges
- 6. Anything not specifically mentioned under the head.
- 7. Transport (Non Ac)
- 8. Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- 9. 5% GST



WHAT TO CARRY



TREKKING SHOES



BACKPACK



HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

Reach Rishikesh:

Rishikesh is a well-connected city in Uttarakhand, India, and serves as the gateway to many Himalayan destinations. You can reach Rishikesh by air, rail, or road. The nearest airport is Jolly Grant Airport in Dehradun, which is about 35 kilometers from Rishikesh. Rishikesh also has a railway station with good connectivity to major cities in India. You can also opt for a road journey via buses or private taxis to reach Rishikesh.

Travel to Joshimath:

From Rishikesh, you need to reach Joshimath, which is the nearest town to Govindghat. There are several options to travel from Rishikesh to Joshimath:

By Road:

You can hire a taxi or take a shared cab from Rishikesh to Joshimath. The distance is approximately 250 kilometers, and the journey usually takes around 8-9 hours, depending on the road conditions.



HOW TO REACH

By Bus:

Regular bus services are available from Rishikesh to Joshimath. You can inquire at the Rishikesh Bus Stand for the schedule and book your ticket accordingly.

By Shared Jeep:

Shared jeeps or maxi cabs are a popular mode of transport between Rishikesh and Joshimath. You can find them near the Rishikesh Bus Stand or inquire at local travel agencies.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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