



# KEDARTAL TREK

Discover Yourself on the Trail!



[www.himalayandaredevils.com](http://www.himalayandaredevils.com)



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# TREK OVERVIEW



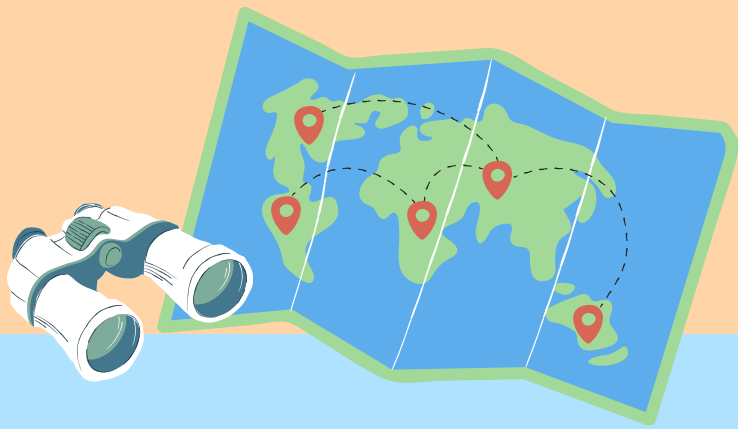
## LOCATION

Uttarakhand, India



## DISTANCE

37 kms



## MAX ALTITUDE

15600 Ft



## LAST ATM

Gangotri



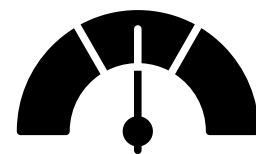
## BEST SEASON

May, June, Sep, Oct



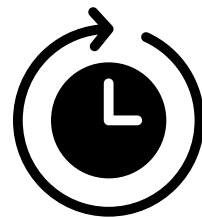
## BASE CAMP

Gangotri



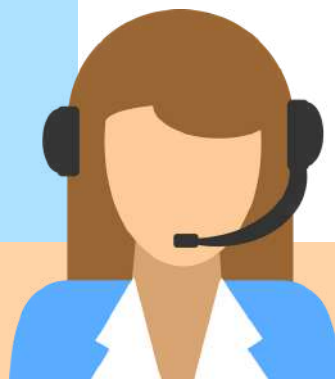
## DIFFICULTY

Moderate



## DURATION

6 Days & 5 Nights



**SERVICE FROM**  
Gangotri to Gangotri  
Dehradun to Dehradun



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# SHORT ITINERARY



## DAY 1

Reach Gangotri from Dehradun

## DAY 2

Trek from Gangotri to Bhoj Kharak

## DAY 3

Trek from Bhok Kharak to Kedar Kharak

## DAY 4

Kedar Kharak to Kedartal and back to Kedar Kharak

## DAY 5

Kedar Kharak to Gangotri

## DAY 6

Gangotri to Dehradun





# ITINERARY



## DAY 1

### Reach Gangotri from Dehradun

Start early from Dehradun for Gangotri (8-10 hrs drive), passing through Rishikesh for a short break and sightseeing. Enjoy scenic views of the Ganges, lush valleys, and the Garhwal Himalayas en route via Uttarkashi. Upon reaching Gangotri, check in, explore the town, and visit the sacred Gangotri Temple. Rest overnight to acclimatize before beginning the Kedartal trek the next morning.







## DAY 2

### Trek from Gangotri to Bhoj Kharak

As we wake to the crisp mountain air and the soothing sounds of the Ganga, our journey from Gangotri to Bhoj Kharak begins. Crossing the Bhagirathi River via Bhairav Ghati Bridge, we pass ashrams and forested trails lined with oaks, rhododendrons, and pines. The path steepens, offering stunning views and glimpses of wildlife. Reaching Bhoj Kharak at 9,500 ft, we settle into camp, resting and acclimatizing for the next leg of our trek.



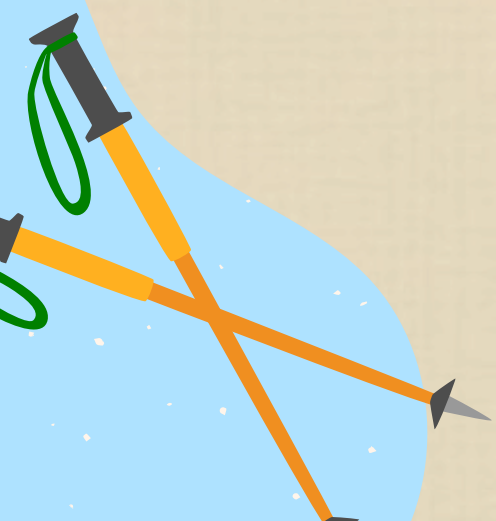




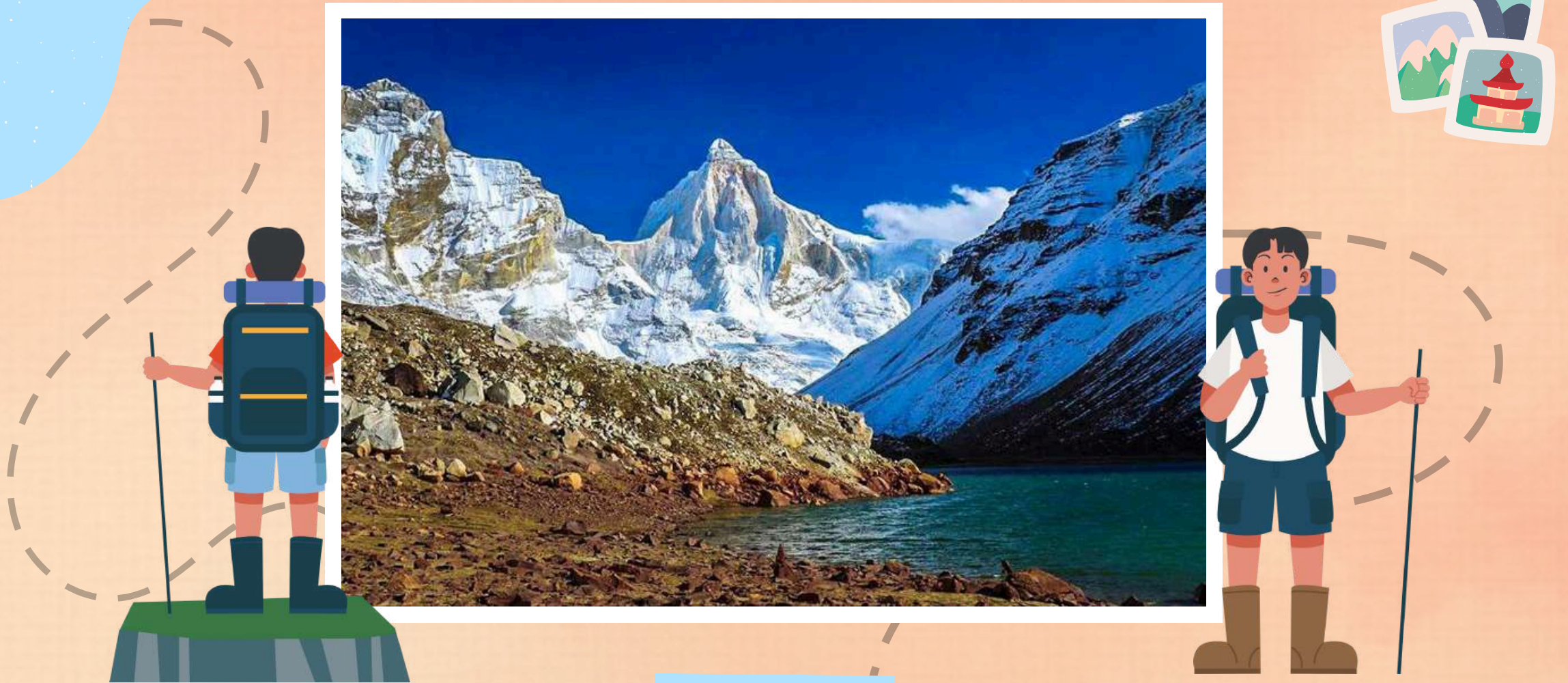
## DAY 3

### Trek from Bhok Kharak to Kedar Kharak

The trek from Bhoj Kharak to Kedar Kharak (14,240 ft) is easier, covering 4 km in about five hours. After a short climb through Bhoj forests, the trail opens into scenic meadows with stunning views of Bhrigupanth peak. The moderate terrain allows for a peaceful walk, with chances to spot blue sheep, Himalayan black bears, and rare birds. As the altitude rises, temperatures drop, and frost may form near streams. Finally, reaching Kedar Kharak, the campsite sits on a vast dry plain beside a running river, setting the stage for the next day's journey.







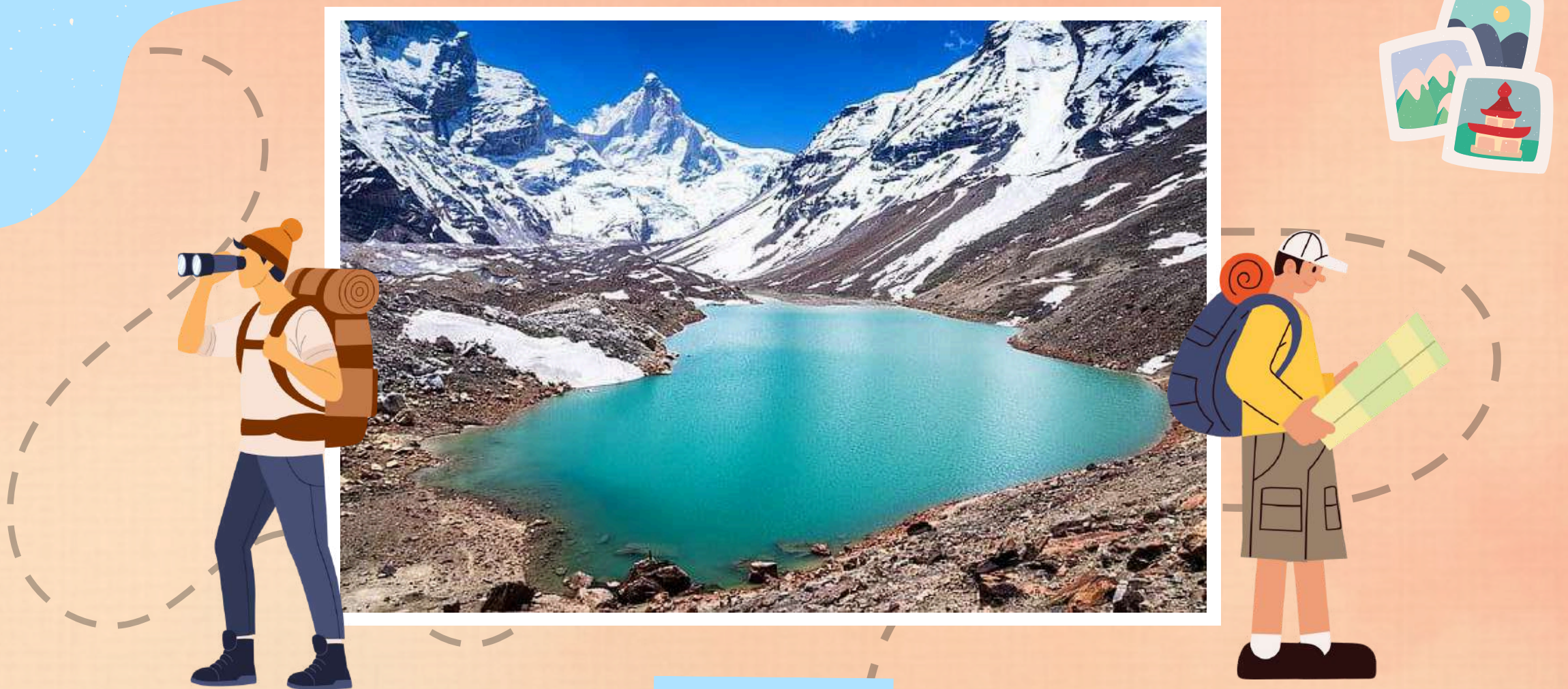
## DAY 4

### Kedar Kharak to Kedartal and back to Kedar Kharak

On this day, trekkers are at their peak excitement as they approach the stunning Kedartal Lake. The 5 km trek from Kedar Kharak (14,240 ft) to Kedartal (16,116 ft) is the toughest, with steep climbs over barren, rocky terrain. The unpredictable weather, possible snowfall, and lack of water sources make it even more challenging. Cairns mark the path to prevent getting lost, but caution is needed on the loose rocks. After 5-6 hours of trekking, the breathtaking view of Thalay Sagar looms near, signaling the lake's majestic presence just ahead.







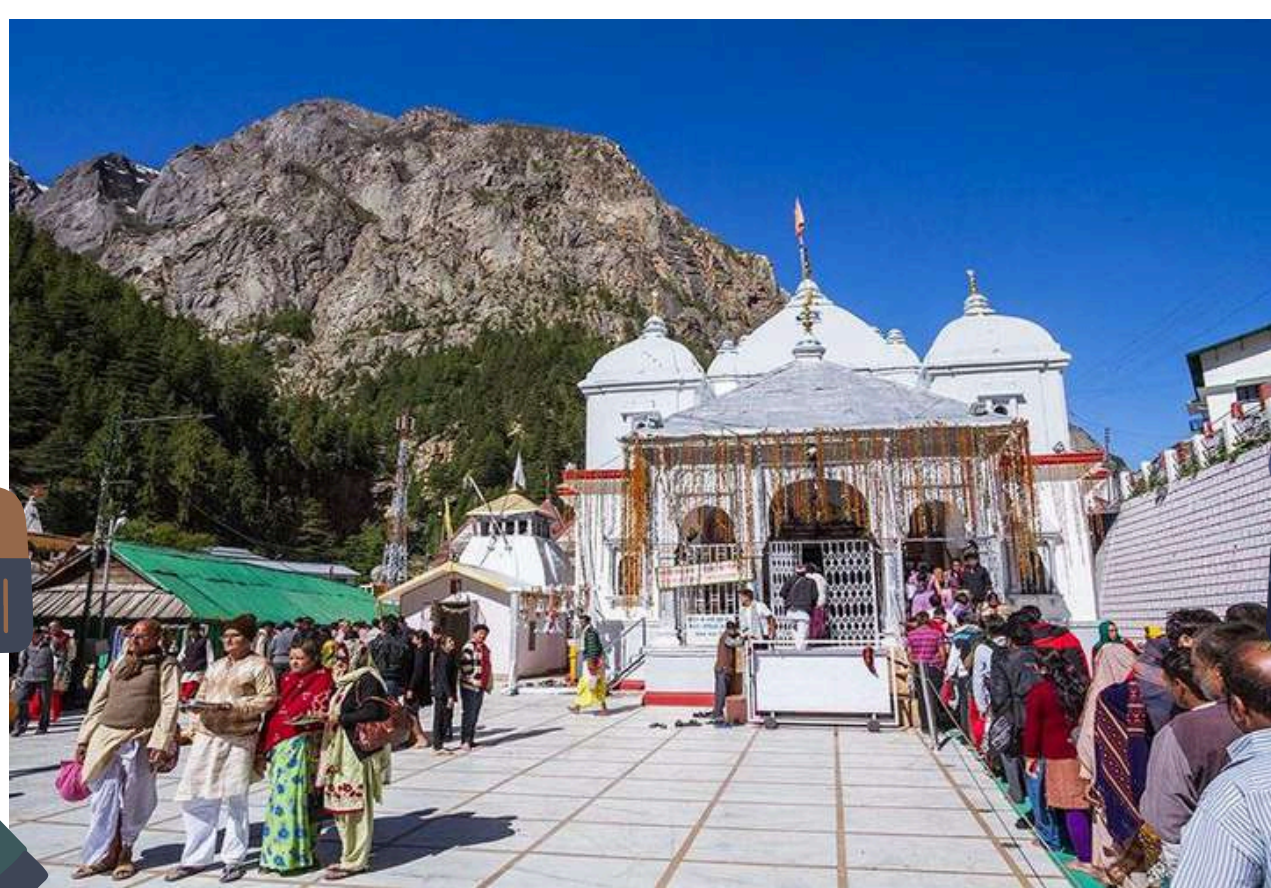
## DAY 5

### Kedar Kharak to Gangotri

Set out for the descent to Gangotri, immediately after breakfast. Retrace your steps with joy as you get a last glimpse of the locations. Since most of the trail is descending, it should take less time to reach. Take note of the loose rocks along the trail.







## DAY 6

### Gangotri to Dehradun

The 242 km journey from Gangotri to Dehradun takes around 8 hours, offering stunning Himalayan views, lush valleys, and the Ganges along the way. Descending through Uttarkashi, the landscape shifts to forests and fields before reaching Rishikesh, a sacred town with temples and ghats. The final stretch winds through the foothills, leading to Dehradun's serene ambiance, marking the end of an unforgettable trek.

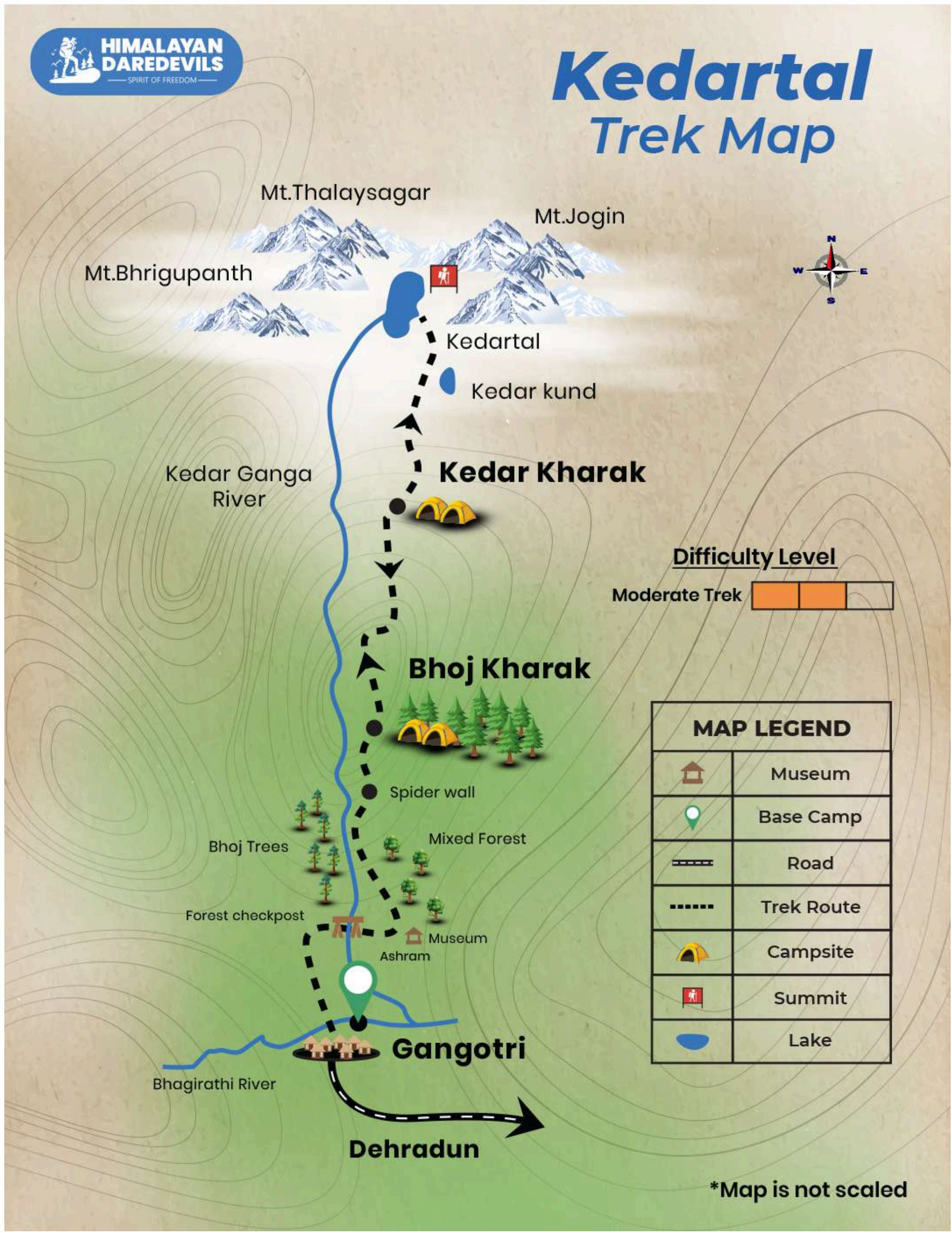




# TREK MAP



## Kedartal Trek Map



**Difficulty Level**  
Moderate Trek

MAP LEGEND	
	Museum
	Base Camp
	Road
	Trek Route
	Campsite
	Summit
	Lake

\*Map is not scaled





# INCLUSIONS



- Meals while on trek (Veg).
- All necessary entry fees and permits.
- **Accommodation:-** Guest house, Home stay, camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- First aid medical kits, stretcher and oxygen cylinder.
- **Trek equipment:** Sleeping bag, mattress, tent (twin sharing), kitchen & dinning tent, toilet tent, utensils and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment







# EXCLUSIONS



- Any kind of personal expenses.
- Food during the transit.
- Mules or porter to carry personal luggage.
- Insurance.
- Any kind of emergency evacuation charges
- Anything not specifically mentioned under the head.
- Transport (Non Ac)
- GST- 5%
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.





# WHAT TO CARRY



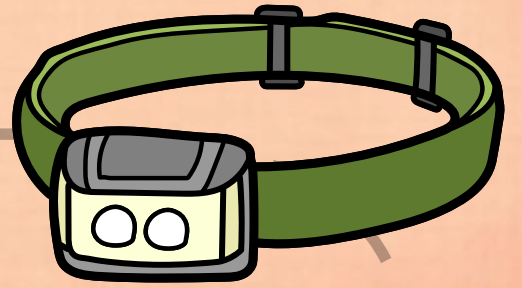
TREKKING SHOES



BACKPACK



HAND GLOVES



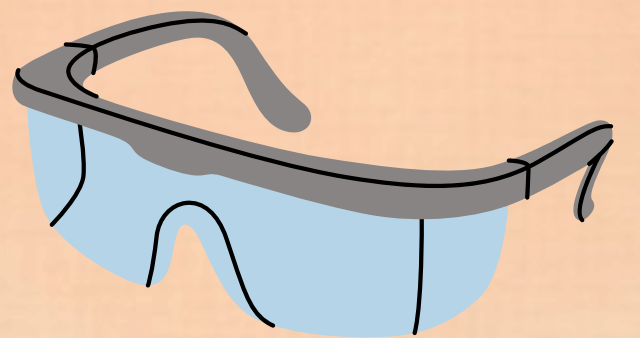
HEAD LAMP



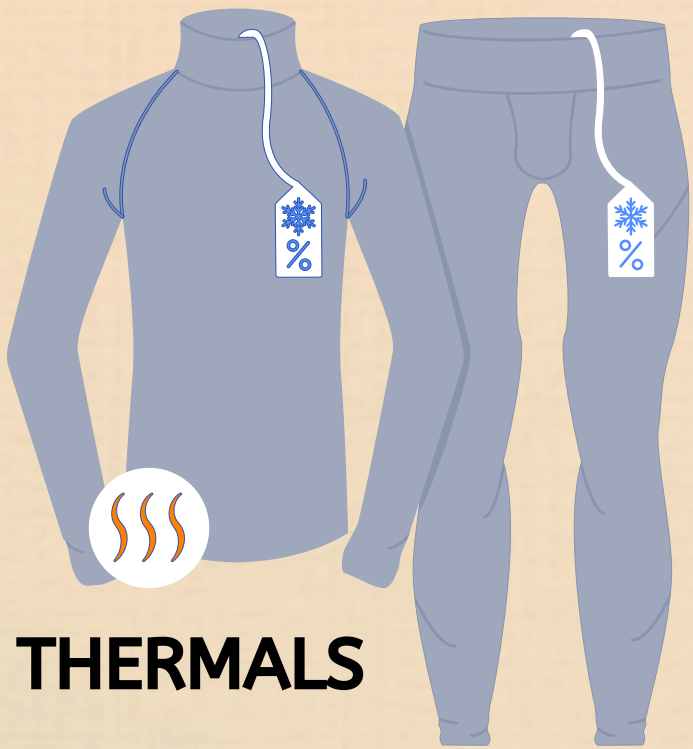
LUNCHBOX



SOCKS



UV SUNGLASSES



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER



# HOW TO REACH

Dehradun is well-connected by road, rail, and air. Depending on your location, you can choose one of these options to reach Dehradun:

## **By Air:**

You can take a flight to Jolly Grant Airport in Dehradun, which is the nearest airport. From there, you can continue your journey.

## **By Train:**

Dehradun has a railway station, and you can take a train to Dehradun Railway Station. Many trains connect major cities to Dehradun.

## **By Road:**

You can also reach Dehradun by road. Several buses operate from nearby cities like Delhi, Haridwar, and Rishikesh to Dehradun.





# FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

## **Fitness target:**

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.





# CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

**Cancellation prior to 30 days from start of the event:** Get monetary refund with 15% of cancellation charges on trek fee.

**Cancellation between 30 days and 15 days to the start of event:** 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

**Cancellation less than 15 days to the start of event:** No refund.

**Please note cancellation will be only accepted by email.  
Booking amount is non refundable.**








# CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

## CONTACT US

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