



CHAAINSHEEL BUGYAL TREK

Discover Yourself on the Trail!



www.himalayandaredevils.com



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

49 kms



MAX ALTITUDE

11750 ft



LAST ATM

Purola



BEST SEASON

May, June, Sep, Oct, Nov



BASE CAMP

Himari Camp



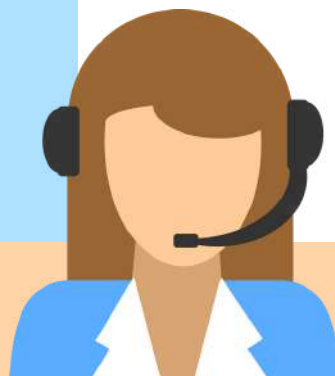
DIFFICULTY

Easy



DURATION

7 Days & 6 Nights



SERVICE FROM

Himari to Himari
Dehradun to Dehradun



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SHORT ITINERARY



DAY 1

Pickup to you from Dehradun railway station drive to Himari camp | Total distance – 210 km – 8/9 Hours journey

DAY 2

Trek from Himari camp to via Estari gad to Akhoti Thach | Total distance – 12 km – 6/7 Hours journey

DAY 3

Trek from Akhoti Thach to Gujar hat camp | Trek Distance – 04 km – 3/4 Hours journey

DAY 4

Trek from Gujar hat to Chaainsheel Bugyal -Explore around Chaainsheel Bugyal | Trek Distance – 06 km – 4/5 Hours journey



SHORT ITINERARY



DAY 5

Trek from Chaainsheel Bugyal to Akhoti Thach | Trek Distance – 10 km – 5/6 Hours journey

DAY 6

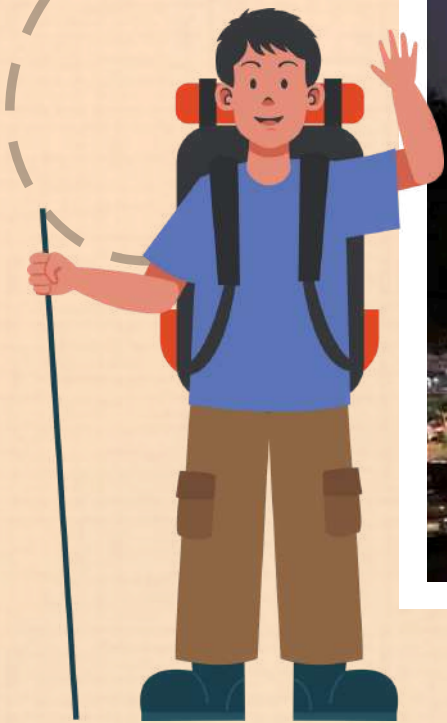
Trek from Akhoti Thach to Himari | Trek Distance –12 km – 5/6 Hours journey

DAY 7

Drive from Himari camp to Dehradun by cab | Trek Distance –210 km – 8/9 Hours journey



ITINERARY



DAY 1

Pickup to you from Dehradun railway station drive to Himari camp | Total distance – 210 km – 8/9 Hours journey

Himalayan Daredevils organizes transport for trekkers from Dehradun Railway Station in the morning which will leave for Khanyasni camp around 6:00 am to 7:00 am. During the journey there will be half an hour, stop at kempty fall. Have breakfast there and witness amazing views. The break will be of maximum 1 hour. Ahead the peaks are visible and further you will come close to holy Yamuna River. If you want, then take a short break of 20 minutes and enjoy being around it. Reach Mori and after 1 hour you will come across a check post Naitwar, reaching the Himari camp site you will enjoy the tea or snacks.





DAY 2

Trek from Himari camp to via Estari gad to Akhoti Thach | Total distance – 12 km – 6/7 Hours journey

Start your day with breakfast at Himari Camp and set off for Akhoti Thach with a packed lunch. The trail is easy, beginning with a gentle walk and gradual ascents, leading through dense pine forests. Follow the path along the Estari Gad River, crossing refreshing streams and passing through the village of Hadwari. As you trek further, spot diverse birds and wildlife before reaching the stunning meadow of Akhoti Thach. Set up camp in the heart of the meadow, relax, enjoy dinner, and spend the night under the stars.

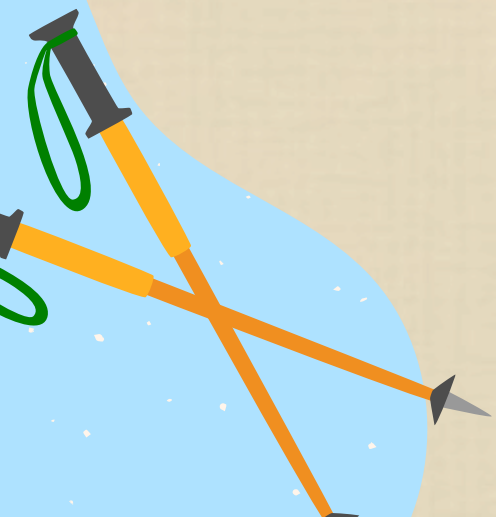




DAY 3

Trek from Akhoti Thach to Gujar hat camp | Trek Distance – 04 km – 3/4 Hours journey

Have breakfast at the camp and then start your trek towards Gujar hat camp. Towards the north you can see peaks of Himachal with amusing views of a unique mountain. You will come across streams on the way where you can take breaks. Enjoy the forest trek. Today only you can see pine tree and more other species – reach camp enjoy the hot lunch at camp site.





DAY 4

Trek from Gujar hat to Chaainsheel Bugyal -Explore around Chaainsheel Bugyal | Trek Distance – 06 km – 4/5 Hours journey

Leave Gujar Hat and trek to Chaainsheel Bugyal (11,750 ft), where forests open into vast meadows with snow patches and stunning Himalayan views. Spot Bandarpoonch Glacier, Ganga and Yamuna origins, and peaks like Swargarohini and Black Peak while walking along a scenic ridge. Set up camp and enjoy a peaceful night. The next day, explore the blooming meadows, witness breathtaking sunrises and sunsets, and soak in the serene beauty before another starlit night in your tent.





DAY 5

Trek from Chaainsheel Bugyal to Akhoti Thach | Trek Distance – 10 km – 5/6 Hours journey

Wake up early to catch the breathtaking sunrise over Chaainsheel Bugyal, the only valley offering views of towering peaks like Bandarpoonch, Black Peak, Swargarohini, and more. Enjoy your morning tea with snow-clad mountains before bidding farewell. Begin your descent to Akhoti Thach, passing through dense forests rich in birdlife. The trail is mostly easy, with a few challenging sections that can be navigated with care. Reach Akhoti Thach, set up camp, relish your meals, and spend the night under a star-studded sky.





DAY 6

Trek from Akhoti Thach to Himari | Trek Distance –12 km – 5/6 Hours journey

Today is the last day of your trek which is from Akhoti Thach to Himari camp, you will reach there in 4-5 hours. Retrace your steps and come back to the campsite of Dhaula where you were at Day 1. Meals and overnight stay in tents.

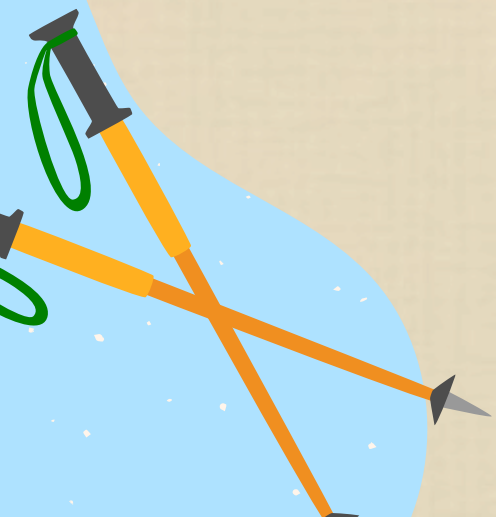




DAY 7

Drive from Himari camp to Dehradun by cab | Trek Distance –210 km – 8/9 Hours journey

Have your breakfast this is last day breakfast with team Himalayan Daredevils at Himari camp and leave for Dehradun, leave early so that you can reach on time.



TREK MAP

TREK MAP



INCLUSIONS



- Meals while on trek (Veg. + Egg).
- All necessary entry fees and permits.
- **Accommodation:** - Guest house, Home stay, camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- First aid medical kits, stretcher and oxygen cylinder.
- **Trek equipment:** Sleeping bag, mattress, tent, kitchen & dining tent, toilet tent, utensils and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.





EXCLUSIONS



- Any kind of personal expenses.
- Food during the transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Any kind of emergency evacuation charges
- Anything not specifically mentioned under the head.
- Transport (Non Ac)
- 5% GST



WHAT TO CARRY



TREKKING SHOES



BACKPACK



HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

Dehradun is well-connected by road, rail, and air. Depending on your location, you can choose one of these options to reach Dehradun:

By Air:

You can take a flight to Jolly Grant Airport in Dehradun, which is the nearest airport. From there, you can continue your journey to Sankri by road.

By Train:

Dehradun has a railway station, and you can take a train to Dehradun Railway Station. Many trains connect major cities to Dehradun.

By Road:

You can also reach Dehradun by road. Several buses operate from nearby cities like Delhi, Haridwar, and Rishikesh to Dehradun.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars or any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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