



BHOWALI RAMGARH TREK

Discover Yourself on the Trail!



www.himalayandaredevils.com



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

20 kms



MAX ALTITUDE

5597 ft



LAST ATM

Bhowali



BEST SEASON

Summer and Autumn



BASE CAMP

Bhowali



DIFFICULTY

Easy



DURATION

4 Days & 5 Nights



SERVICE FROM

Dehradun to Dehradun
Bhowali to Bhowali



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SHORT ITINERARY



DAY 1

Dehradun – Bhowali (299 kms) 8-9 hours drive

DAY 2

Bhowali – Ramgarh – Bhowali

DAY 3

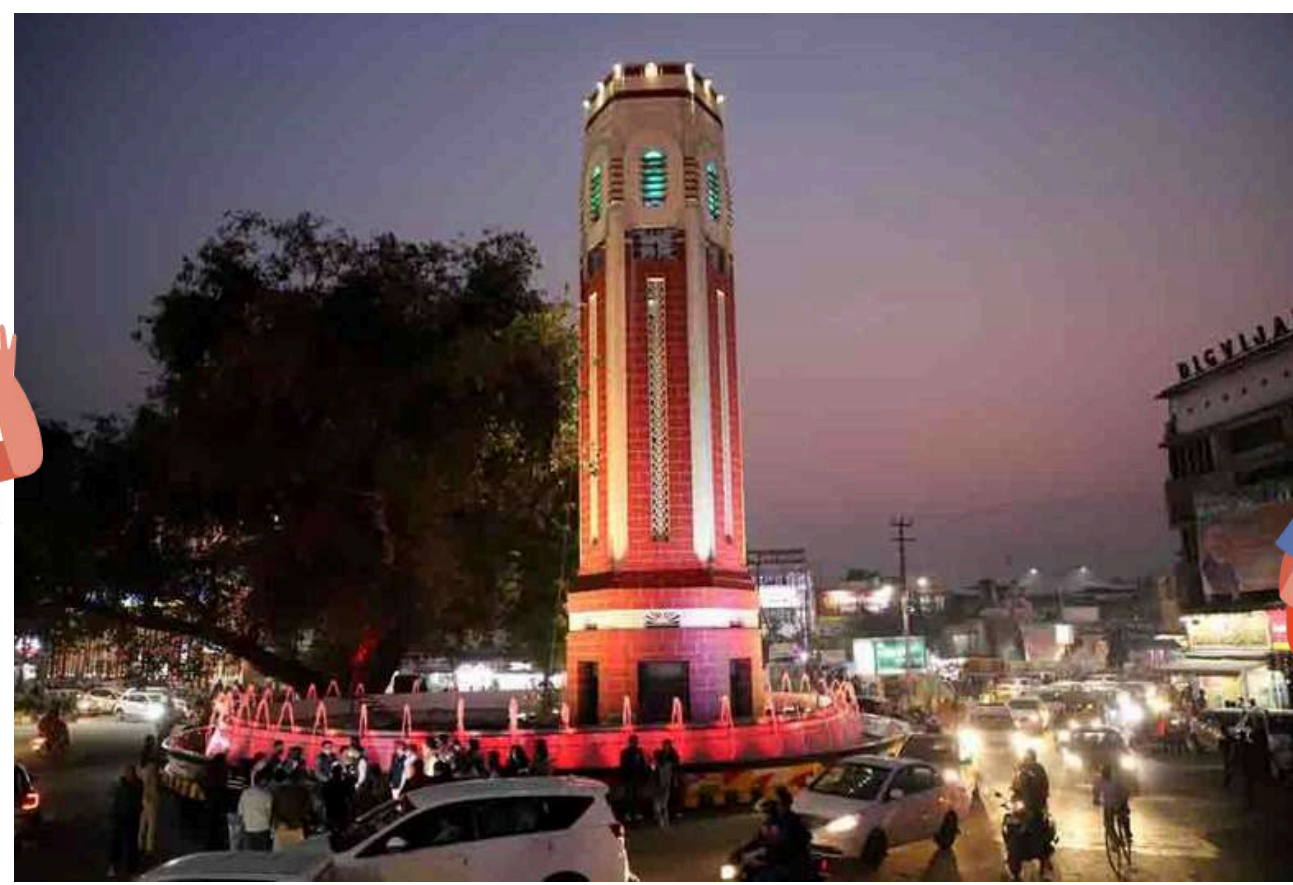
Bhowali – Nainital (11 kms) 2292 mts

DAY 4

Bhowali – Dehradun (299 kms) 8-9 hours drive



ITINERARY

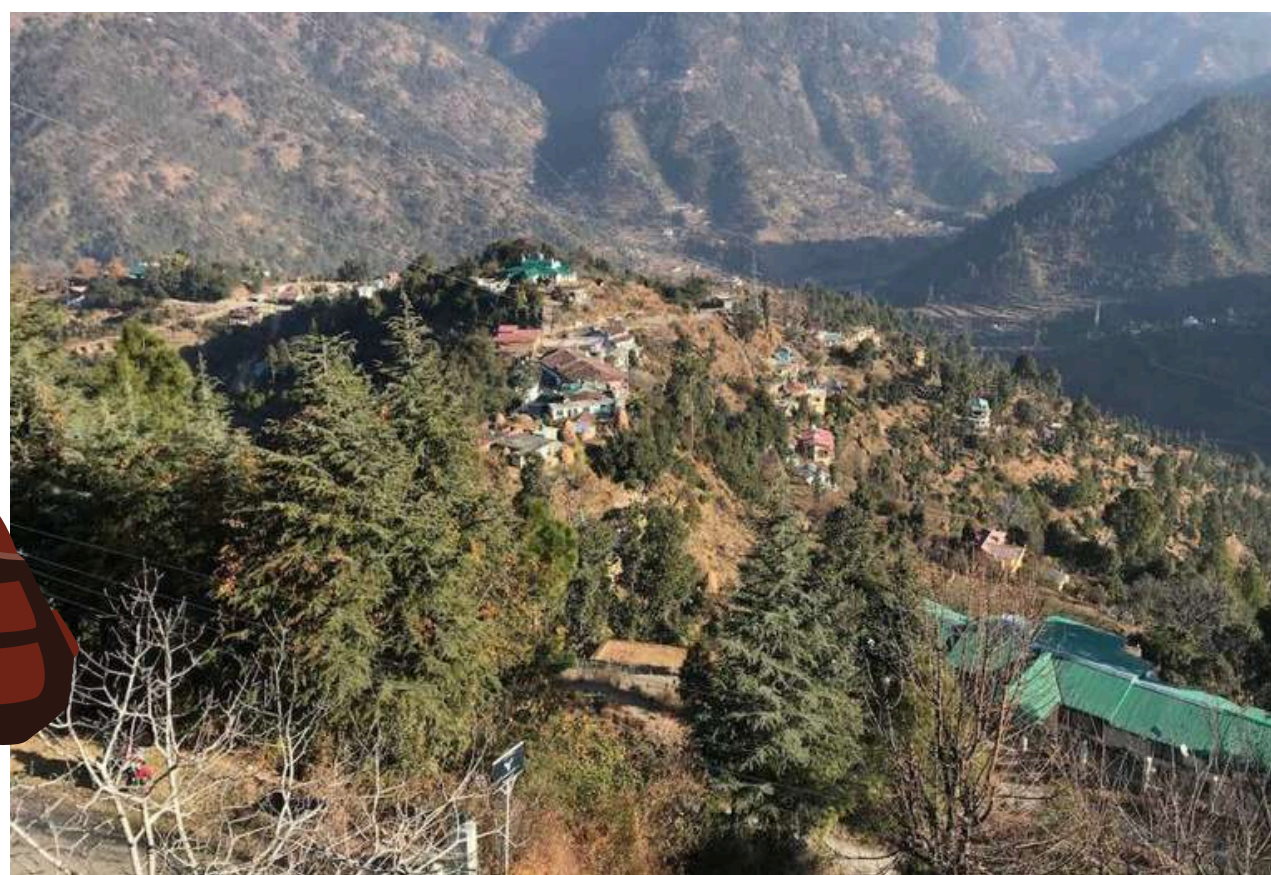


DAY 1

Dehradun – Bhowali (299 kms) 8-9 hours drive

We begin our journey early from Dehradun, following the Ambala-Dehradun-Haridwar route towards Bhowali in Nainital district. This 299 km drive takes 8 to 9 hours, leading to a scenic village known for the Golu Devta Temple and Himalayan wildlife like jackals, kakkar, eagles, and pheasants. Upon arrival, we settle into a guest house for an overnight stay, preparing for the trek ahead.



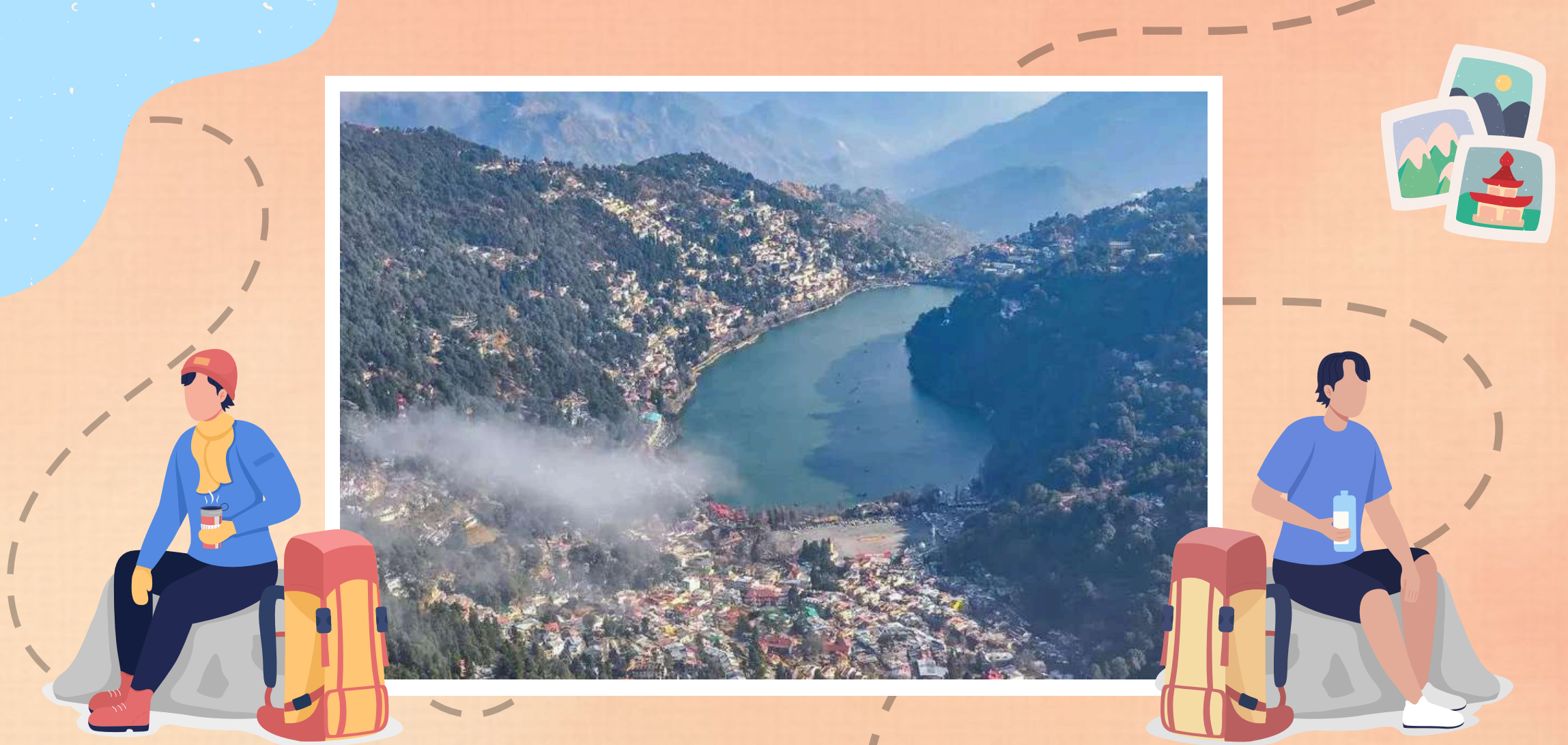


DAY 2

Bhowali – Ramgarh – Bhowali

After breakfast, we embark on a morning drive to Ramgarh, the starting point of our trek. The 7 km trail, taking 4 to 5 hours, winds through dense wooded forests, leading first to Tagore Top (3 km) and then further to Maheskhan (4 km). After exploring the serene landscapes, we trek back and return to Bhowali for an overnight stay.

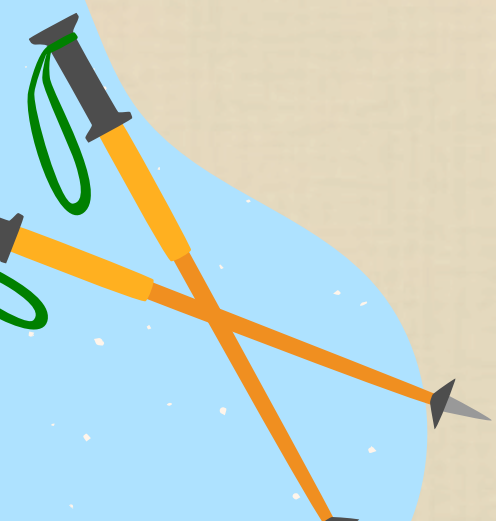




DAY 3

Bhowali – Nainital (11 kms) 2292 mts

After breakfast, we begin our 11 km trek, taking 5 to 6 hours to explore Land's End, Dorothy Seat, and Tiffin Top. Tiffin Top offers stunning Himalayan views, while Dorothy Seat, a memorial for English painter Dorothy Kellet, adds a historical touch. After soaking in the scenic beauty, we return to Bhowali by road and stay overnight at a guest house.





DAY 4

Bhowali – Dehradun (299 kms) 8-9 hours drive

After breakfast, we begin our 299 km drive back to Dehradun, concluding our adventure. The 8 to 9-hour journey offers a final glimpse of Uttarakhand's scenic landscapes before we arrive by evening.



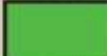
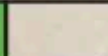
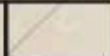
TREK MAP



Bhowali Ramgarh Trek Map



Difficulty Level

Easy Trek   



MAP LEGEND	
	Lake
	Base Camp
	Road
	Trek Route
	Cafe/Dhaba

*Map is not scaled



INCLUSIONS



- All accommodations on twin sharing tents as per the itinerary.
- All meals during the trek (vegetarian with occasional serving of eggs) including breakfast, hot/packed lunch, and dinner with morning and evening tea Mayali Pass Trek
- Certified Trek Leader, Cook and Support Staff
- Medical Kit
- Forest Permits
- Camping Equipment including tents, kitchen & dining tents, toilet tents etc
- Gaiters, Microspikes, when needed





EXCLUSIONS



- Any kind of personal expenses.
- Food during transit.
- Mules or porters to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



WHAT TO CARRY



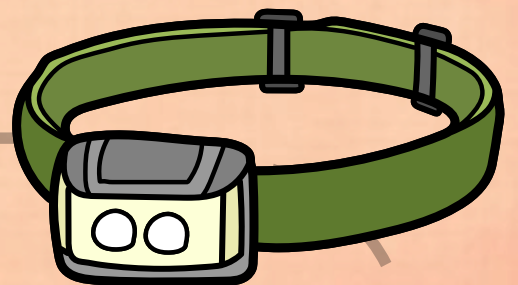
TREKKING SHOES



BACKPACK



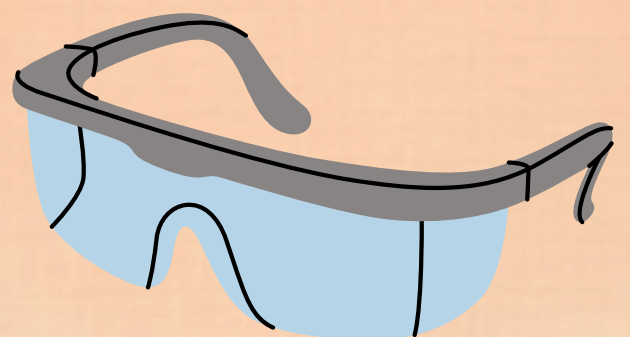
HAND GLOVES



HEAD LAMP



LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

By Road

From Delhi :

- Distance: About 260 km.
- Time: 6 to 7 hours.
- Route: NH 44 should be taken; this road goes through Meerut, Muzaffarnagar, and Roorkee which is scenic.
- Suggestion: You may take a cab or book a cab online rather than getting stressed out about availability.

Local Buses:

- Frequency: Buses are available in the regions of Delhi, Chandigarh, and Haridwar after every hour.
- Forms: AC and non-AC buses are both provided.
- Booking: These can be bought online or at the bus stop

Self Drive:

- Benefits: You can also check out places on your way around.



HOW TO REACH

By Air

Jolly Grant Airport:

- Distance from the airport to Dehradun: It is 25 kilometers.
- Air Transport Available: Major Indian metropolitan cities namely Delhi, Mumbai and Bangalore have rounds of flights to this airport regularly.
- Time: 1 hour starting from Delhi.
- Transportation after the flight:
- Alternatives: Taxis and private cabs are available outside the airport.
- Time taken to travel from the airport to Dehradun: 40 to 60 minutes.



HOW TO REACH

By Train

Dehradun Railway Station:

- Connectivity: Trains connect it well to prime locations such as Delhi, Mumbai, and Calcutta.
- Popular Trains:

1. Nanda Devi Express: Travel time is Nanda Devi overnight service.
2. Shatabdi Express: Day service; fast and comfortable.
3. Dehradun Express: Return options are available regularly.

From the Station:

Local Transport: Locals recommend wholesale taxis, auto-rickshaws, or local buses to the city or the trekking starting point.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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