



KHOPRA RIDGE TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



LOCATION

Nepal, India



DISTANCE

50 kms



MAX ALTITUDE

15650 ft



LAST ATM

Pokhara



BEST SEASON

Mid Feb-June and
Sept-Mid Nov



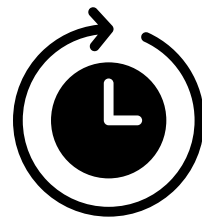
BASE CAMP

Pokhara



DIFFICULTY

Moderate



DURATION

9 Days & 8 Nights



SERVICE FROM

Pokhara to Pokhara
Kathmandu to Kathmandu



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SHORT ITINERARY



DAY 1

Reach Pokhara from Kathmandu

DAY 2

Drive from Pokhara to Kimsee. Trek to Ghandruk

DAY 3

Trek from Ghandruk to Tadapani

DAY 4

Trek from Tadapani to Dobato

DAY 5

Trek from Dobato to Chhiastibang via Muldai Top

DAY 6

Trek from Chhistibang to Khopra Ridge



SHORT ITINERARY



DAY 7

Trek from Khopra Ridge to Khayar Lake, and back to Khopra Ridge

DAY 8

Trek from Khopra Ridge to Paudwar via Gorge Point

DAY 9

Trek from Paudwar to Tatopani | Drive from Tatopani to Pokhra



ITINERARY



DAY 1

Reach Pokhara from Kathmandu

Duration: 7 hours Altitude: 2,760 ft Driving Distance: 215 km Highlights: The drive through the rolling hills of Nepal. The lakeside near the hotel. Reach Pokhara on your own before 4.00 PM. You will meet the rest of the team at the hotel. The briefing will be conducted at the hotel at 6.00 PM on Day 1. Go for a walk by the lakeside after the briefing and retire early after dinner. You'll need to conserve energy for the long trek ahead!





DAY 2

Drive from Pokhara to Kimsee. Trek to Ghandruk

The journey begins at 8:00 AM with a 2.5-hour drive (56 km) from Pokhara to Kimsee, followed by lunch. The 3.7 km trek to Ghandruk takes around 2 hours, with a gradual ascent through a village alongside the Modi Khola river. As you trek, Mt Himchuli and Annapurna South come into view, followed by the stunning Mt Machapuchare. Ghandruk, the largest village in the Annapurna Conservation Area, welcomes you with its traditional stone houses and numerous tea houses.

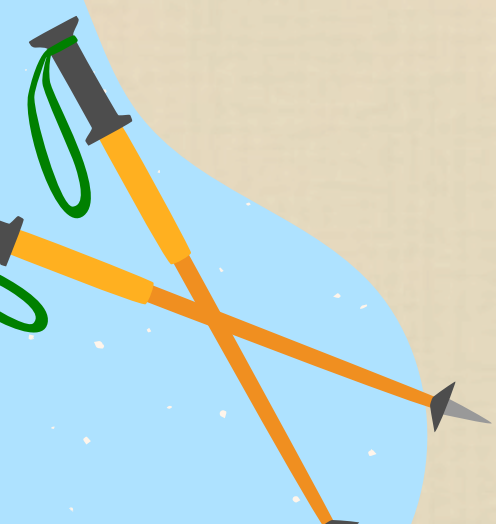




DAY 3

Trek from Ghandruk to Tadapani

The 6.4 km trek from Ghandruk to Tadapani takes around 4.5 hours, with a mix of gradual ascents and forest trails. After passing through Ghandruk, you'll reach the "Lovely Viewpoint," offering stunning views of Annapurna South, Himchuli, and Machapuchare. The trail then winds through dense rhododendron forests, with waterfalls adding to the serene atmosphere. A steep 45-minute ascent leads to Bhaisi Kharka, a small village 5 km from Ghandruk. Another 2-hour trek through towering rhododendrons brings you to Tadapani, where you can enjoy a breathtaking sunset over Mt Machapuchare.





DAY 4

Trek from Tadapani to Dobato

The 6.2 km trek from Tadapani to Dobato takes around 6.5 hours, with a mix of ascents and forest trails. The journey begins through rhododendron and bamboo forests, gradually climbing past Meshar and Isharu, where panoramic views of Annapurna and Ganesha Himal unfold. After reaching Dobato, take a break before heading to Muldhai Peak Viewpoint, the highlight of the trek. Here, you witness a breathtaking lineup of 22 snow-capped peaks, including Annapurna I and Dhaulagiri I. End the day with a mesmerizing sunset, with the option to return for a magical sunrise.





DAY 5

Trek from Dobato to Chhiastibang via Muldai Top

The 9.2 km trek from Dobato to Chhistibang takes 6-7 hours, featuring steep ascents and a ridge walk. Start early, ascending for 30 minutes to a junction where you get a final view of the Annapurna range before heading towards Khopra Ridge. Soon, the Dhaulagiri range appears, leading to Muldai Top. From here, a two-hour descent through dense forests takes you to Chhistibang, a peaceful tea house in the woods. Rest and recharge for the next day's adventure.





DAY 6

Trek from Chhistibang to Khopra Ridge

Trek Distance: 3.5 km | Trek Duration: 3 hours Altitude Gain: 9,678 ft to 11,975 ft From Chhistibang, the trail ascends continuously. There are multiple small streams and small waterfalls all along. On both sides of the ridge, clouds form a small playground and enchant you with their changing forms. From here, every step towards Khopra takes you up close to the Dhaulagiri range. Watch the sun and clouds prepare for a perfect sunset. On reaching Khopra, you see majestic mountain ranges all around you. Mt Annapurna South, Mt Annapurna Fang, Mt Annapurna I, Mt Nilgiri South and North, Mt Tukuiche and the Dhaulagiri range welcome you. The tea house here itself is a viewpoint.

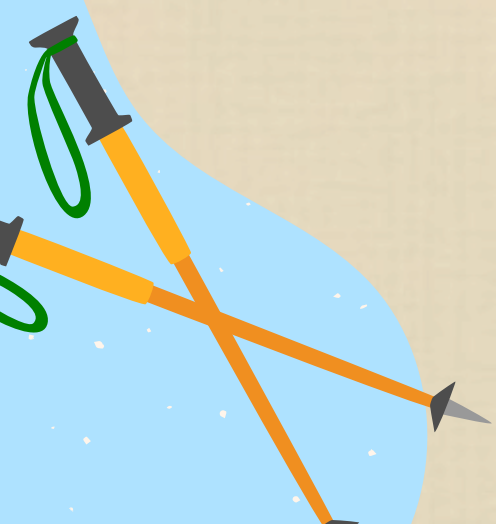




DAY 7

Trek from Khopra Ridge to Khayar Lake, and back to Khopra Ridge

The 16 km trek to Khayar Lake and back takes 8-9 hours, with steep ascents and ridge walks. Start early with a scenic walk along the Dhaulagiri range, passing Kaligandaki Valley. The trail then ascends through barren landscapes, resembling Spiti. After 1.5 hours from Khayar Ghat, you reach the sacred Khayar Lake at the foothills of Annapurna South, surrounded by prayer flags and a temple. After taking in the serene views, descend back to Khopra Ridge, enjoying stunning sunset vistas along the way.





DAY 8

Trek from Khopra Ridge to Paudwar via Gorge Point

The 8.5 km trek from Khopra Ridge to the lower altitude of 6,561 ft takes around 6.5 hours. The trail descends steadily through lush forests, offering stunning views of the Annapurna and Dhaulagiri ranges. As you move lower, rhododendron and oak trees dominate the landscape, creating a refreshing atmosphere. Enjoy the gradual change in scenery as you complete the final stretch of this incredible journey.





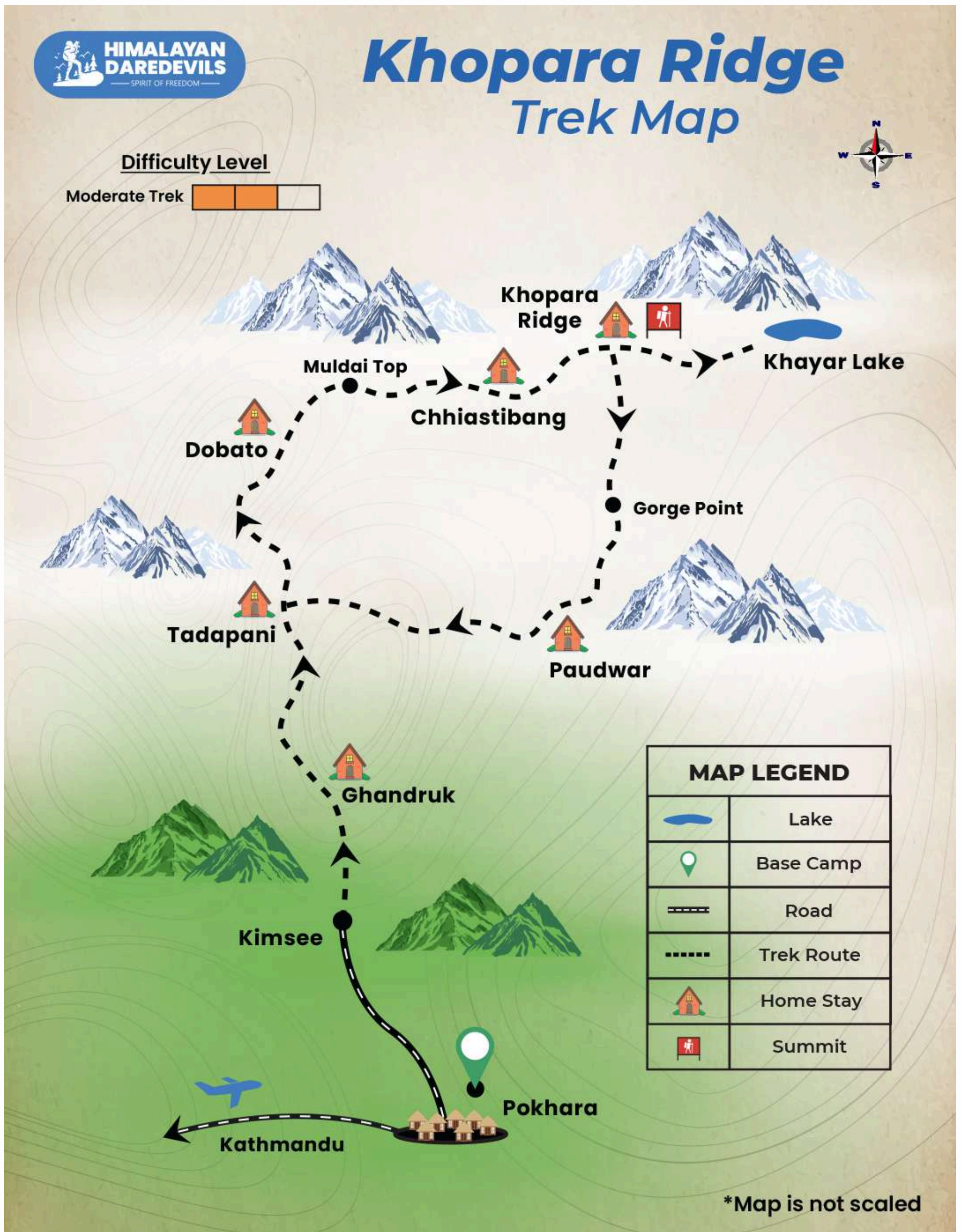
DAY 9

Trek from Paudwar to Tatopani | Drive from Tatopani to Pokhara

Trek Distance: 4.7 km | Trek Duration: 3 hours Bus Drive Distance: 110 km | Drive Duration: 5 hours Altitude Gain: 6,561 ft to 3,871 ft Difficulty: Easy. Descent through the forests till Tatopani. Highlights: Descent through the forests and water stream. The last day of the trek takes you to Tatopani which falls on the old route for Mansarovar lake. Because of this, it is also known as the old pilgrimage route. It's a completely easy descent through forests for initial 2 hours. Post that you walk along a water stream till the time you reach Tatopani. Your trek ends here. Take a bus and reach Pokhara.



TREK MAP





INCLUSIONS



Accommodation

- Stay is included from Day 1 to Day 8 (Pokhara to Ghorepani). You will be staying in tea houses on all days of the trek. There will be no camping on any of our Nepal treks.

Meals

- All meals from dinner at Pokhara on Day 1 to breakfast at Ghorepani on Day 9 are included. We provide simple, nutritious vegetarian food on all days of the trek.

Camping Charges

- All trek permits and camping charges are included.

Trek Equipment

- High-quality tents, and sleeping bags are included in your trek fee. Technical equipment like ice axes, ropes, microspikes, gaiters etc., are also provided as and when required.

Safety Equipment

- Your Trek Leader comes equipped with a High Altitude Medical Kit.





EXCLUSIONS



- Transport to and from the base camp
- You will have to arrive at Pokhara on your own. Indiahikes will not take care of the flight tickets to and from Pokhara.
- Transport from Pokhara to Kimsee and Tatopani to Pokhara
- Transport will be arranged by Indiahikes, but the trekkers will have to share the cost. Approx Rs 2,500 INR per person including both the drives to the base camp (Pokhara).
- Accommodation on Day 9
- You won't be provided with accommodation on Day 9 at Pokhara.
- Food during transit
- Any food you have during your travel to and from the base camp is in your own expense.
- 5% GST





EXCLUSIONS



- Anything apart from inclusions
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.



WHAT TO CARRY



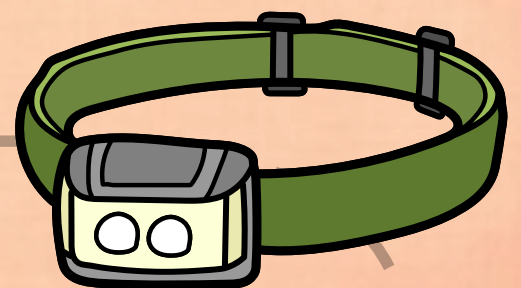
TREKKING SHOES



BACKPACK



HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

The base camp for the trek is Pokhara, which is well connected from Delhi by air and land through Kathmandu.

By Air:

There are multiple daily flights from Delhi to Kathmandu.

By Rail:

You can take a train from Delhi to Raxaul Junction in Bihar on the Indo - Nepal border. From Raxaul, take a 5 km bus/taxi to the border, from where Kathmandu is a 10 hour road journey. Buses and taxis are easily available at the border.

By Road:

The road distance from Delhi to Kathmandu is 1,145 km. There is a Delhi Government luxury bus service from Delhi Gate for Kathmandu that takes around 36 hours. This is the most time consuming but budget-friendly option at INR 2300 for the bus journey.



HOW TO REACH

Kathmandu to Pokhara:

From Kathmandu, you can opt to fly to Pokhara, or take one of several shared cabs that ply on the route daily. Since the trek starts from Pokhara you can take regular buses and taxis that ply from Pokhara to Kathmandu. Pokhara is also accessible from Delhi by road or rail.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars or any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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