



BAMSARU KHAL TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

75 kms



MAX ALTITUDE

15091 ft



LAST ATM

Uttarkashi



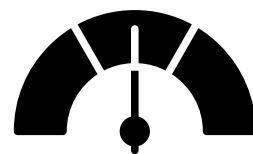
BEST SEASON

May to Sep



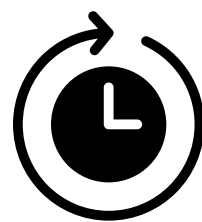
BASE CAMP

Uttarkashi



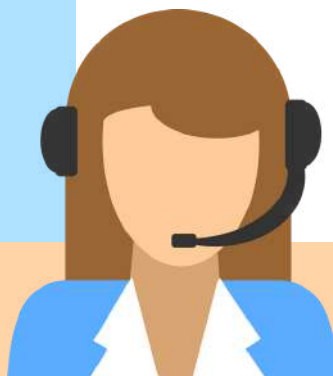
DIFFICULTY

Moderate



DURATION

9 Days & 8 Nights



SERVICE FROM

Uttarkashi to Uttarkashi
Dehradun to Dehradun



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SHORT ITINERARY



DAY 1

Dehradun to Uttarkashi

DAY 2

Uttarkashi to Sangam chatti and trek to Manjhi via
Agora and Bhebra

DAY 3

Manjhi to Dodital

DAY 4

Dodital to Bingad via Darawa top

DAY 5

Bingad to Kanatal

DAY 6

Kanatal to Bamsaru Kha and descent to Bamsaru base



SHORT ITINERARY



DAY 7

Bamsaru base to Songad via Chupkatidhar

DAY 8

Songad to Sukki and Drive to Harsil

DAY 9

Harsil to Dehradun



ITINERARY



DAY 1

Dehradun to Uttarkashi

Our journey begins from Dehradun Railway Station, heading towards Uttarkashi, with stunning views of the Ganga River on the right. Along the way, we'll stop at Tehri Dam before continuing through picturesque valleys and mountains. Upon reaching Uttarkashi, we'll check into our hotel and later visit the revered Kashi Vishwanath and Shakti temples. The drive covers 140 km and takes approximately 5 to 6 hours.



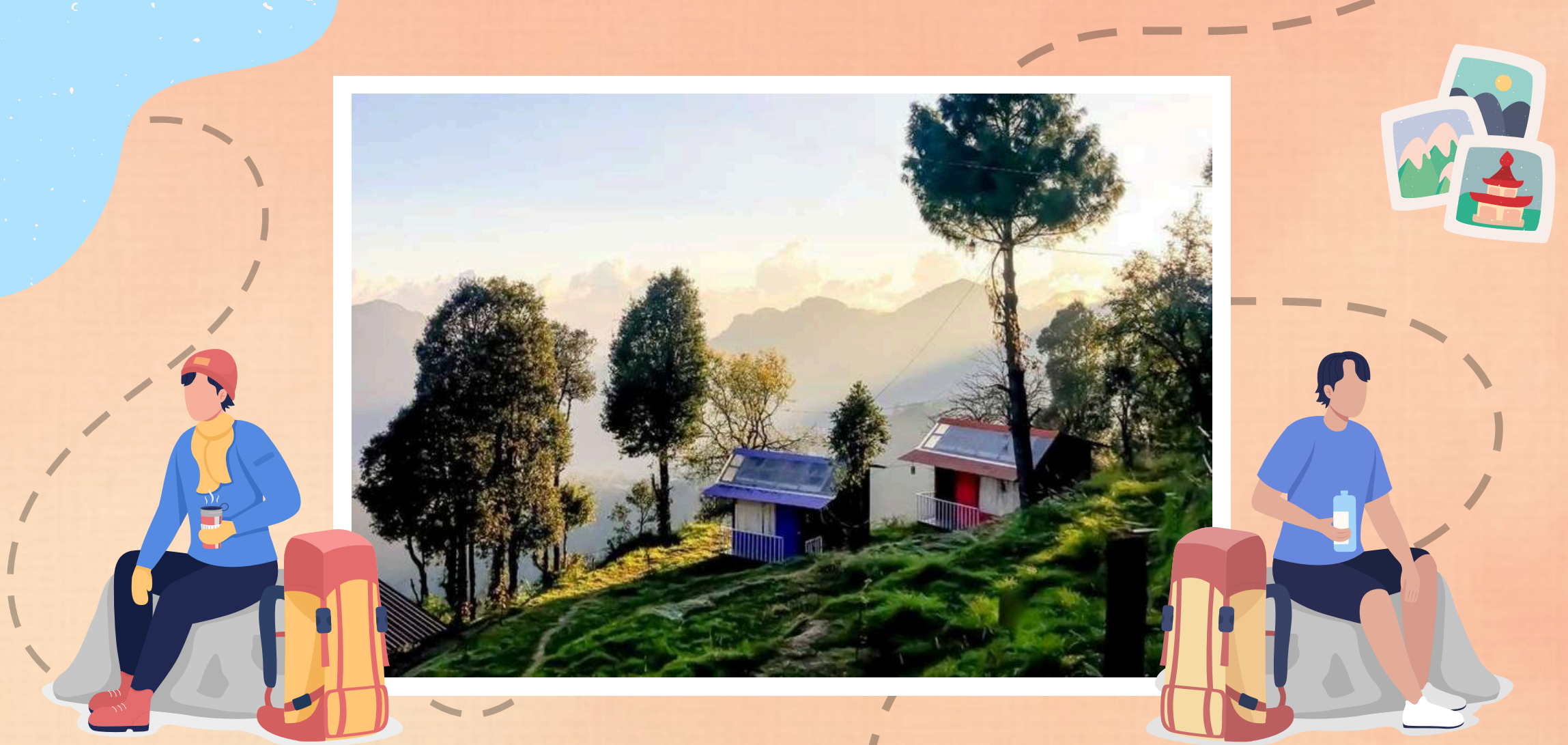


DAY 2

Uttarkashi to Sangam chatti and trek to Manjhi via Agora and Bhebra

After breakfast at the hotel, drive 15 km to Sangam Chatti, about an hour away, and begin your trek on a steep stone trail. As you ascend, snow-covered mountains come into view, with Agora village visible in the distance. Passing a waterfall near the Agora welcome board, the trail narrows but remains well-trodden. Descend to Bhebra, crossing a river using rocks, then climb a ridge through a shaded forest. After crossing the final ridge, Bakria Top appears, leading to Manjhi, a serene forest clearing with 10-15 shepherd's huts. Set up camp, enjoy dinner, and rest for the night.

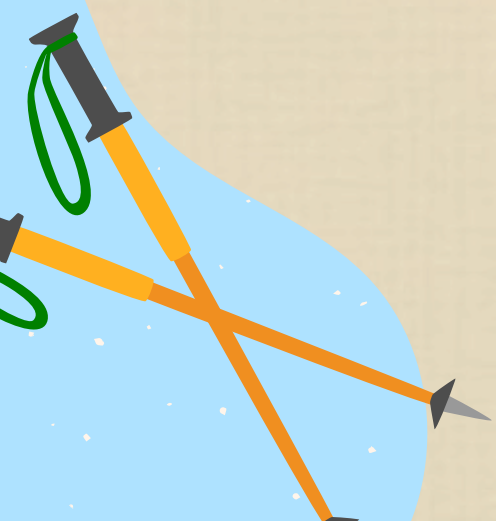




DAY 3

Manjhi to Dodital

Trek through a vast expanse of oak forest, where winter conditions may require an ice axe due to heavy snow. After a 6.2 km trek taking about 2 to 3 hours, arrive at Dodital, a serene lake believed to be the birthplace of Lord Ganesha. Surrounded by towering mountains on three sides, the lake offers a peaceful retreat with ample space. Nearby, guest houses and temples add to the spiritual ambiance, with a gentle stream flowing before the lake. Spend the evening exploring the temples, enjoy a warm dinner, and rest for the night.





DAY 4

Dodital to Bingad via Darawa top

Climb through scenic meadows with patches of snow, surrounded by vibrant rhododendron trees, as you make your way to Darwa Pass. The ascent gets steeper, but the breathtaking 360-degree view from the top, featuring peaks like Swargarohini, Bandarpunch, and Srikantha, makes it worthwhile. After soaking in the stunning vistas of valleys and mountains, begin the descent on an unmarked trail, where you might encounter shepherds along the way. Upon reaching Bingad after an 11.5 km trek lasting 5 to 6 hours, set up camp, enjoy dinner, and rest for the night.





DAY 5

Bingad to Kanatal

After breakfast, trek through the stunning Bingad Valley towards Deodamini, a picturesque high-altitude meadow near Bandarpunch. The serene landscape, surrounded by towering peaks, offers a perfect spot to take in the beauty of the Himalayas. After exploring Deodamini, begin your return journey to the Kanatal base. Upon arrival, unwind with a hearty dinner and spend the night in comfortable tents, reminiscing about the day's adventure.





DAY 6

Kanatal to Bamsaru Kha and descent to Bamsaru base

Today's challenge is the ascent to Bamsaru Khal, where breathtaking views of the entire Gangotri peak group await at the summit. The descent to the Bamsaru base is steep, requiring careful navigation. Upon reaching the campsite beside a serene stream, set up your tents and unwind after the day's trek. Enjoy a peaceful night's rest, surrounded by the tranquility of the mountains.

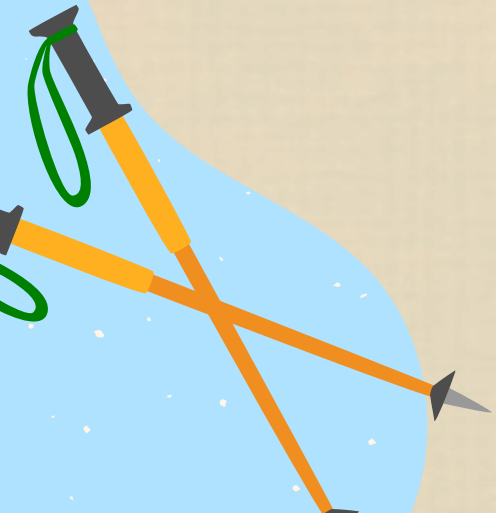




DAY 7

Bamsaru base to Songad via Chupkatidhar

After breakfast, begin the ascent to Chupkantidhar ridge, taking in panoramic views of the surrounding peaks. The trail then descends towards Songad, a vital stream originating from the Chhaian Bamak glacier. Along the way, admire the distant Bandarpoonch and Kala Nag peaks, standing majestically against the sky. Upon reaching the stream, set up camp and relax for the night, surrounded by the serene beauty of the Himalayas.



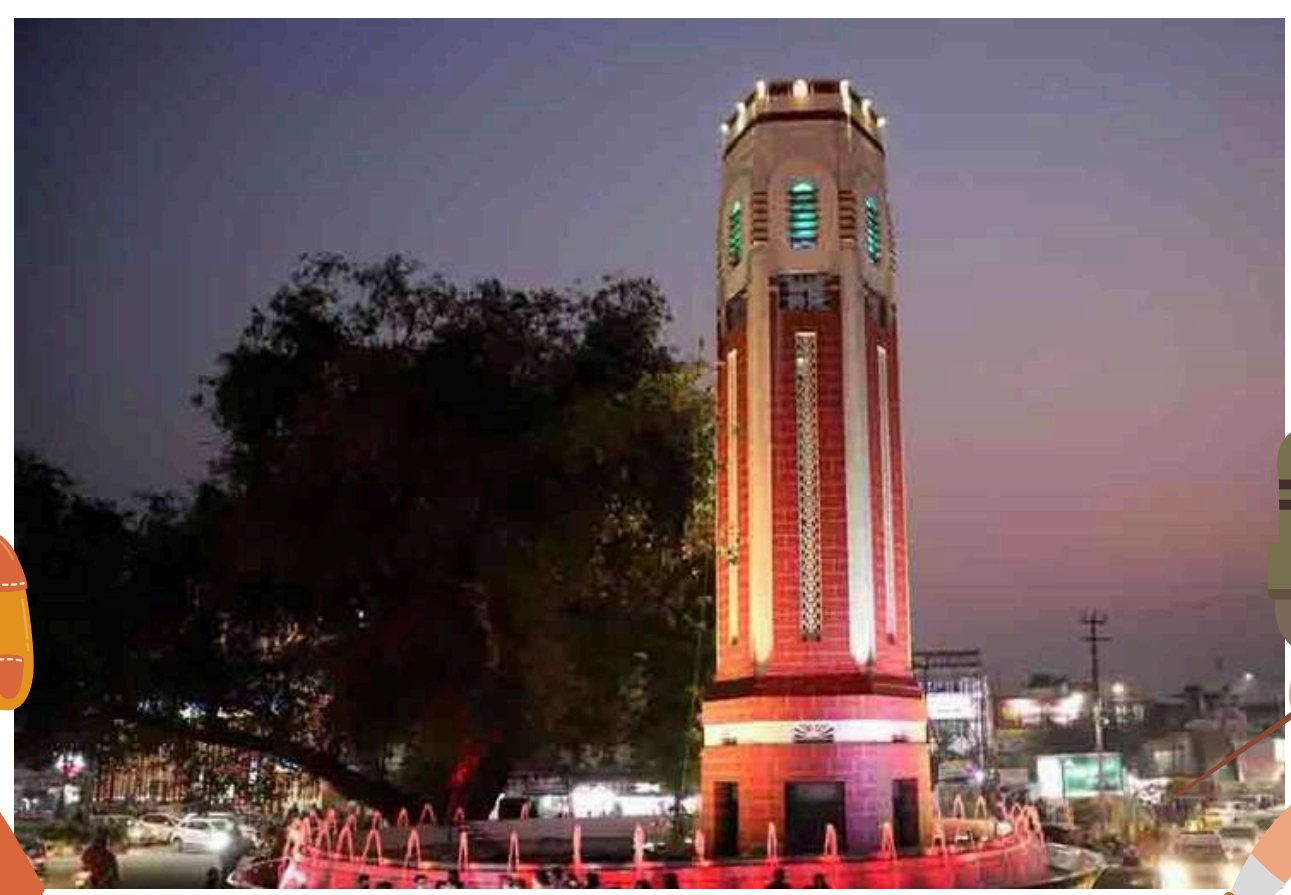


DAY 8

Songad to Sukki and Drive to Harsil

Starting from Nabi, ascend the outer ridge of the Bandarpunch massif before making a steady descent into the picturesque Bhagirathi Valley. The trail leads to Sukhi village, where the road journey begins. From Sukhi, drive to Harsil, a charming village known for its traditional houses and internationally renowned apples. Upon arrival, check into a hotel and relax for the night, soaking in the serene mountain ambiance.





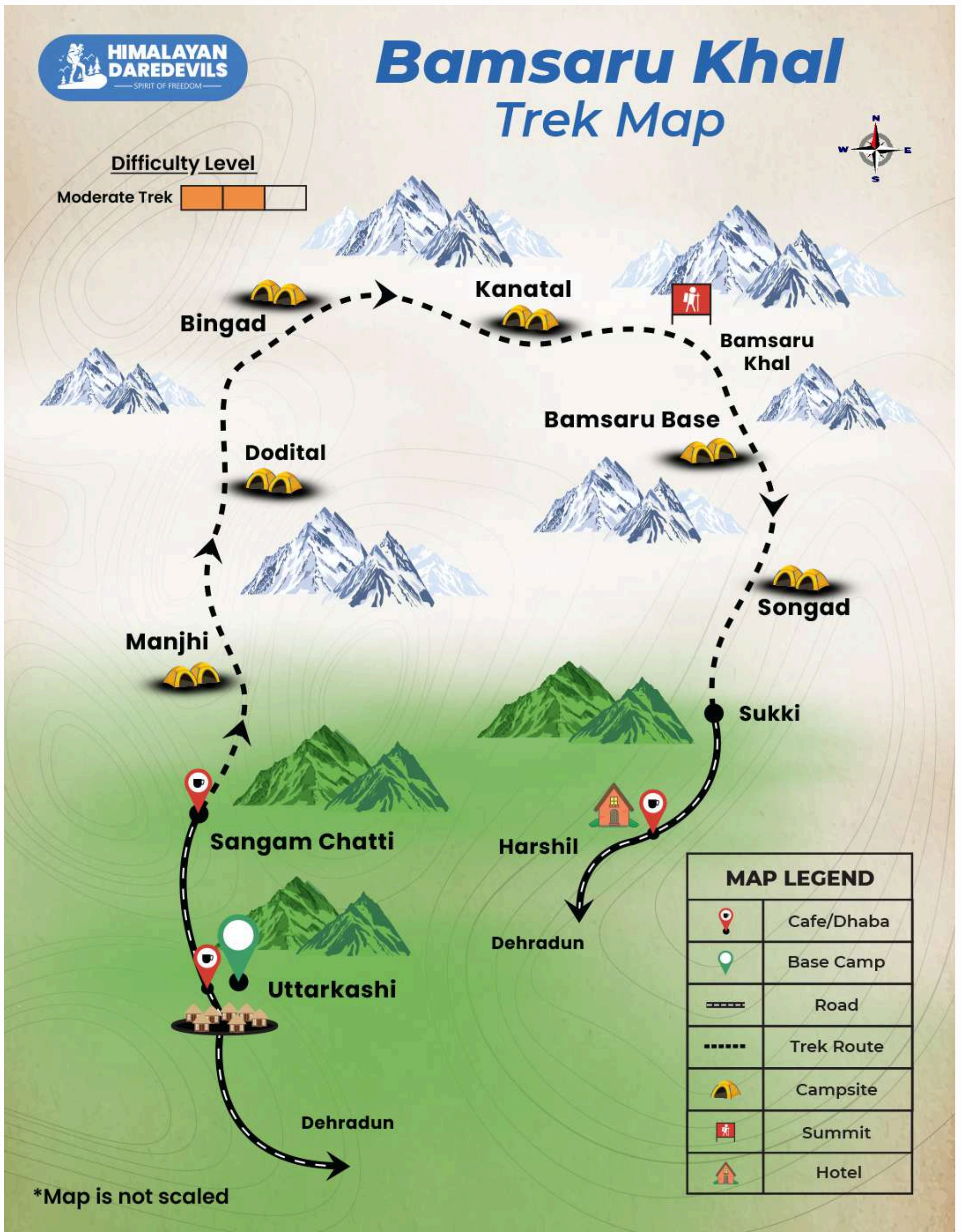
DAY 9

Harsil to Dehradun

Depart from Harsil and begin the return journey to Dehradun, passing through the scenic landscapes of Uttarkashi. Enjoy the drive through winding mountain roads, lush valleys, and river views along the way. Covering a distance of 217 km, the journey takes approximately 8 to 9 hours. Upon reaching Dehradun, conclude the trek with unforgettable memories of the adventure.



TREK MAP





INCLUSIONS



- All accommodations on twin sharing tents as per the itinerary.
- All meals during the trek (vegetarian with occasional serving of eggs) including breakfast, hot/packed lunch, and dinner with morning and evening tea Mayali Pass Trek
- Certified Trek Leader, Cook and Support Staff
- Medical Kit
- Forest Permits
- Camping Equipment including tents, kitchen & dining tents, toilet tents etc
- Gaiters, Microspikes, when needed





EXCLUSIONS



Anything which is NOT mentioned in the “Inclusions” or personal expenses.



WHAT TO CARRY



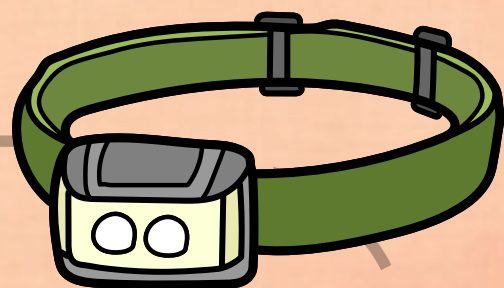
TREKKING SHOES



BACKPACK



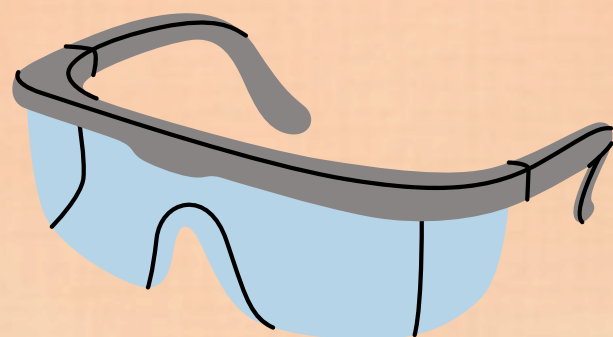
HAND GLOVES



HEAD LAMP



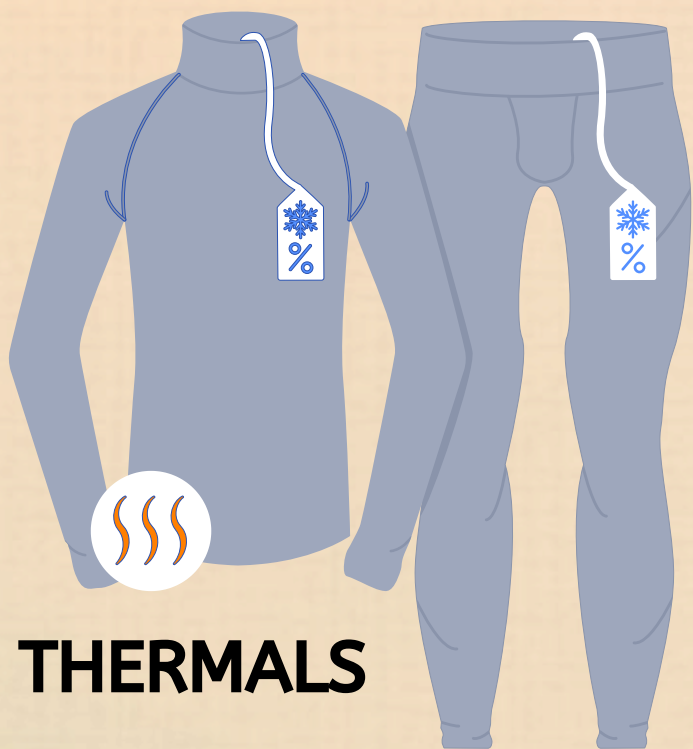
LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

By Air:

Jolly Grant Airport is the nearest airport to Dehradun by flight, almost 25km from the city. You can find regular flights from Delhi to Dehradun.

However, if you plan to reach Dehradun by flight, it is better to come one day in advance.

By Train:

Two express trains are convenient if you want to reach Dehradun from Delhi by train. With the train, it is an overnight journey. The two trains are mentioned below:

Nandadevi Express – Train no: 12205 (Departure 11:50pm; Arrival – 5:40am)

Dehradun Express – Train no: 12687 (Departure – 9:10pm; Arrival – 5:00am)

By Bus:

From Delhi, you can find a regular bus service to Dehradun. ISBT Kashmere Gate is the central bus station in Delhi, from where you will find both AC and non-AC buses for Dehradun.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**



CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars or any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US



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