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# TREK OVERVIEW







BEST SEASON All Seasons



**BASE CAMP** Sangamchatti









LAST ATM Joshiyara



**DIFFICULTY** Easy



**DURATION** 5 Days & 4 Nights





### **SERIVCE FROM**

### Sangamchatti to Sangamchatti Dehradun to Dehradun





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# SHORT ITINERARY



## DAY 1

Dehradun to Sangamchatti drive; trek to Bhewra

### DAY 2

Bhewra to Dodital lake

### DAY 3

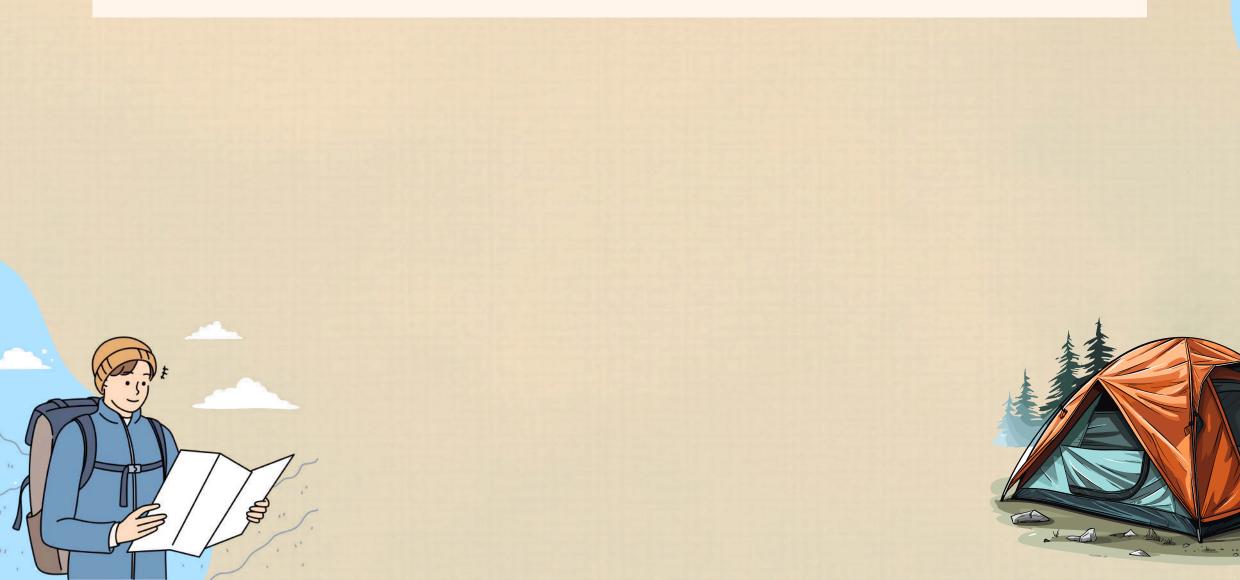
Dodital lake to Darwa top and back

### DAY 4

Dodital to Bhewra village

### DAY 5

Bhewra village to Dehradun



# ITINERARY





#### Dehradun to Sangamchatti drive; trek to Bhewra

Starting from Dehradun, we drive 160 km (7-8 hrs) via Mussoorie, Chinyalisour, and Uttarkashi to reach Sangam Chatti, a picturesque village marking the trek's starting point. The 6 km trek (5 hrs) to Bhewra village passes through scenic meadows, forests, and flowing streams. Bhewra, situated on the banks of the Assi Ganga River, offers alpine tent accommodations at 7,381 ft. The route features moderate elevation changes before leading to more challenging terrain. Meals include dinner.





#### Bhewra to Dodital lake

The 15 km trek (7 hrs) from Bhewra to Dodital ascends from 7,381 ft to 10,860 ft, passing through the scenic village of Manjhi, known for its terraced farming and grazing meadows. The trail winds through dense oak, cedar, and pine forests, with birdsong accompanying the journey. After Manjhi, the trek becomes steeper before reaching the serene Dodital Lake at 3,024 m. This pristine lake, home to the rare Himalayan Trout, offers breathtaking reflections of snow-capped peaks. Camps are pitched near the lake, making it an ideal spot for relaxation amidst nature. Meals include breakfast, lunch, evening snacks, and dinner.





#### Dodital lake to Darwa top and back

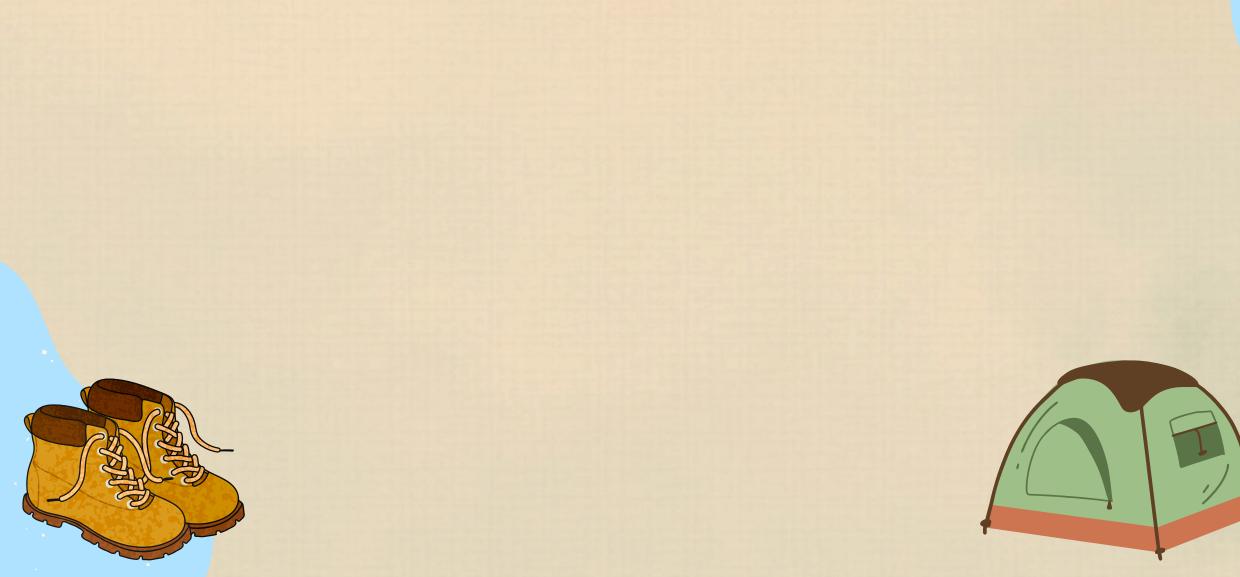
For those seeking more adventure, the trek extends 5 km from Dodital to Darwa Top (13,500 ft), offering breathtaking panoramic views of the Swargarohini and Bandarpunch ranges. This challenging ascent rewards trekkers with stunning landscapes, snow-capped peaks, and vast valley views. After reaching the summit, we descend back to Dodital, covering a total of 13 km in 7-8 hours. Accommodation is in alpine tents, with meals

## including breakfast, lunch, evening snacks, and dinner.



#### Dodital to Bhewra village

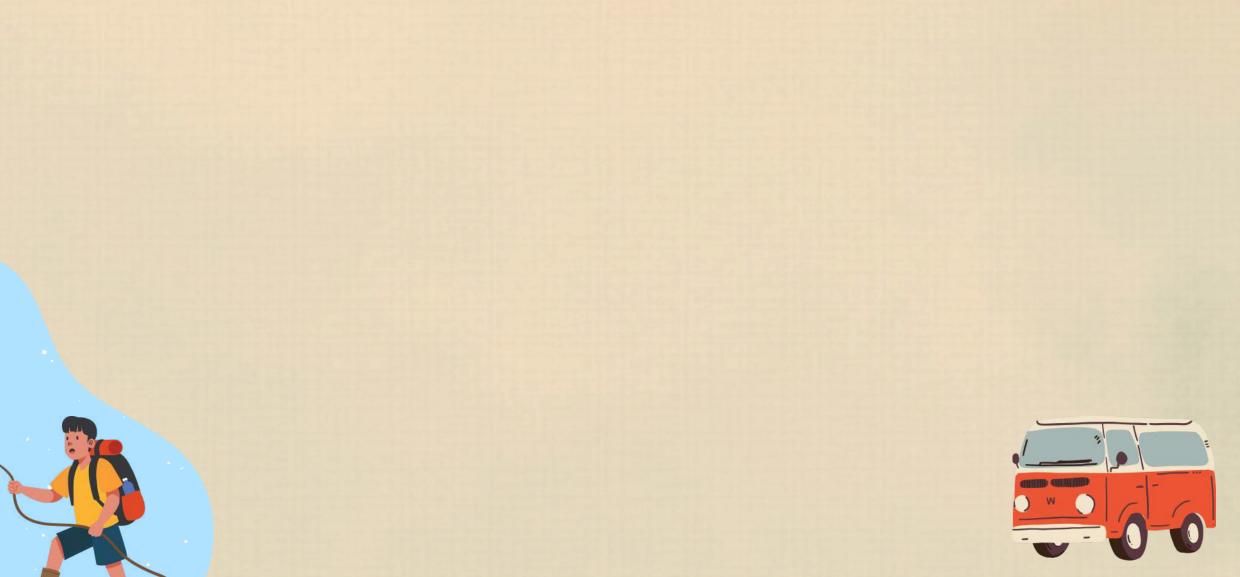
The 17 km descent from Dodital to Bhewra takes 7-8 hours, offering a relatively easier trek through dense forests and scenic landscapes. The downhill trail allows for a quicker pace, retracing the route past Manjhi and its serene meadows. Accommodation is in alpine tents, with meals including breakfast, lunch, evening snacks, and dinner.



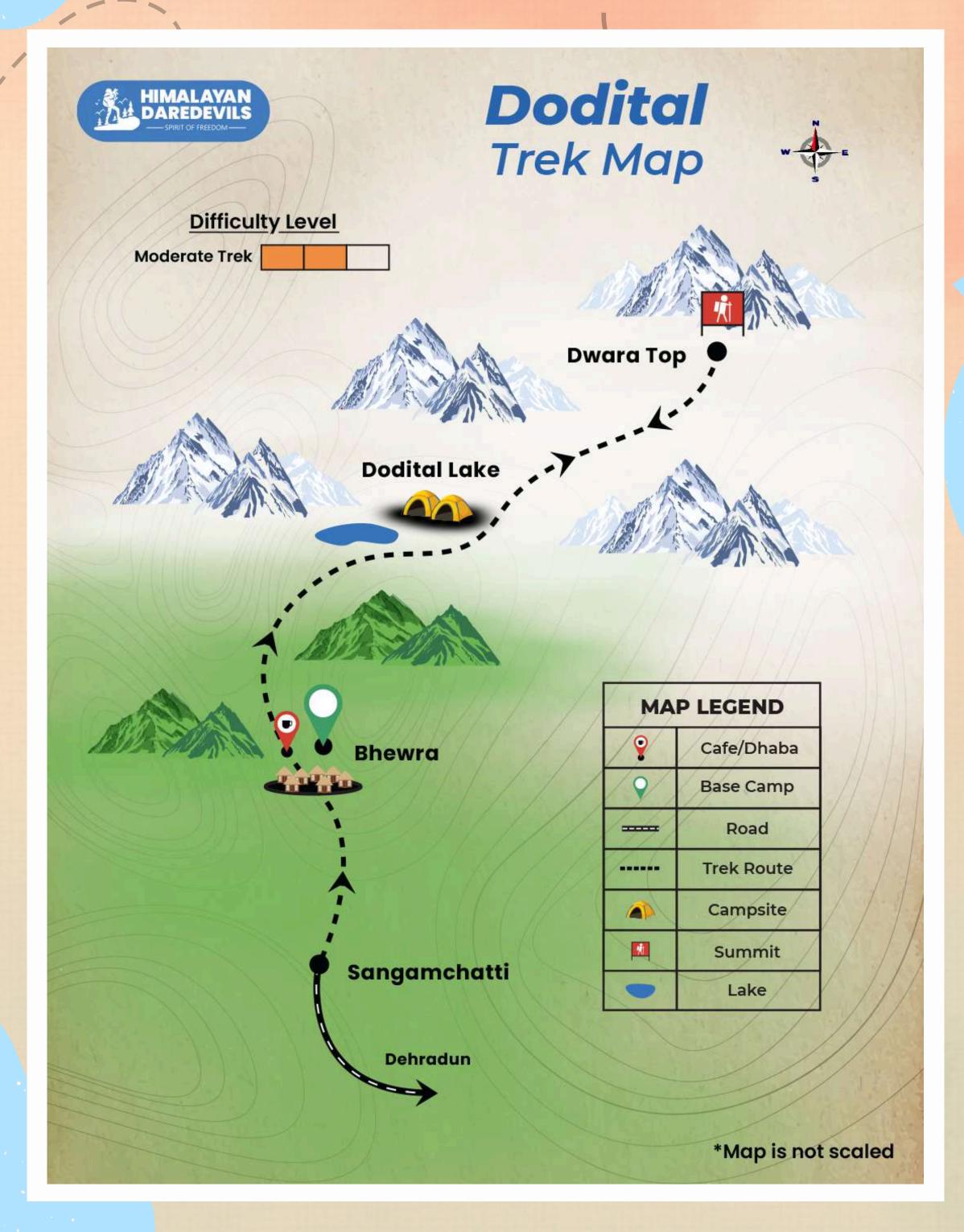


#### Bhewra village to Dehradun

The final leg of the journey is a 6 km trek (2-3 hrs) down to Sangam Chatti, followed by a 160 km drive (7-8 hrs) back to Dehradun. The descent is smooth and scenic, marking the end of an unforgettable adventure. Breakfast is provided before departure.



# TREK MAP-





# **INCLUSIONS**-

- Meals while on trek (Veg).
- All necessary entry fees and permits.
- Accommodation:- Guest house, Home stay, camping
- during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- First aid medical kits, stretcher and oxygen cylinder.
- **Trek equipment**: Sleeping bag, mattress, tent, kitchen & dinning tent, toilet tent, utensils and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.







# EXCLUSIONS

- Any kind of personal expenses.
- Food during the transit.
- Mules or porter to carry personal luggage.
- Insurance.
- Any kind of emergency evacuation charges
- Anything not specifically mentioned under the head.
- Transport (Non Ac)
- GST 5%
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/

#### cancellations, any accidents/medical evacuations,

riots/strikes/war/pandemics etc.



# WHAT TO CARRY





**LUNCHBOX** 

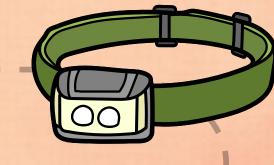
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SOCKS

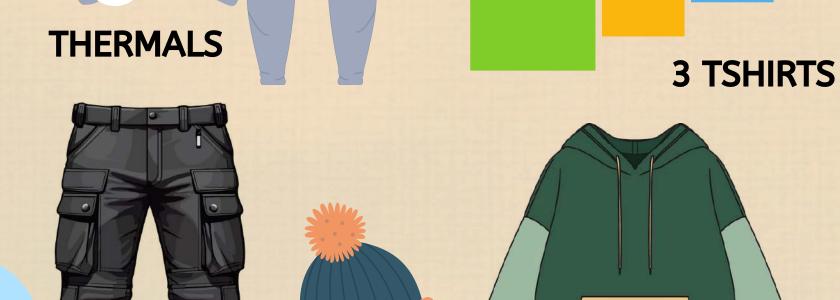


HAND GLOVES



**HEAD LAMP** 

**UV SUNGLASSES** 



CAP

**貅** %



**2 TREK PANTS** 

**FLEECE & HOOD** 

**RAIN COVER** 

# HOW TO REACH

### By Road

From Delhi :

- Distance: About 260 km.
- Time: 6 to 7 hours.
- Route: NH 44 should be taken; this road goes through Meerut, Muzaffarnagar, and Roorkee which is scenic.
- Suggestion: You may take a cab or book a cab online rather than getting stressed out about availability.

#### Local Buses:

- Frequency: Buses are available in the regions of Delhi, Chandigarh, and Haridwar after every hour.
- Forms: AC and non-AC buses are both provided.
- Booking: These can be bought online or at the bus



#### Self Drive:

 Benefits: You can also check out places on your way around.



# HOW TO REACH

By Air

Jolly Grant Airport:

- Distance from the airport to Dehradhun: It is 25 kilometers.
- Air Transport Available: Major Indian metropolitan cities namely Delhi, Mumbai and Banglore have rounds of flights to this airport regularly.
- Time: 1 hour starting from Delhi.
- Transportation after the flight:
- Alternatives: Taxis and private cabs are available outside the airport.
- Time taken to travel from the airport to Dehradun: 40 to 60 minutes.



# HOW TO REACH

### By Train,

Dehradun Railway Station:

- Connectivity: Trains connect it well to prime locations such as Delhi, Mumbai, and Calcutta.
- Popular Trains:
- 1.Nanda Devi Express: Travel time is Nanda Devi overnight service.
- 2. Shatabdi Express: Day service; fast and comfortable.
- 3.Dehradun Express: Return options are available regularly.

From the Station:

Local Transport: Locals recommend wholesale taxis,

# auto-rickshaws, or local buses to the city or the trekking starting point.



# FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

### Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.
- This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



## **CANCELLATION POLICY**

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

### Please note cancellation will be only accepted by email. Booking amount is non refundable.





## **CANCELLATION POLICY**

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

#### **CONTACT US**



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