



MUKTA TOP TREK

Discover Yourself on the Trail!



www.himalayandaredevils.com



+91 6398989097



himalayandaredevils@gmail.com



TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

28 kms



MAX ALTITUDE

12000 ft



LAST ATM

Joshiyara



BEST SEASON

May, June, Sep, Oct



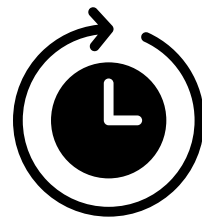
BASE CAMP

Kuflon



DIFFICULTY

Easy



DURATION

6 Days & 5 Nights



SERVICE FROM

Kuflon to Kuflon
Dehradun to Dehradun



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SHORT ITINERARY



DAY 1

Drive from Dehradun to Kuflon

DAY 2

Kuflon to Shiladuni

DAY 3

Shiladuni to Chaithathar

DAY 4

Chaithathar to Mukta Tal

DAY 5

Mukta Tal to Mukta Top to Kuari

DAY 6

Kuari to Kuflon And Drive to Dehradun



ITINERARY



DAY 1

Drive from Dehradun to Kuflon

The Mukta Top trek begins from Kuflon village, which is accessible via an 8-hour, 155-160 km drive from Dehradun. The route follows the scenic NH-34 along the Bhagirathi River towards Gangotri Dham. Upon reaching Uttarkashi, take the road towards Gangori, and a few kilometers ahead, you'll find Kuflon village beside the Asi Ganga River on Sangamchatti Road. At an altitude of 3,800 ft, accommodation options include hotels and guesthouses, with dinner provided.





DAY 2

Kuflon to Shiladuni

The 4 km trek to Shiladuni takes 3-4 hours, ascending from 3,800 ft to 6,782 ft. The trail passes through a market, crosses a stream, and enters a dense forest filled with pine, rhododendron, oak, and maple trees. After a steady climb, you'll reach a beautiful forest clearing at Shiladuni, where the campsite is located near a Shepherd's hut. This open area is perfect for star-gazing, with a serene atmosphere filled with chirping birds. Accommodation is in alpine tents, and meals include breakfast, lunch, evening snacks, and dinner.

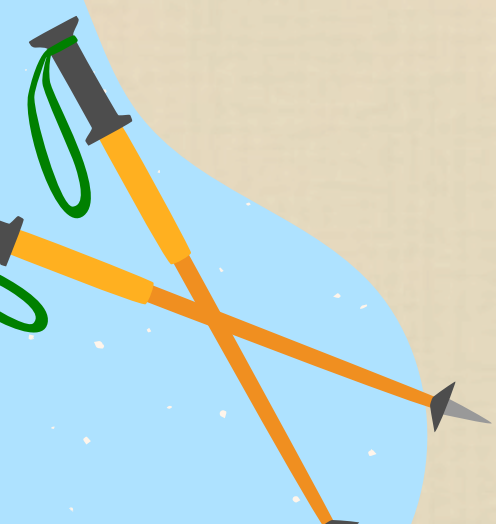


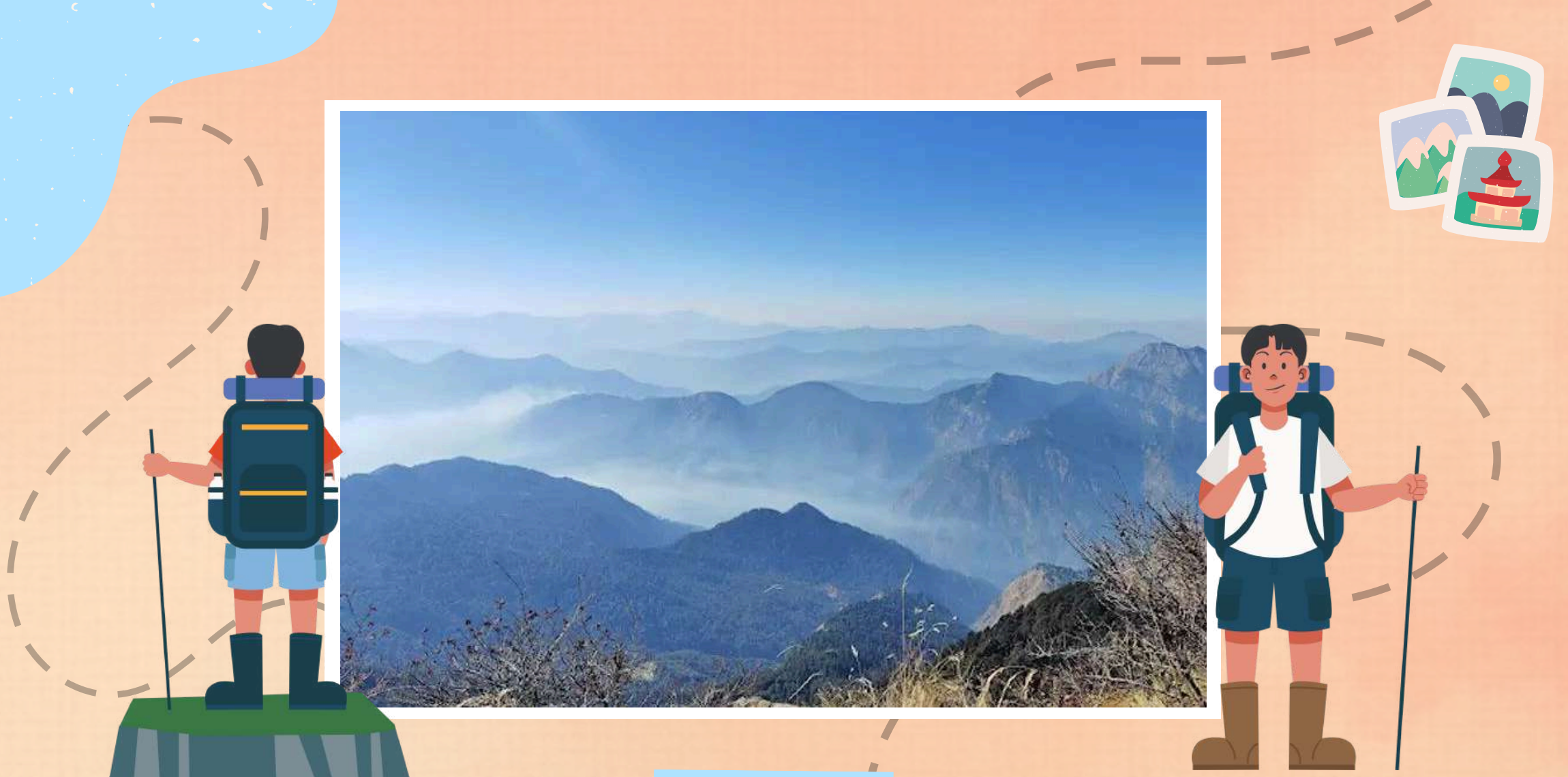


DAY 3

Shiladuni to Chaithathar

The 13 km trek to Dwali (8,600 ft) takes around 6-7 hours, so start the day with a hearty breakfast. The trail features a mix of ascents and descents, with some slippery sections, so tread carefully. Shortly after starting, you'll reach the first water point—a fresh mountain stream. As you progress, take a moment to look back and admire the beautiful view of Khati village. Descend towards Dwali, where you'll see the Pindari Valley to the left and Kafni Valley to the right. Dwali, the confluence of the Pindari and Kafni rivers, serves as the campsite for the night.





DAY 4

Chaithathar to Mukta Tal

The 4 km trek to Mukta Tal takes 3-4 hours, ascending from 9,600 ft to 10,800 ft. The trail transitions from dense forests to rocky terrain, eventually leading to high-altitude flatlands. At Mukta Tal, an alpine lake awaits, offering a stunning view, especially in winter when the landscape is covered in thick snow. The campsite provides breathtaking panoramas of Bandarpoonch, Kalanag, and Nag Tibba peaks. Accommodation is in alpine tents, with meals including breakfast, lunch, evening snacks, and dinner.





DAY 5

Mukta Tal to Mukta Top to Kuari

The 9 km trek to Mukta Top takes 6-7 hours, ascending from 10,800 ft to 11,838 ft before descending to 7,781 ft. The trail passes Siyari Tal, leading to the pinnacle point of the trek. From Mukta Top, enjoy a breathtaking 360° panoramic view of the Gangotri Massif, Bandarpoonch, Kalanag, Nag Tibba, and Jaonli peaks. After soaking in the majestic Himalayan scenery, descend via the downward trail to Kuari. Accommodation is in alpine tents, with meals including breakfast, lunch, evening snacks, and dinner.





DAY 6

Kuari to Kuflon And Drive to Dehradun

The 6 km descent from Kuari to Kuflon takes 3-4 hours, bringing you down from 7,781 ft to 2,100 ft. After reaching Kuflon, a 170 km drive (7 hours) will take you back to Dehradun or your preferred destination. Breakfast is provided before departure, marking the end of the Mukta Top trek.



TREK MAP

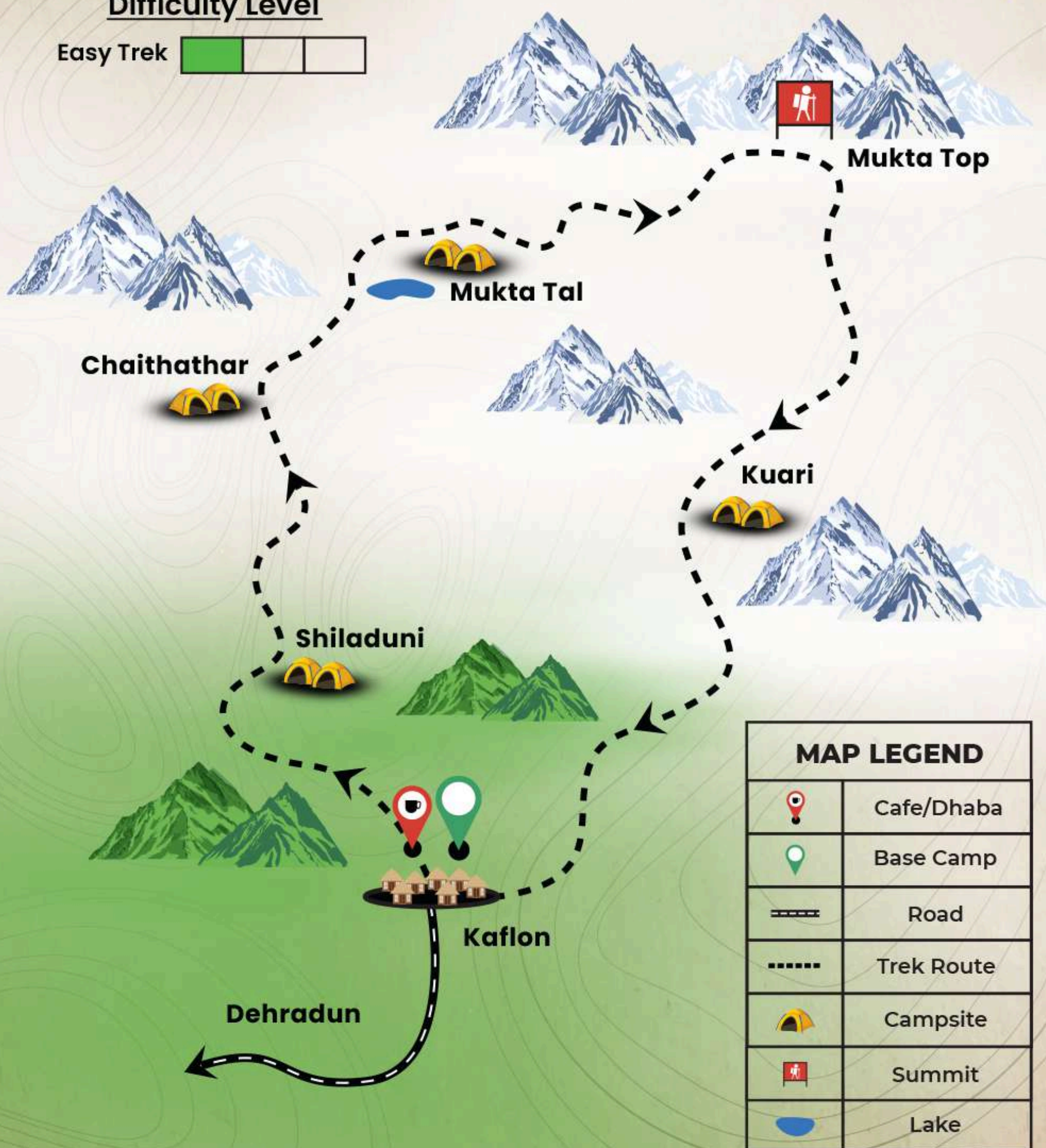
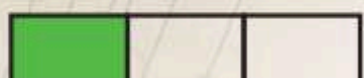


Mukta Top Trek Map



Difficulty Level

Easy Trek



MAP LEGEND

	Cafe/Dhaba
	Base Camp
	Road
	Trek Route
	Campsite
	Summit
	Lake

*Map is not scaled



INCLUSIONS



- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- **Accommodation:-** Guest house / Camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- **Trek equipment:** Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.





EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



WHAT TO CARRY



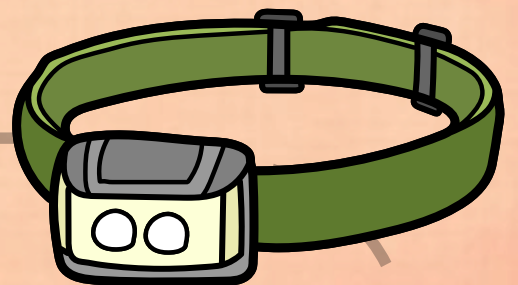
TREKKING SHOES



BACKPACK



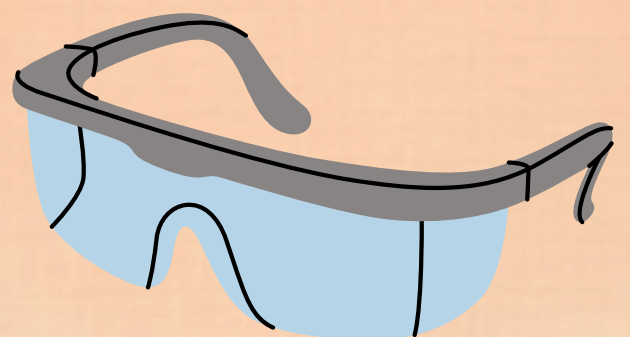
HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

By Road

From Delhi :

- Distance: About 260 km.
- Time: 6 to 7 hours.
- Route: NH 44 should be taken; this road goes through Meerut, Muzaffarnagar, and Roorkee which is scenic.
- Suggestion: You may take a cab or book a cab online rather than getting stressed out about availability.

Local Buses:

- Frequency: Buses are available in the regions of Delhi, Chandigarh, and Haridwar after every hour.
- Forms: AC and non-AC buses are both provided.
- Booking: These can be bought online or at the bus stop

Self Drive:

- Benefits: You can also check out places on your way around.



HOW TO REACH

By Air

Jolly Grant Airport:

- Distance from the airport to Dehradun: It is 25 kilometers.
- Air Transport Available: Major Indian metropolitan cities namely Delhi, Mumbai and Bangalore have rounds of flights to this airport regularly.
- Time: 1 hour starting from Delhi.
- Transportation after the flight:
- Alternatives: Taxis and private cabs are available outside the airport.
- Time taken to travel from the airport to Dehradun: 40 to 60 minutes.



HOW TO REACH

By Train

Dehradun Railway Station:

- Connectivity: Trains connect it well to prime locations such as Delhi, Mumbai, and Calcutta.
- Popular Trains:
 1. Nanda Devi Express: Travel time is Nanda Devi overnight service.
 2. Shatabdi Express: Day service; fast and comfortable.
 3. Dehradun Express: Return options are available regularly.

From the Station:

Local Transport: Locals recommend wholesale taxis, auto-rickshaws, or local buses to the city or the trekking starting point.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



www.himalayandaredevils.com



himalayandaredevils@gmail.com



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