



KYARKOTI HARSIL TREK

Discover Yourself on the Trail!



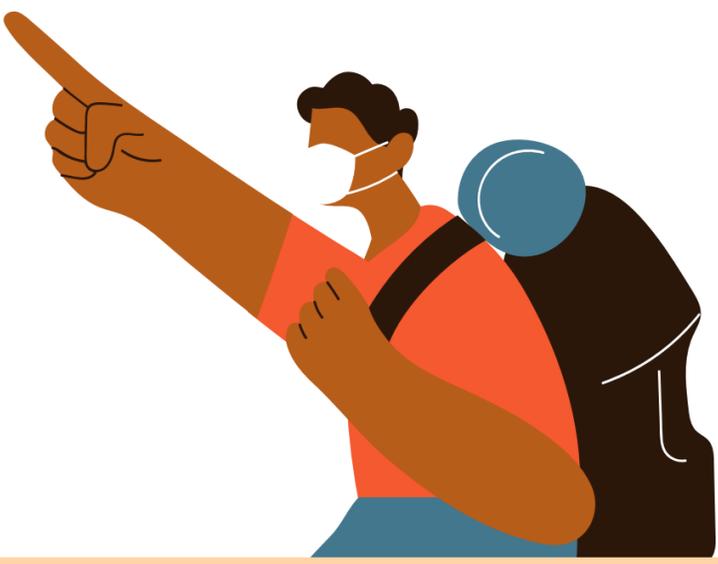
www.himalayandaredevils.com



+91 6398989097
95557055210



himalayandaredevils@gmail.com



TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

37 kms



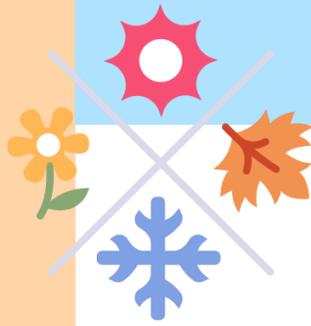
MAX ALTITUDE

3480 ft



LAST ATM

Harsil



BEST SEASON

May, July, Sep, Oct



BASE CAMP

Harsil



DIFFICULTY

Moderate



DURATION

6 Days & 5 Nights



SERVICE FROM

Harsil to Harsil
Dehradun to Dehradun



+91 7983285412



www.himalayandaredevils.com

SHORT ITINERARY



DAY 1

Dehradun to Harsil - Drive to Harsil - 231 km)(8/9 Hours) (2620 m) overnight stay Hotel

DAY 2

Trek from Harsil to Lowar Kyarkoti Camp (08 km) (5/6 Hours) (3000 m) overnight stay Camp

DAY 3

Trek from Lower Kyarkoti camp to Upper Kyarkoti (07 km) (4/5 Hours) (3480 m) overnight stay Camp

DAY 4

Trek from Upper Kyarkoti to Lower Kyarkoti Camp (07 km) (3/4 Hours) overnight stay Camp



SHORT ITINERARY



DAY 5

Trek from Lower kyarkoti Camp to Harsil (8km) (4/5 Hours) overnight stay Hotel

DAY 6

Drive from Harsil to Dehradun 231 km (8/9 Hours)



ITINERARY



DAY 1

Dehradun to Harsil - Drive to Harsil - 231 km)(8/9 Hours) (2620 m) overnight stay Hotel

On the first day, from Dehradun, we pick up the group at around 6:00 am and leave for Harsil, this route via Mussoorie, Dhanaulti, Suvakholi, Chinyalisaur, Tehri Dam, Uttarkashi, Bhatwari, Gangnani, we reach Harsil which is It is at a distance of 231 kms, while driving on this route you get to see many hills and beautiful cities, today is our first day and tonight we will stay in a hotel in Harsil.





DAY 2

Trek from Harsil to Lower Kyarkoti Camp (08 km) (5/6 Hours) (3000 m) overnight stay Camp

On the second day, after having our breakfast, we will get ready for Lower Kyarkoti, which is 8 km from Harsil, climbing a slow and going through the beautiful Bugyal, we will reach Kyarkoti Lower Kem by about 2:00 pm. After that we will stay in this camp today, in this camp, beautiful green grasslands and high hills will be seen all around and the experience of spending the night here is a special experience. We are here tonight. Spend in your camp

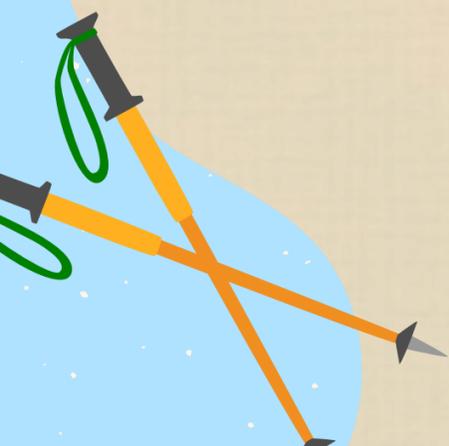




DAY 3

Trek from Lower Kyarkoti camp to Upper Kyarkoti (07 km) (4/5 Hours) (3480 m) overnight stay Camp

From Lower Kyarakoti Camp we will leave for Upper Kyarakoti Camp on the third day after breakfast at 8 am, Upper Kyarakoti Camp is about 7 kms we have to trek, today is a very beautiful day because today we have to go to the higher camp. Upper Kyarkoti Camp is very beautiful and attractive campsites. Staying at night here, sitting under the open sky, watching the stars, looking at the moon and experiencing the beauty here is the biggest thing, this trek will keep you forever and ever. Will add to your memories, eating here in the open forests, camping here, sleeping is a different experience.



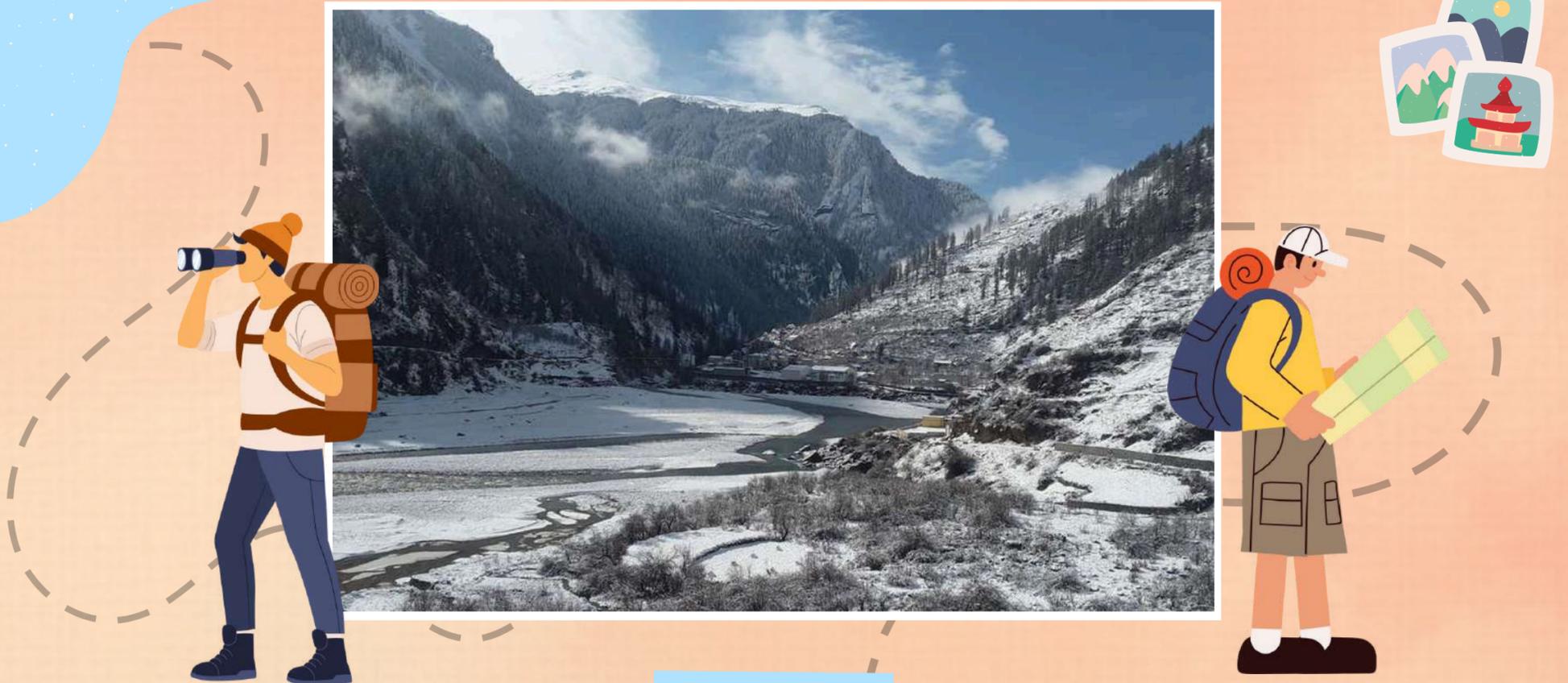


DAY 4

Trek from Upper Kyarkoti to Lower Kyarkoti Camp (07 km) (3/4 Hours) overnight stay Camp

Descend through stunning alpine landscapes from Upper Kyarkoti to Lower Kyarkoti Camp. The trail offers views of snow-capped peaks, vibrant wildflowers, and serene glacial streams. Lower Kyarkoti Camp, surrounded by pristine nature, is perfect for relaxation. Enjoy the peaceful atmosphere, a warm meal, and an overnight stay in tents under the stars.



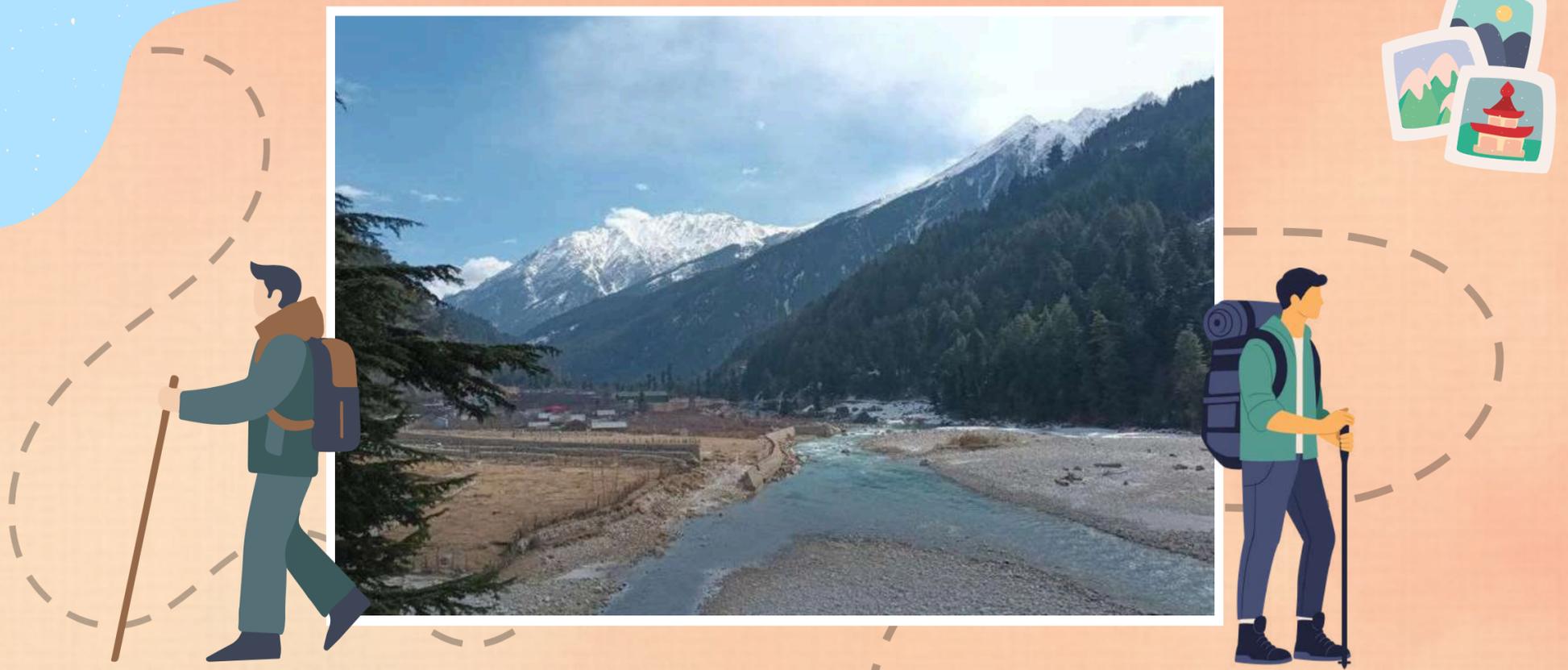


DAY 5

Trek from Lower kyarkoti Camp to Harsil (8km) (4/5 Hours) overnight stay Hotel

Begin your journey with a scenic descent toward the charming valley of Harsil. The trail winds through lush forests, serene meadows, and along the banks of a glacial river, offering captivating views of the surrounding snow-capped peaks. Harsil, known for its tranquil beauty and apple orchards, welcomes you with a peaceful atmosphere. End the day with an overnight stay at a cozy hotel, enjoying warm hospitality and reflecting on the trek's memorable moments.





DAY 6

Drive from Harsil to Dehradun 231 km (8/9 Hours)

The journey from Harsil to Dehradun is a long but scenic drive through the picturesque landscapes of Uttarakhand. The route winds along the mountain roads, offering stunning views of lush valleys, dense forests, and sparkling rivers. As you descend, you'll pass through charming villages and bustling hill towns, each showcasing the unique culture and beauty of the region. The drive provides plenty of opportunities to soak in the serene vistas and reflect on your trekking adventure. Expect to arrive in Dehradun by evening, concluding your memorable journey in the lap of the Himalayas.





INCLUSIONS



- Meals while on trek (Veg.).
- All necessary entry fees and permits.
- **Accommodation:-** Guest house, Home stay, camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook, and Support staff.
- First aid medical kits, stretcher, and oxygen cylinder.
- **Trek equipment:** Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils, and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.





EXCLUSIONS



- 1. Any kind of personal expenses.
- 2. Food during transit.
- 3. Mules or porters to carry personal luggage.
- 4. Insurance.
- 5. Transport (Non Ac)
- 6. Any kind of emergency evacuation charges
- 7. Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- 8. Anything not specifically mentioned under the head.



WHAT TO CARRY



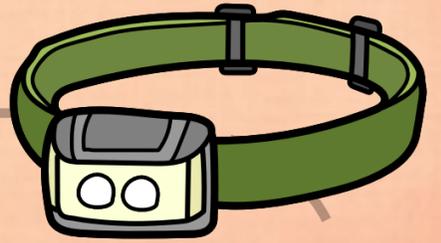
TREKKING SHOES



BACKPACK



HAND GLOVES



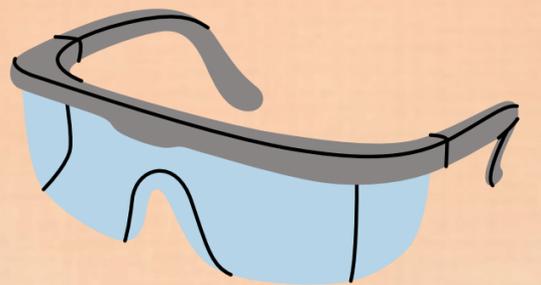
HEAD LAMP



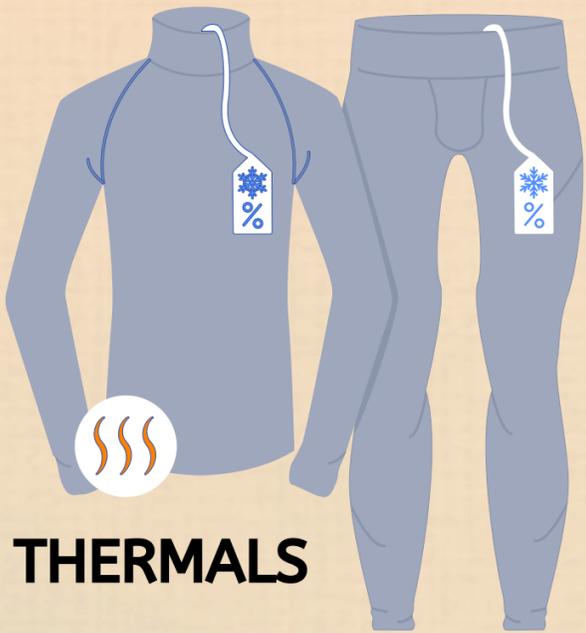
LUNCHBOX



SOCKS



UV SUNGLASSES



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

By Air:

Jolly Grant Airport is the nearest airport to Dehradun by flight, almost 25km from the city. You can find regular flights from Delhi to Dehradun.

However, if you plan to reach Dehradun by flight, it is better to come one day in advance.

By Train:

Two express trains are convenient if you want to reach Dehradun from Delhi by train. With the train, it is an overnight journey. The two trains are mentioned below:

Nandadevi Express – Train no: 12205 (Departure 11:50pm; Arrival – 5:40am)

Dehradun Express – Train no: 12687 (Departure – 9:10pm; Arrival – 5:00am)

By Bus:

From Delhi, you can find a regular bus service to Dehradun. ISBT Kashmere Gate is the central bus station in Delhi, from where you will find both AC and non-AC buses for Dehradun.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

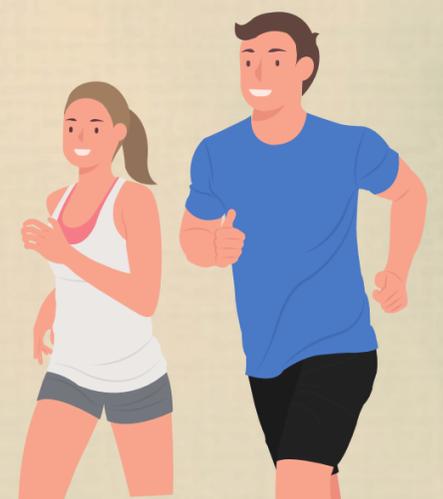
Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US

-  www.himalayandaredevils.com
-  himalayandaredevils@gmail.com
-  +91 6398989097, 95557055210

