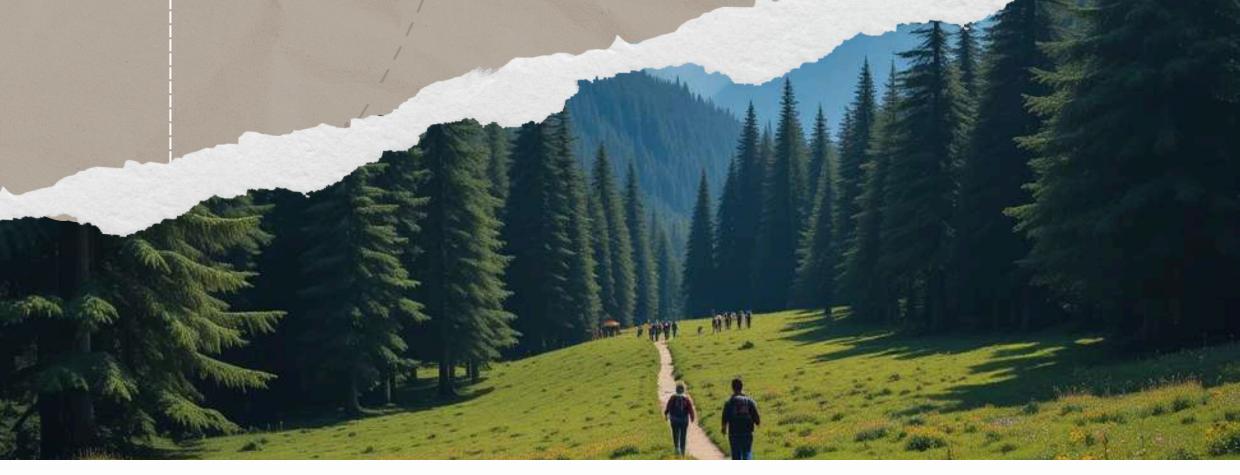
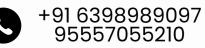


# DEOBAN TREK

Discover Yourself on the Trail!









himalayandaredevils@gmail.com

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### TREK OVERVIEW



DISTANCE 20 kms BEST SEASON All 12 Months



**BASE CAMP** Dehradun









LAST ATM Dehradun



**DIFFICULTY** Easy



**DURATION** 2 Days & 1 Nights





### **SERIVCE FROM** Dehradun to Dehradun





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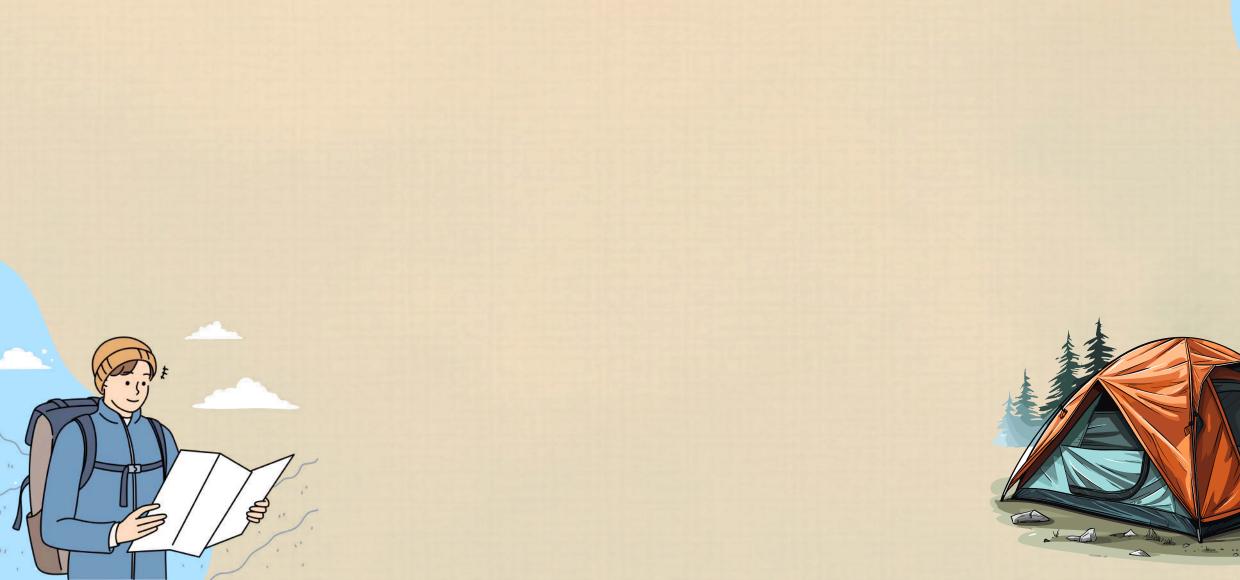
# SHORT ITINERARY

### DAY 1

Drive from Dehradun to Lokhandi. Trek to Saraswati Campsite

### **DAY 2**

Trek from Saraswati Campsite to Vyas Point; Descend to Chakrata; Drive back to Dehradun



### ITINERARY





#### Drive from Dehradun to Lokhandi. Trek to Saraswati Campsite

Drive Duration: 4 hours | Drive Distance: 108 km Trek Duration: 2 hours | Trek Distance: 4 km Altitude gain and loss: 8366 ft to 8841 ft and to 8193 ft Difficulty: Easy -Moderate. Gradual ascent throughout the trail and then descent to Saraswati Campsite. Highlights: Watch out for the drive from Vikas Nagar to Lokhandi. The trek starts from Lokhandi and builds up into a combination of dense and sparse forest trails populated by pine trees and wild strawberries. Note: Drive for about 4 hours. The pick up will be arranged by us but the cost of it has to be shared by the trekkers. It will cost Rs 12,000 for a tempo traveller and Rs 8,000 for a bolero.





Trek from Saraswati Campsite to Vyas Point; Descend to Chakrata; Drive back to Dehradun

Trek Duration: 6 hours | Trek Distance: 11 km Altitude gain and loss: 8193 ft to 9400 ft and to 7185 ft Difficulty: Moderate. Steep ascent from Saraswati Campsite to the main route. A mixture of gradual and steep ascents till Vyas point. Highlights: Watch out for the views from Vyas Point. A pleasant walk in oak and pine forests. Moderate day with a mixture of steep and gradual ascents to Vyas

### Point / Deoban Top. Descend to Chakrata and drive back to Dehradun.





## INCLUSIONS

- **Meals** All meals . We provide simple, nutritious vegetarian food on all days of the trek.
- Trek Equipment High-quality tents, sleeping bags are included in your trek fee. Technical equipment like ice axes, ropes, microspikes, gaiters etc., are also provided as and when required.
- Accommodation You will be camping in tents
- **Camping Charges** All trek permits and camping charges are included.
- **Safety Equipment** Your Trek Leader comes equipped with a High Altitude Medical Kit.



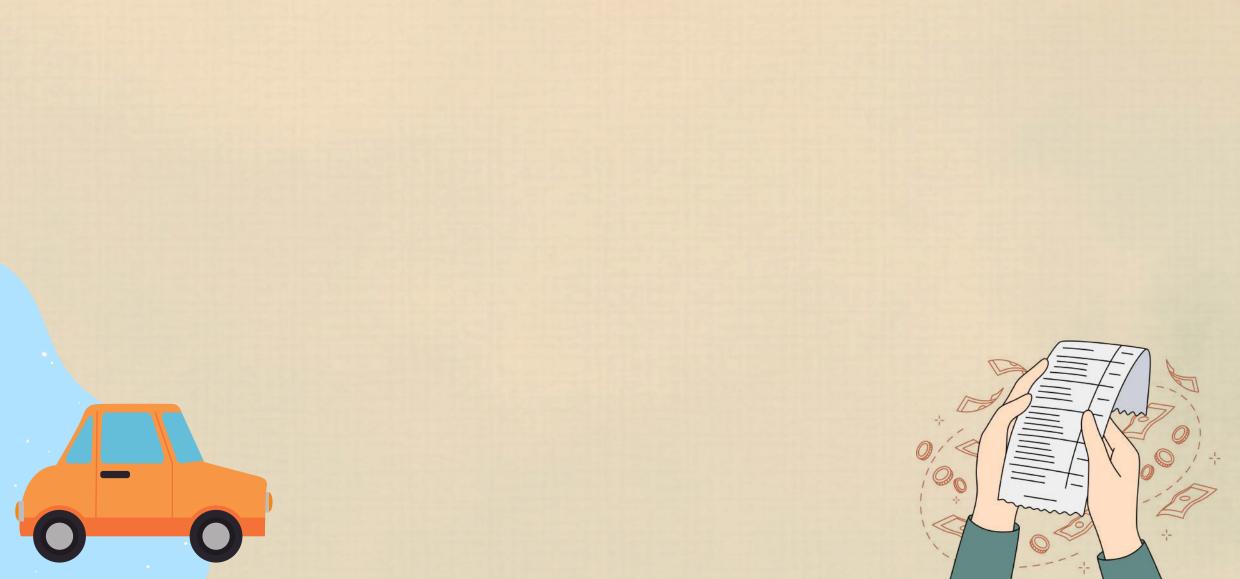




## EXCLUSIONS



- Transport to and from the Base Camp. Transport (Non Ac)
- Food during transit Any food you have during your travel to and from the base camp is in your own expense.
- Forest Charges for carrying still/video cameras etc.
- 5% GST
- Travel Insurance, if any
- Anything aprat from inclusions



## HOW TO REACH

#### By Air:

Jolly Grant Airport is the nearest airport to Dehradun by flight, almost 25km from the city. You can find regular flights from Delhi to Dehradun.

However, if you plan to reach Dehradun by flight, it is better to come one day in advance.

#### By Train:

Two express trains are convenient if you want to reach Dehradun from Delhi by train. With the train, it is an overnight journey. The two trains are mentioned below: Nandadevi Express – Train no: 12205 (Departure 11:50pm; Arrival – 5:40am) Dehradun Express – Train no: 12687 (Departure – 9:10pm; Arrival – 5:00am)

#### By Bus:

From Delhi, you can find a regular bus service to Dehradun. ISBT Kashmere Gate is the central bus station in Delhi, from where you will find both AC and non-AC buses for Dehradun.



## FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

#### Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.
- This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



### **CANCELLATION POLICY**

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

#### Please note cancellation will be only accepted by email. Booking amount is non refundable.





### **CANCELLATION POLICY**

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

#### **CONTACT US**



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