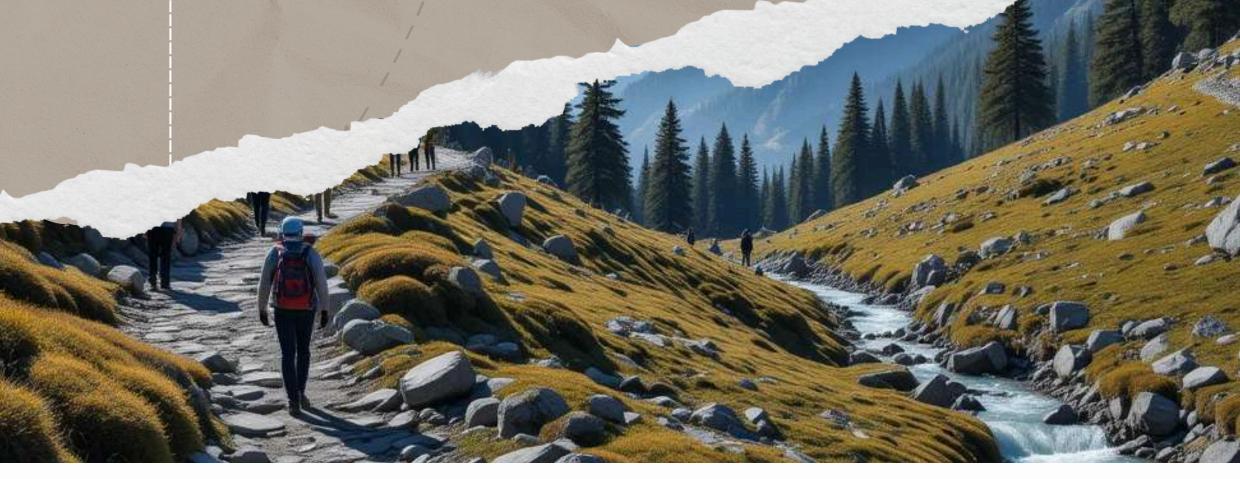


Discover Yourself on the Trail!



www.himalayandaredevils.com





himalayandaredevils@gmail.com



## TREK OVERVIEW



DISTANCE

98 kms



**BEST SEASON** June, Sep, Oct





Ķ





**LAST ATM** Purola



**BASE CAMP** Sankri



**DIFFICULTY** Difficult



**DURATION** 15 Days & 14 Nights





#### **SERIVCE FROM**

#### Dehradun to Dehradun Sankri to Sankri





www.himalayandaredevils.com

# SHORT ITINERARY

#### DAY 1

Dehradun to Sankri (1920 m) (210 km) (7/8 hours)

#### **DAY 2**

**Reserved for Briefing** 

#### DAY 3

Drive from Sankri to Taluka (11 km) and trek to Osla (2560 m) (4/5 hours)

#### DAY 4

Osla to Ruinsara Lake (3537 m) (6/7 hours)

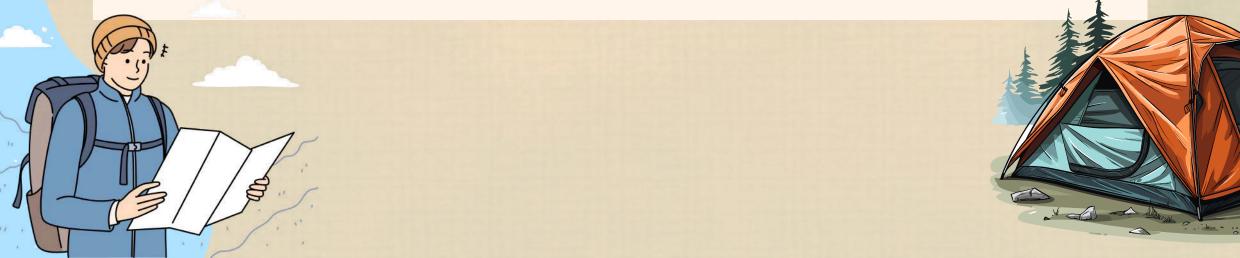
#### DAY 5

Ruinsara Lake to Base Camp (Kyarkoti) (3900 m) (7 km)

#### (5/6 hours)

#### DAY 6

## Load Ferry, Base Camp to Advance Base Camp (ABC) (4600 m) and return



# SHORT ITINERARY

#### DAY 7

**Base Camp to Advance Base Camp (ABC)** 

**DAY 8** 

ABC to Camp 1

#### DAY 9

Camp 1 to Summit Camp (5500 m)

#### **DAY 10**

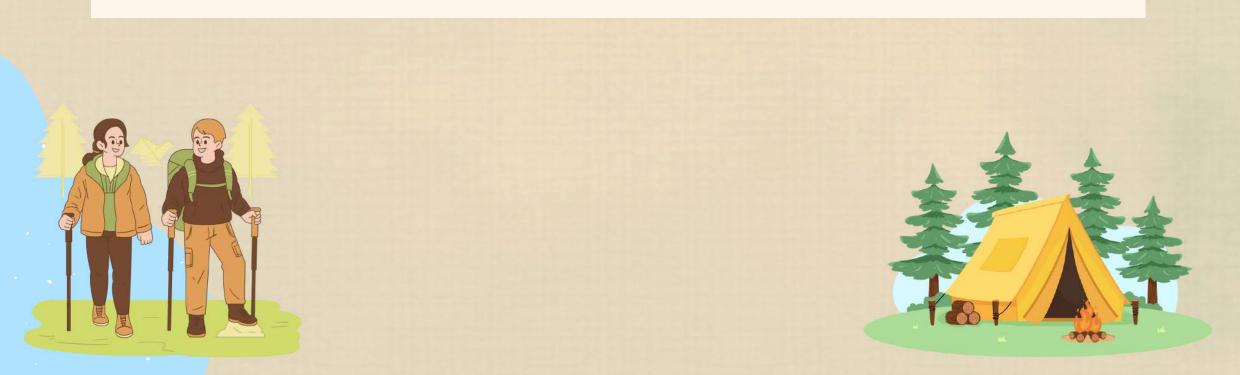
Summit attempt (Black Peak) (6387 m)

#### **DAY 11**

**Reserved for Summit attempt** 

#### **DAY 12**

#### Summit Camp to Base Camp



# SHORT ITINERARY

#### **DAY 13**

Base Camp to Osla

#### **DAY 14**

Osla to Taluka and drive to Sankri

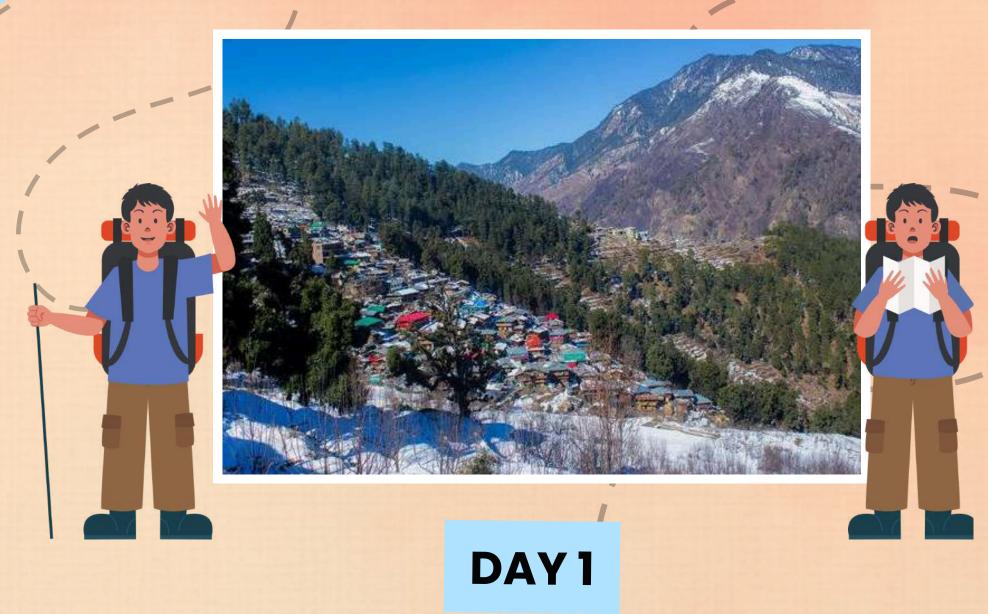
#### **DAY 15**

Sankri to Dehradun



## ITINERARY





#### Dehradun to Sankri (1920 m) (210 km) (7/8 hours)

Our pick up point is Dehradun Railway station , meet us there and then drive is towards Sankri. You can have your breakfast at Kempty Fall which is a famous picnic spot and is famous for a waterfall. Have your lunch in middle of

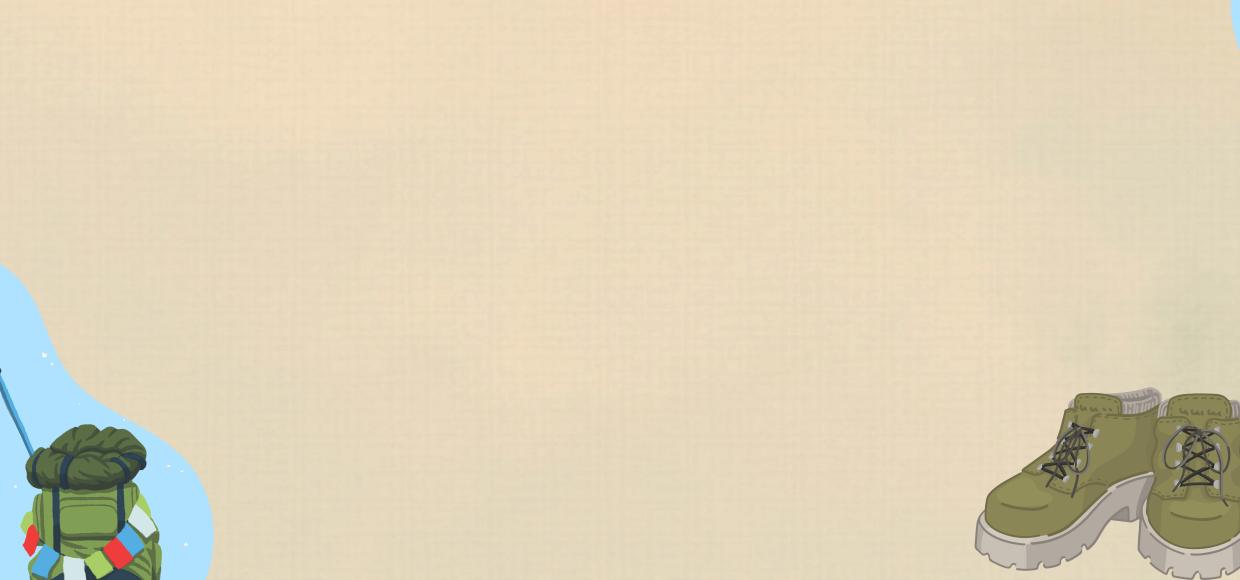
#### your journey at Purola.





#### **Reserved for Briefing**

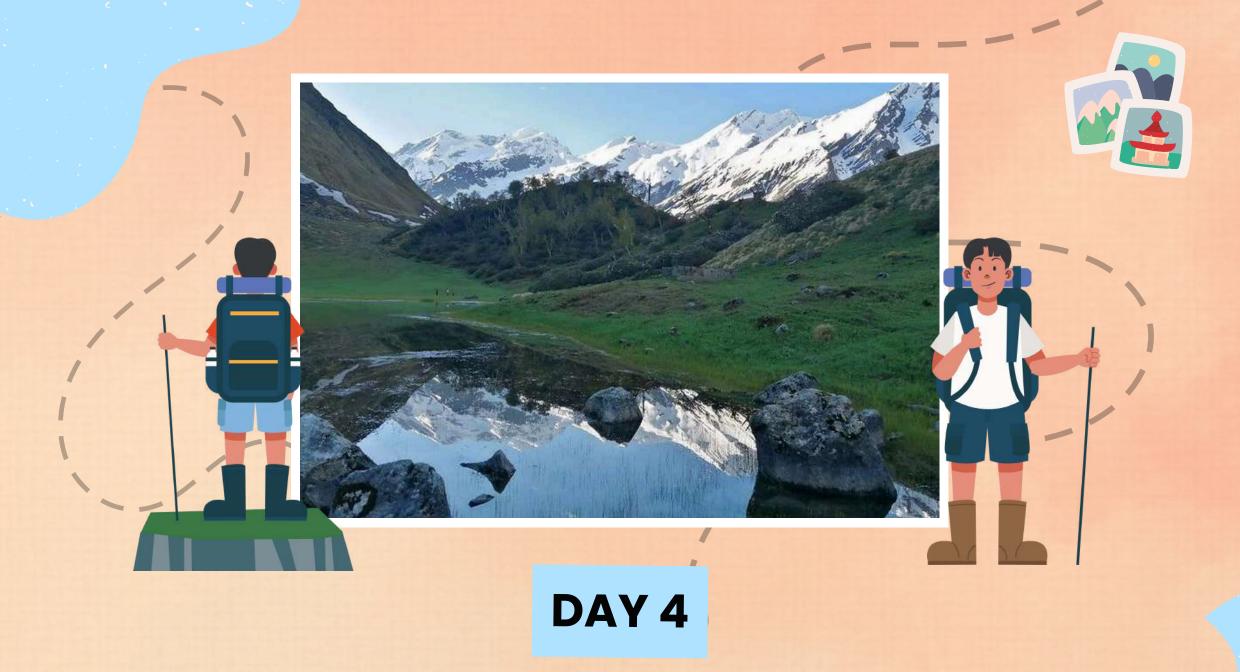
Get yourself prepared for the expedition today, our professional leader will brief you and will give all the details today. Complete the necessary documentation then you can rest or go on a short hike.





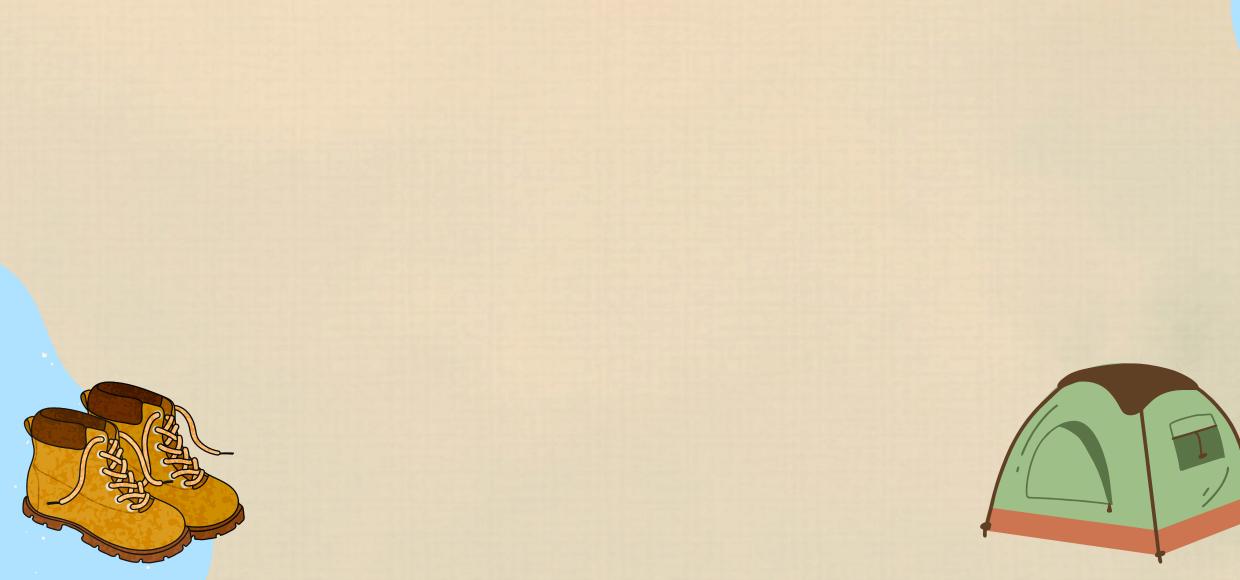
Drive from Sankri to Taluka (11 km) and trek to Osla (2560 m) (4/5 hours)

Have your breakfast and then leave for Taluka by taxi, it is 11 km away from Sankri. It is a mini village with some cemented houses and hotels. Start the trek from Taluka, heading towards Osla. Go through dense forests with abundant walnut trees, ahead catch views of Himalayan villages. After a gradual ascent reach Osla village, it is the biggest village famous for its culture. There is a temple of Duryodhana worshipped by the villagers. Explore this quaint place, after pitching your tents retire for the night.



#### Osla to Ruinsara Lake (3537 m) (6/7 hours)

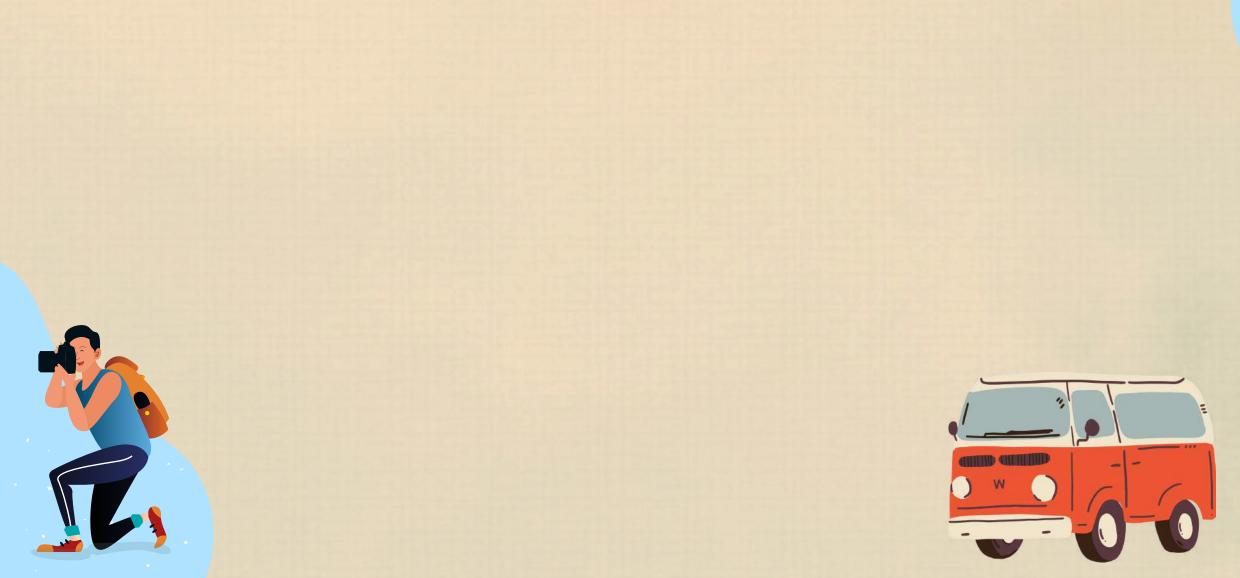
Wake up early in the morning and after breakfast leave for Ruinsara, it is a glacial lake considered sacred by the villagers the pure waters of this lake is worshipped by them.





Ruinsara Lake to Base Camp (Kyarkoti) (3900 m) (7 km) (5/6 hours)

Start from Ruinsara Lake and head towards Kyarkoti (Base Camp). From here Black Peak is visible, the sight is enough to energize you for upcoming days. Kyarkoti is a meadow amidst mountains and boulders, setup your tents and settle for the day.





Load Ferry, Base Camp to Advance Base Camp (ABC) (4600 m) and return

Begin the day with a scenic ferry journey from the Base Camp to Advanced Base Camp (ABC) and back, allowing you to soak in the stunning views of the surrounding landscapes during the ride. The ferry trip offers a chance to experience the serene waters and marvel at the natural beauty of the region. After returning to the Base Camp, enjoy a peaceful overnight stay, with ample time to relax and rejuvenate while surrounded by the tranquil environment of the camp.



#### **Base Camp to Advance Base Camp (ABC)**

Retrace your steps along the same picturesque path you followed yesterday from Base Camp to Advanced Base Camp (ABC). As you journey through the familiar trail, take the opportunity to notice the subtle changes in the landscape that may have escaped your attention before. The route winds through serene natural surroundings, with towering mountains, dense forests, and breathtaking vistas creating a sense of awe. Along the way, reflect on the progress made during your previous trek, reliving the sense of accomplishment with each step. Upon reaching ABC, pause to absorb the beauty of the surroundings before making your way back to the Base Camp for another peaceful evening amidst nature



#### ABC to Camp 1

Embark on the journey from Advanced Base Camp (ABC) to Camp 1, a path that takes you deeper into the heart of the stunning Himalayan landscape. As you ascend, the trail offers increasingly clear and awe-inspiring views of the majestic Black Peak (Kala Nag). The towering, snow-clad summit looms ever closer, its rugged beauty an incredible sight to behold. The trek challenges and rewards you in equal measure, with the crisp mountain air and serene environment amplifying the sense of adventure. Take moments to pause along the way to fully embrace the grandeur of Black Peak against the backdrop of an endless blue sky. Upon reaching Camp 1, settle in and relish the unique perspective of being closer to the iconic peak, surrounded by the unspoiled tranquility of the highaltitude wilderness.





#### Camp 1 to Summit Camp (5500 m)

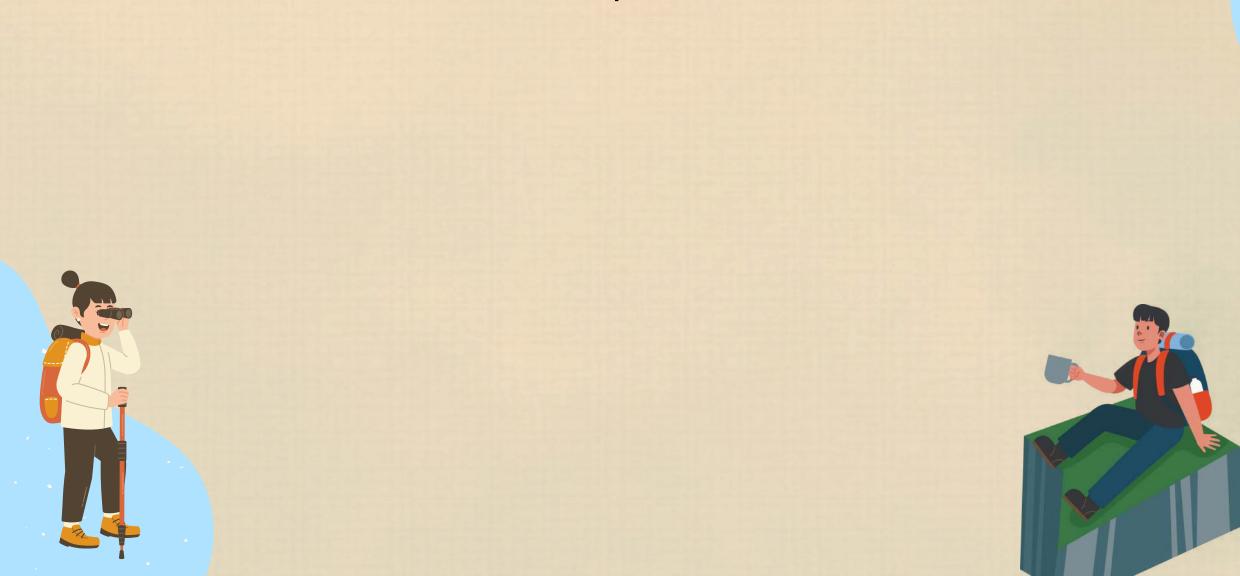
The ascent to Summit Camp is steep and demands effort as you climb to an altitude of 5,500 meters. The trek takes approximately three hours, with breathtaking views accompanying you along the way. Upon reaching the campsite, the team will set up tents in the serene highaltitude setting. As the evening sets in, take a moment to appreciate the majestic surroundings before retiring early

# to your tent to rest and prepare for the next stage of the journey.



#### Summit attempt (Black Peak) (6387 m)

Start early after midnight after analysing the weather and trail conditions. In the morning the ice remains tough and hard so walking on it becomes easier. Height of Black Peak (Kala Nag) is 6387 metres and it is a steep ascent, use your equipment and reach the top. Traversing the top will give you the feeling of contentment. After spending some time there descent to Summit camp.

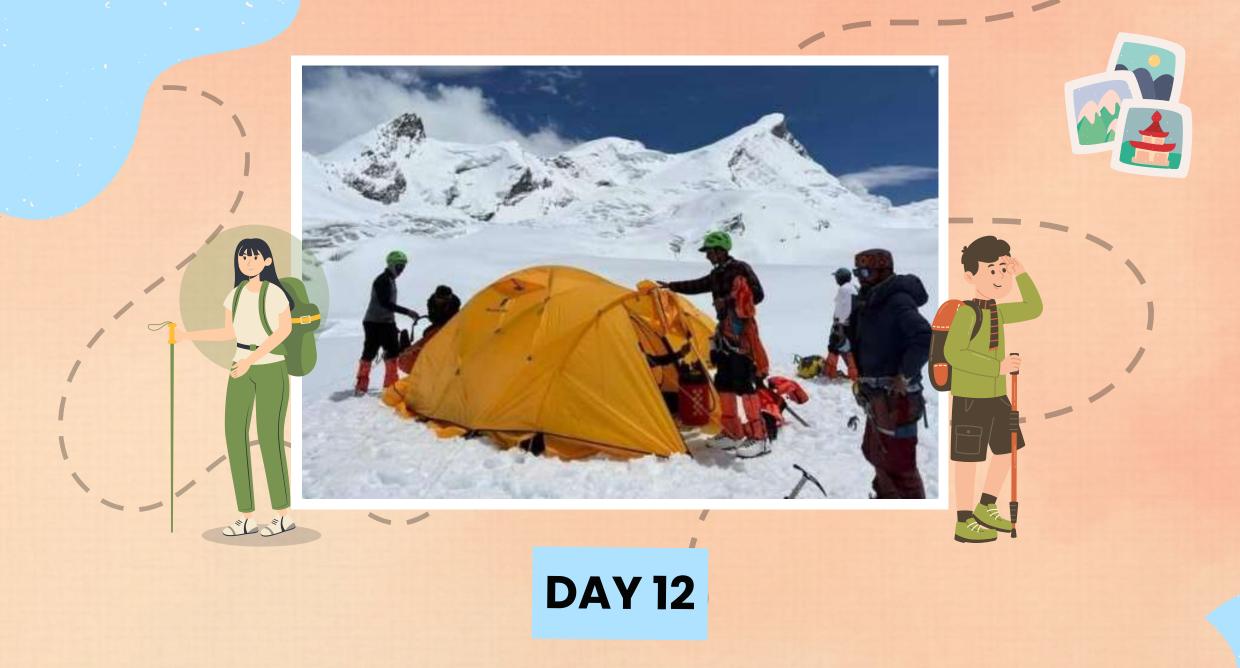




#### **Reserved for Summit attempt**

This day is reserved entirely for the much-anticipated summit attempt. It marks the culmination of days of effort, preparation, and perseverance. The focus will be on rest, acclimatization, and mental preparation to ensure you're ready for the challenges ahead. Use the time to review the route, double-check your gear, and go over safety protocols with your team. Take the opportunity to relax and conserve energy while soaking in the majestic surroundings of the Summit Camp. This is a critical phase where both body and mind are aligned for the ultimate goal of reaching the peak. The anticipation builds as the team prepares for the adventure that lies ahead.





#### Summit Camp to Base Camp

After the incredible accomplishment of reaching the summit, the journey continues with a descent from Summit Camp back to Base Camp. With hearts full of pride and memories of the breathtaking views from the peak, the descent offers a chance to reflect on the remarkable achievement. The path down, though less strenuous than the ascent, still requires focus and careful footing, as you navigate the rugged terrain. As the altitude decreases, the air grows richer, and the familiar sights of the trail provide a sense of comfort and accomplishment. Upon reaching Base Camp, you'll be welcomed with a well-earned sense of relief and celebration, marking the successful completion of this extraordinary adventure.





#### **Base Camp to Osla**

The descent from Base Camp to Osla village takes you through serene forests and meadows, with the familiar landscape offering a peaceful return after the highaltitude challenges. The trail is gentler, allowing you to reflect on the journey as you make your way down. Upon reaching Osla, the traditional wooden houses and welcoming locals provide a sense of comfort. Settle in for a

## restful evening, reminiscing about your adventure in the tranquil village atmosphere.





#### Osla to Taluka and drive to Sankri

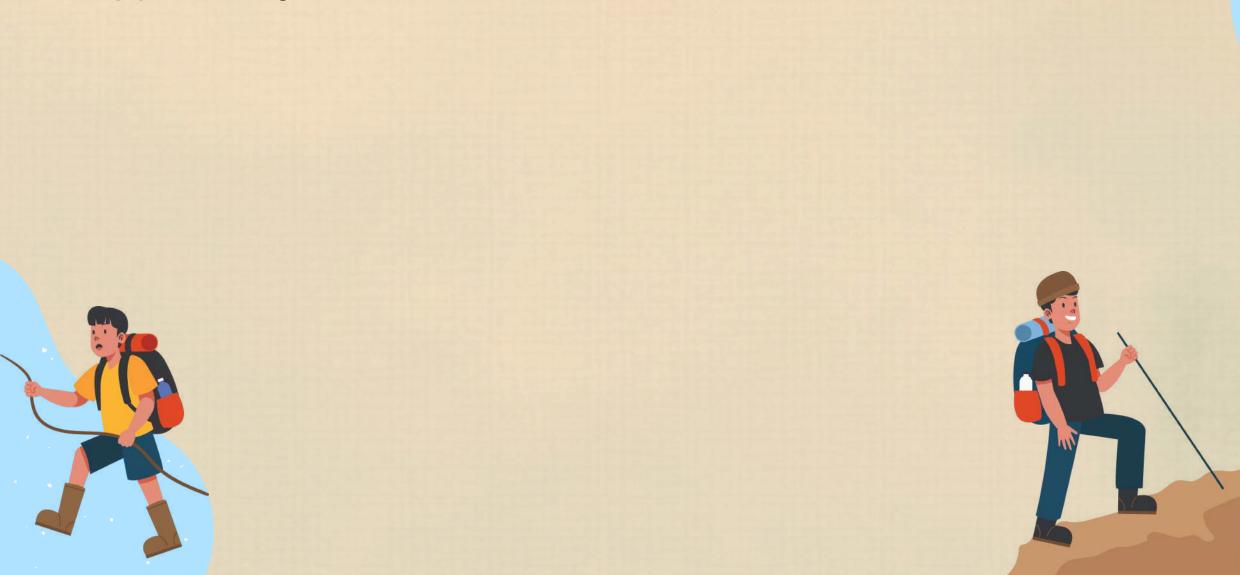
Bid adieu to this quaint village and start the descent to Taluka. Reach there and take a small break. The trek ends here and vehicles will be arranged for Sankri.



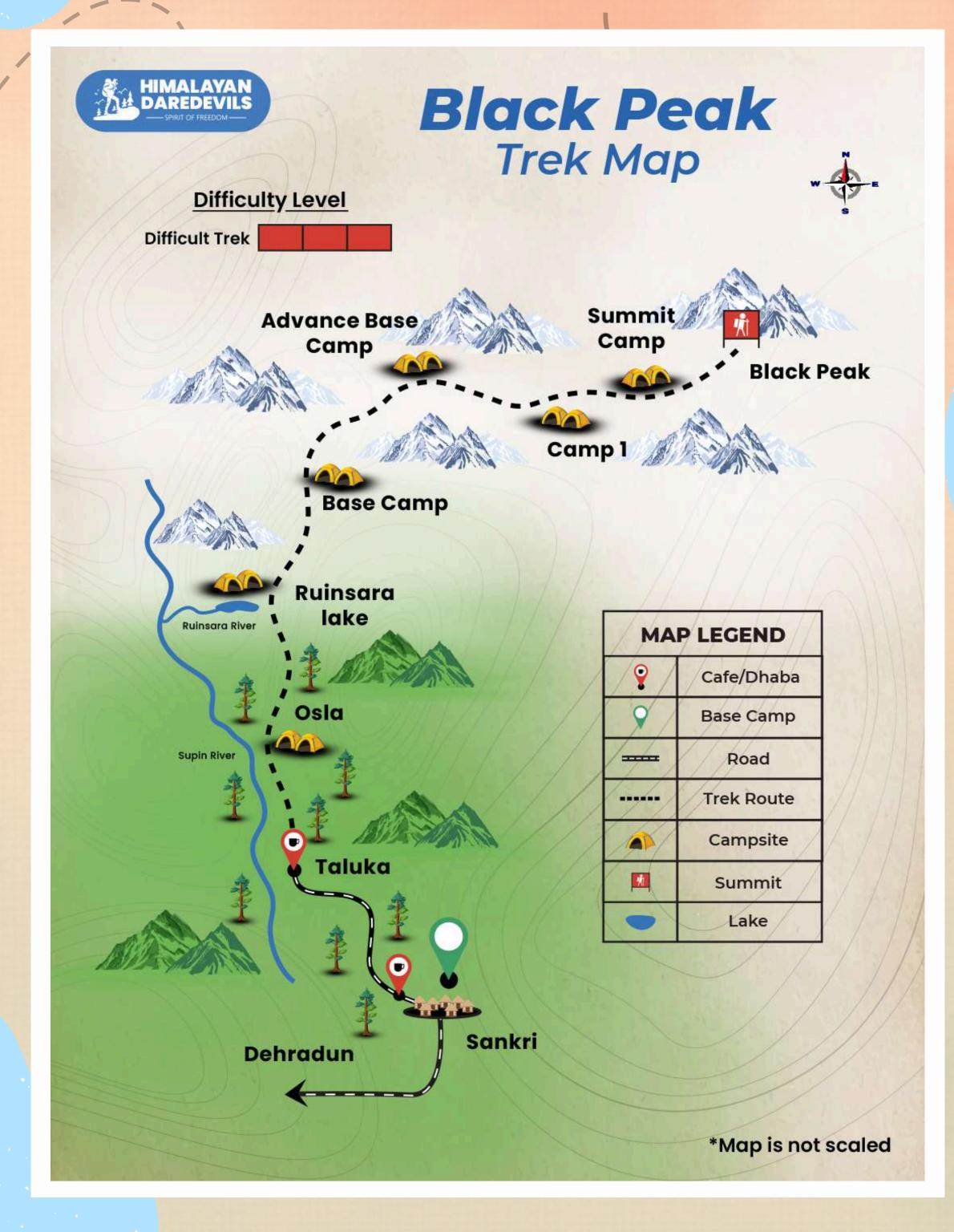


#### Sankri to Dehradun

Leave Osla village early to ensure a timely arrival in Dehradun by 6:00 pm. The journey, though long, offers a chance to enjoy the changing landscapes as you make your way down. Passing through villages and lush greenery, you'll reflect on the trek while getting closer to the bustling city. Reaching Dehradun in the evening provides a perfect opportunity to relax and unwind after the adventure.



## TREK MAP-





# INCLUSIONS

- Accommodation Guest House, Homestay, Camping
- Meals 3 times a day; veg./egg only (includes freshly-

cooked meals, snacks, tea /coffee/soup, etc.)

- Permit Charges in National Parks and Sanctuaries as part of the experience
- Camping Equipment sleeping bags, mattresses
- Technical and Safety Equipment Wilderness Medical Kit,
  Ice Axe, Microspikes, Climbing Rope, Climbing accessories,
  Oxygen Cylinder, BP Meter, oximeter, thermometer etc.
- Highly Experienced Outdoor Instructor : Grade A in Advanced Mountaineering course
- Wilderness First Responder (WFR) certified from NOLS
- Mules to carry group equipment







# EXCLUSIONS

- Any kind of personal expenses
- Mules or porter to carry personal luggage.
- If anyone leaves the trek against the schedule (unable

to complete or dropping out for any reason)

- Any kind of emergency evacuation charges.
- Any extra demand like personal guide, personal porter, personal vehicle
- Food during the transit
- Insurance
- 5% GST
- Transport from Rishikesh to Rishikesh. Transport (Non

#### Ac)

Anything not specifically mentioned under the head

"What's included".



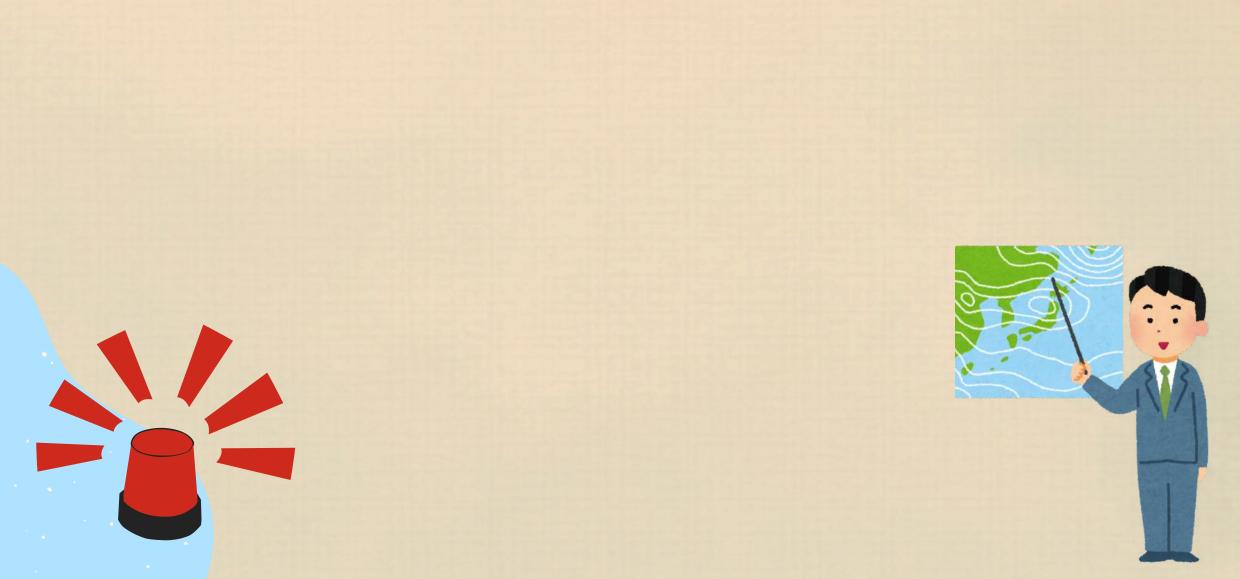
 $\overline{\mathbf{A}}$ 



# EXCLUSIONS



- Cost incurred due to change in itinerary due to change in weather conditions, roadblocks or any natural factors beyond human control.
- Additional services availed during the trek (including mules, assistance, health related support etc.)
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/ cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.



## WHAT TO CARRY





**LUNCHBOX** 

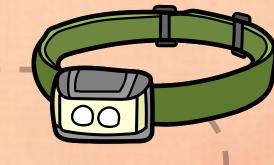
**\*** 



SOCKS

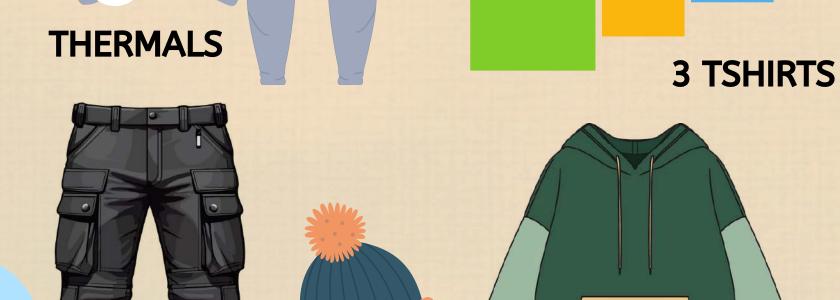


HAND GLOVES



**HEAD LAMP** 

**UV SUNGLASSES** 



CAP

**貅** %



**2 TREK PANTS** 

**FLEECE & HOOD** 

**RAIN COVER** 

## **COMPULSARY DOCUMENTS**

These files must be submitted to the Forest Department before your trek. With none of these, you will not be permitted to trek. Original and photocopy of government photo identity card. Carry Ids like Aadhaar, voter id, etc

#### **IMPORTANT POINTS**

- It is mandatory for trekkers to carry a copy of their photo ID for entry at forest check posts on the trek.
- It is not for the first time trekkers. You should have done atleast 2 high altitude treks.
- All participants are expected to have a fitness level, stamina and the ability to sustain harsh environments.
- Every trekker will have to undergo a temperature and other vitals check every day.
- Do weigh your Gears post packing. It should not exceed the range of 10-12 kg - preferably on the lighter side.



### **COMPULSARY DOCUMENTS**

#### NOTE

- Normally we expect to carry your personal luggage on your own, if you wish to offload your backpack, you can give it to Mule.
- Charges of offloading backpack:
- Offloading charges : Rs.650/- day / 10kg bag
- Incase buffer day is used, Rs.2800 per person / day will be charged.
- The backpack cannot weigh more than 10 kgs. Backpack should have waterproof cover. Suitcases/ strolleys/ bags will not be allowed.



# HOW TO REACH

#### By Air:

The nearest airport to Sankri is Jolly Grant Airport in Dehradun, Uttarakhand. From there, you can hire a taxi or take a shared cab to reach Sankri, the base village for the trek. The distance between Dehradun and Sankri is approximately 200 km, and the journey takes around 8 hours by road.

#### By Train:

The nearest railway station to Sankri is Dehradun Railway Station. From the railway station, you can hire a taxi or take a shared cab to reach Sankri. The distance between Dehradun and Sankri is approximately 200 km, and the journey takes around 8 hours by road.

#### By Road:

If you are traveling by road, you can take a bus or hire a taxi from Dehradun to reach Sankri. Regular buses

## operate from Dehradun to Sankri. The journey takes around 8 hours.



## FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

#### Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.
- This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



## **CANCELLATION POLICY**

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

#### Please note cancellation will be only accepted by email. Booking amount is non refundable.





## **CANCELLATION POLICY**

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

#### **CONTACT US**



www.himalayandaredevils.com



himalayandaredevils@gmail.com

#### +916398989097

