



# BRAHMATAL TREK

Discover Yourself on the Trail!



[www.himalayandaredevils.com](http://www.himalayandaredevils.com)



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# TREK OVERVIEW



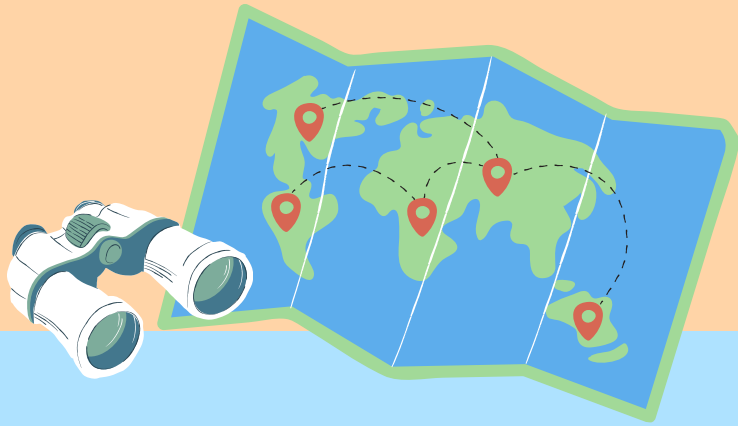
## LOCATION

Uttarakhand, India



## DISTANCE

24 kms



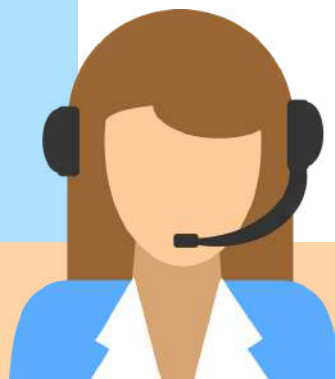
## MAX ALTITUDE

12250 Ft

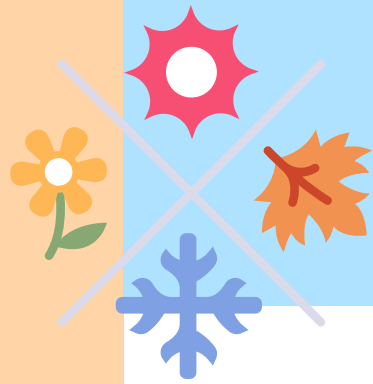


## LAST ATM

Purna



**SERVICE FROM**  
Lohajung to Lohajung



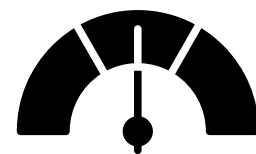
## BEST SEASON

Jan, Feb, Mar, Oct,  
Nov, Dec



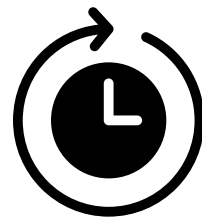
## BASE CAMP

Lohajung



## DIFFICULTY

Easy



## DURATION

6 Days & 5 Nights



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# SHORT ITINERARY



## DAY 1

Journey from Rishikesh to Lohajung

## DAY 2

A scenic trek from Lohajung to Bekaltal

## DAY 3

Trek of 7 km from Bekaltal to Brahmatal

## DAY 4

Trek from Brahmatal to Daldum via the Brahmatal Trail

## DAY 5

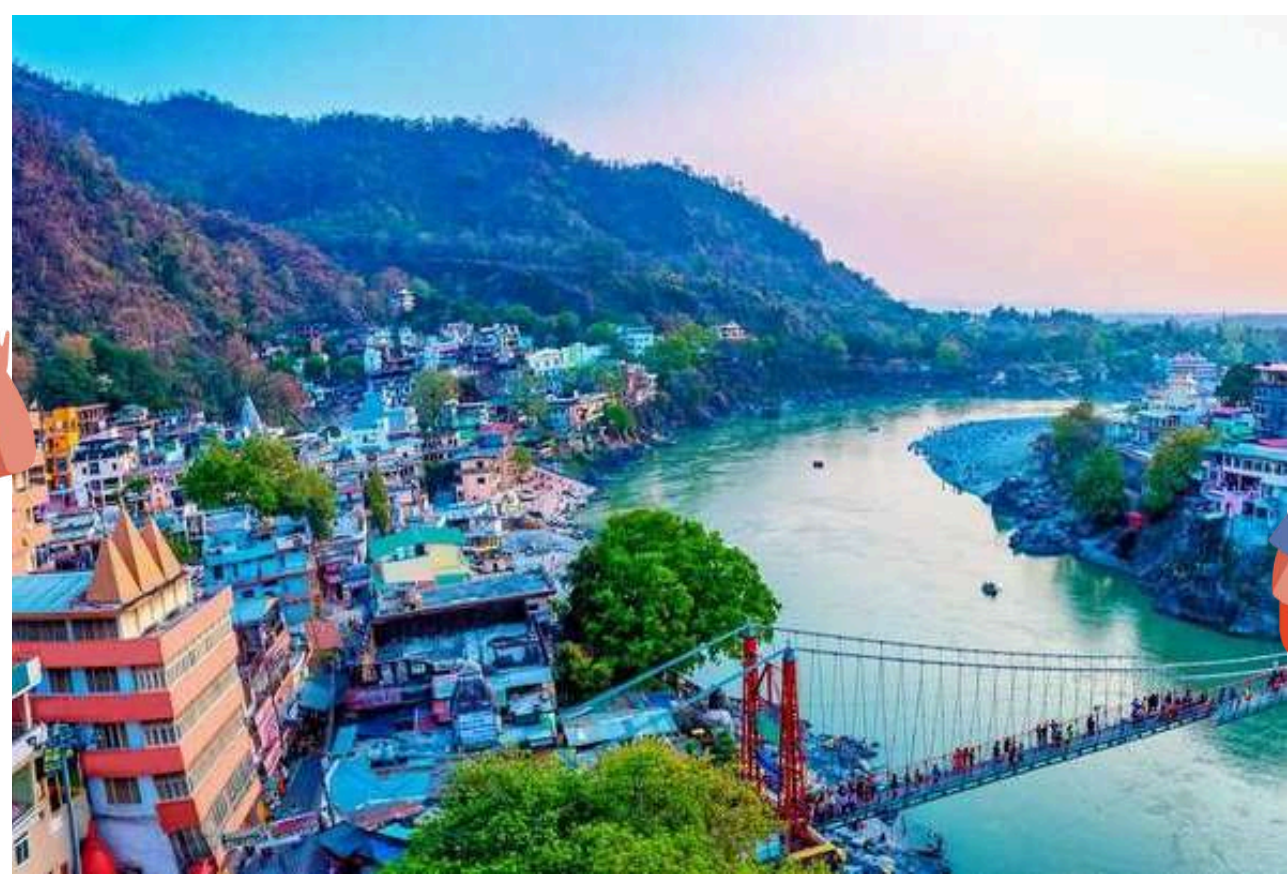
Trek from Daldum to Lohajung

## DAY 6

Back to Rishikesh



# ITINERARY

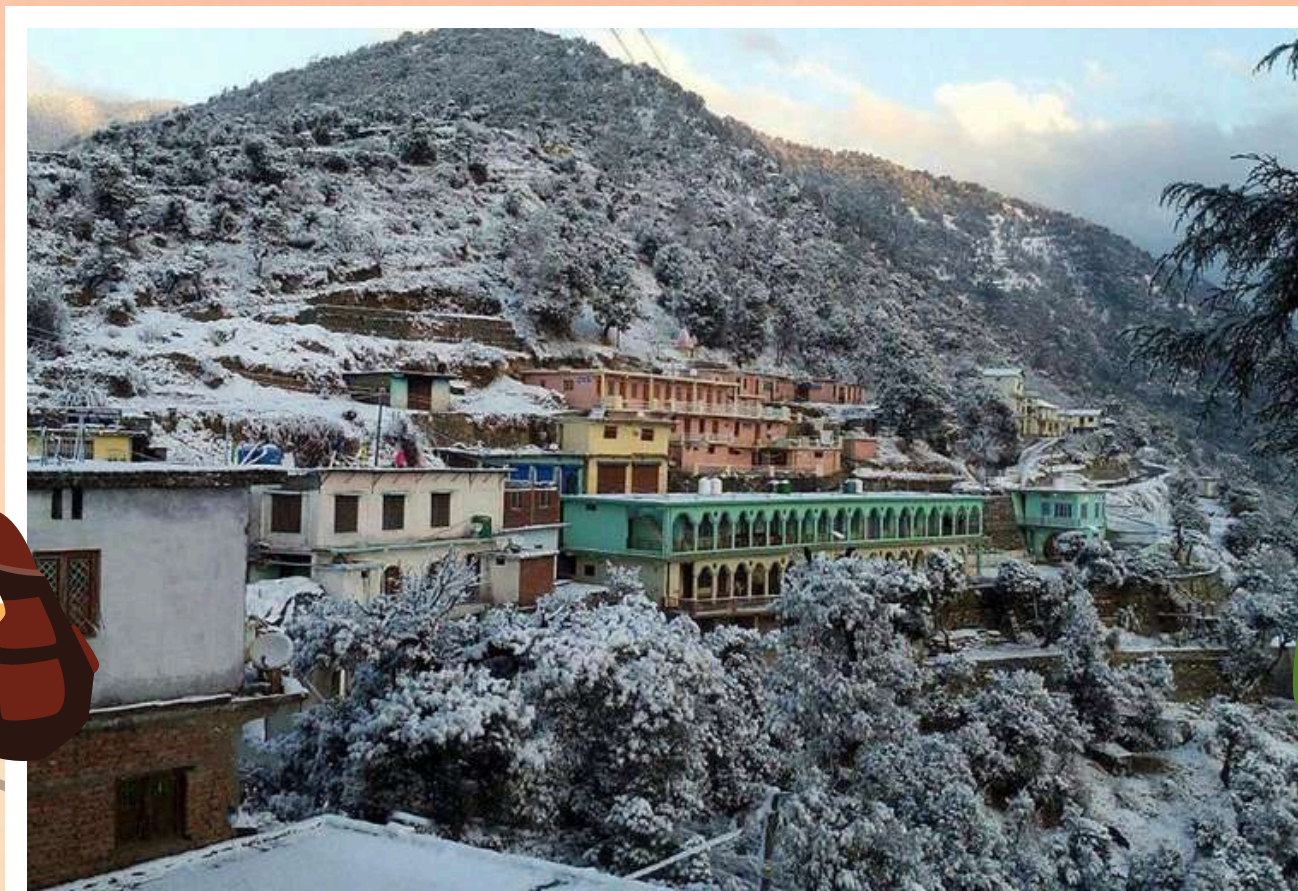


## DAY 1

### Journey from Rishikesh to Lohajung

The journey from Rishikesh to Lohajung blends spiritual serenity with breathtaking scenery. Starting in Rishikesh, the Yoga Capital, the drive unfolds through terraced fields, quaint villages, and majestic mountains. Upon reaching the tranquil village of Lohajung, trekkers are welcomed by the Himalayan Daredevils for a briefing on the Brahmatal Trek. With starry skies and stunning landscapes, Lohajung marks the perfect start to an unforgettable Himalayan adventure.





## DAY 2

### A scenic trek from Lohajung to Bekaltal

The trek from Lohajung to Bekaltal is a mesmerizing journey through the Himalayan wilderness. Starting with an uphill climb through oak and rhododendron forests, the trail offers breathtaking views of sandstone mountains and lush valleys. After 5-6 hours of trekking, Bekaltal welcomes you with its serene waters, nestled amidst towering peaks and dense foliage. As the golden twilight sets in, the trek becomes more than just a journey—it's an experience of nature's purest beauty.

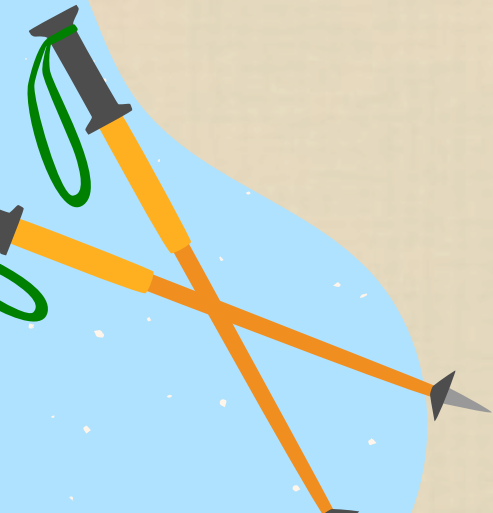


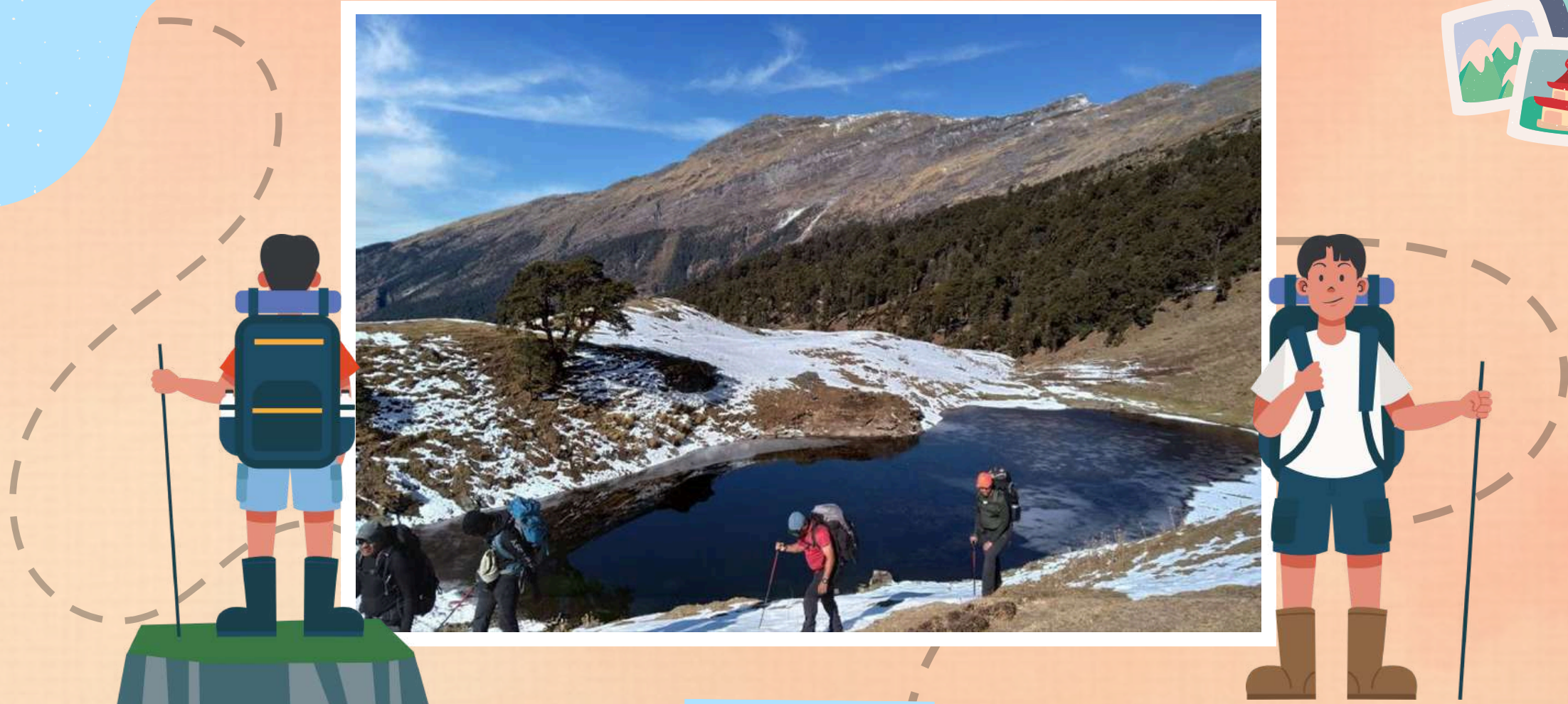


## DAY 3

### Trek of 7 km from Bekaltal to Brahmatal

The trek from Bekaltal to Brahmatal is a journey of breathtaking beauty, unveiling panoramic views of the Himalayas. As you leave Bekaltal, the trail winds through rhododendron-covered valleys, accompanied by the soothing sounds of nature. With the Himalayan Daredevils ensuring a smooth trek, you ascend gradually for 4-5 hours before reaching the stunning Brahmatal Lake, nestled among towering peaks like Nanda Ghunti and Trishul. The deep blue lake mirrors the clear skies, creating an unforgettable sight—reminding you that the true essence of the trek lies in the journey itself.





## DAY 4

### Trek from Brahmatal to Daldum via the Brahmatal Trail

The trek from Brahmatal to Daldum is a mesmerizing journey deep into the Himalayas. Leaving behind the serene blue waters of Brahmatal, you descend through pine and oak forests, with snow-capped peaks and valleys unfolding before you. Guided by the Himalayan Daredevils, the well-marked trail ensures a safe and enjoyable trek. After 5-6 hours, you arrive at the tranquil Daldum camp, where the peaceful silence enhances the beauty of the surrounding wilderness.





## DAY 5

### Trek from Daldum to Lohajung

The journey back to Lohajung from Daldum is a delightful farewell to the stunning Himalayan landscapes. As you leave the serene Daldum, the trail winds through lush meadows with breathtaking valley and snow-clad mountain views. Guided by the Himalayan Daredevils, you trek for 5-6 hours, soaking in the final moments of this incredible adventure. Upon reaching Lohajung, the village's charm welcomes you back, leaving you with a sense of accomplishment and gratitude for the unforgettable Himalayan experience.







## DAY 6

### Back to Rishikesh

The drive from Lohajung back to Rishikesh is a scenic transition from tranquil mountains to the vibrant energy of the Yoga Capital. After a hearty breakfast with the Himalayan Daredevils, you set off, passing through lush valleys, terraced farms, and dense forests of Uttarakhand. As the crisp mountain air fades into Rishikesh's warm breeze, the town's cultural charm welcomes you. Reflect on the journey—majestic peaks, thrilling climbs, and unforgettable moments in the heart of the Himalayas.



# TREK MAP

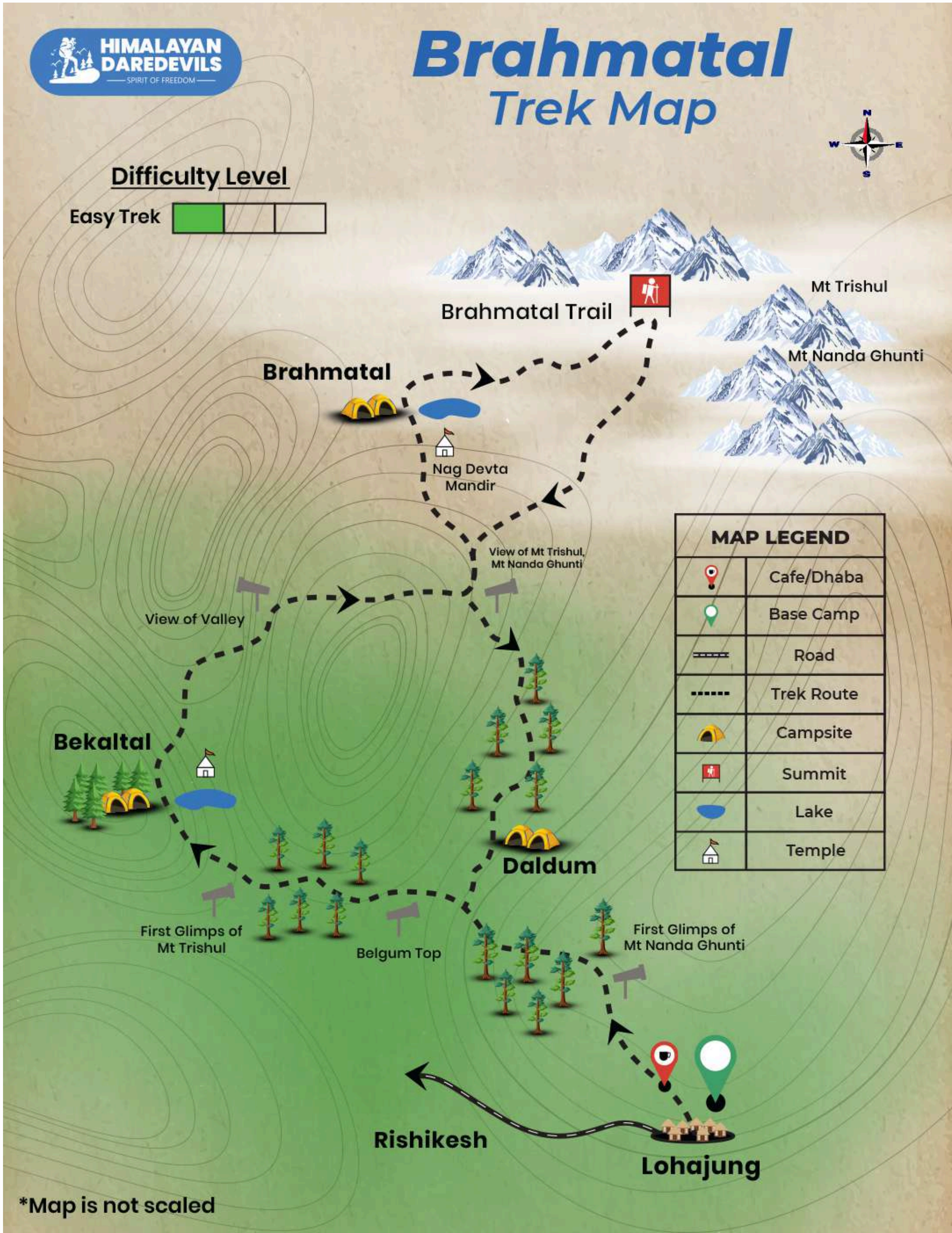


## Brahmatal Trek Map



### Difficulty Level

Easy Trek



MAP LEGEND	
	Cafe/Dhaba
	Base Camp
	Road
	Trek Route
	Campsite
	Summit
	Lake
	Temple

\*Map is not scaled



# INCLUSIONS



- Meals while on trek (Veg. + Egg).
- All necessary entry fees and permits.
- **Accommodation:** - Guest house, Home stay, camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- First aid medical kits, stretcher and oxygen cylinder.
- **Trek equipment:** Sleeping bag, mattress, tent, kitchen & dinning tent, toilet tent, utensils and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.





# EXCLUSIONS



- Any kind of personal expenses.
- Food during the transit.
- Mules or porter to carry personal luggage.
- Insurance.
- Any kind of emergency evacuation charges
- Anything not specifically mentioned under the head.
- Transport (Non Ac)
- GST- 5%
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.



# WHAT TO CARRY



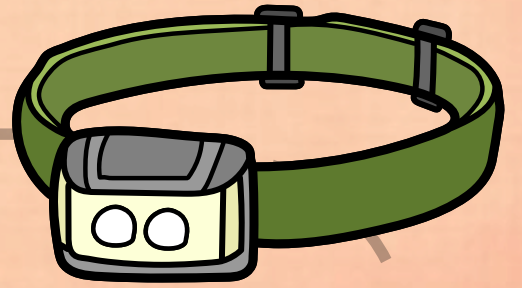
TREKKING SHOES



BACKPACK



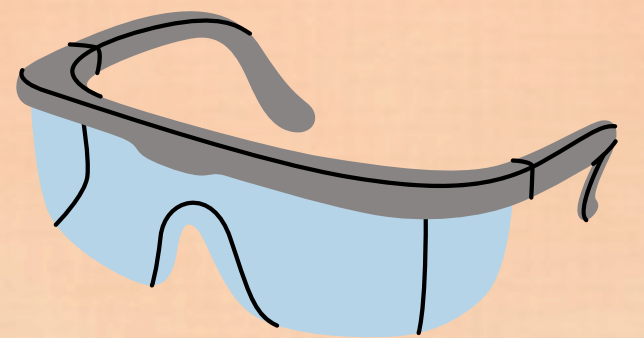
HAND GLOVES



HEAD LAMP



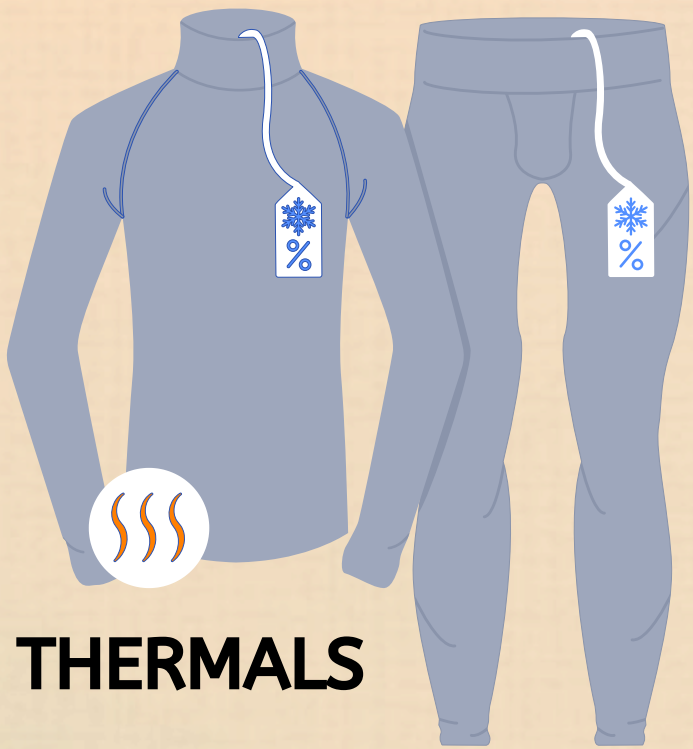
LUNCHBOX



UV SUNGLASSES



SOCKS



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

# HOW TO REACH

## By Train

There is also an option of taking a train, as Rishikesh has a train station; some people arrive by train quite comfortably because there is even a train station in Rishikesh. As other travelers are coming from New Delhi or Mumbai, many of whom will arrive by land at Haridwar Junction about 25 km away since it is the major rail head with several connecting trains to virtually every part of the country. As soon as you get down at Haridwar, you have a local taxi or a bus that can drop you to Rishikesh in 30 to 40 minutes. It is even possible that there are a few direct Rishikesh Delhi trains existing; these services might however be in so much limited supply it is wise to use the Indian Railways page to check service schedules and availability. No matter what transport means you wish to use, road, air, or train reaching Rishikesh is non-complicated and pleasurable for any tourist visiting this lovely little town.



# HOW TO REACH

## By Roads

If you plan to travel from another nearby city, reaching Rishikesh by road is the easiest way. Rishikesh has direct bus and rail services to major cities like Delhi, Dehradun, and Haridwar. The distance from Delhi is about 250 kilometers and NH9 or NH44 can be taken along this scenic route. The entire journey can take anything between 6 to 8 hours subject to traffic conditions. Several private taxis and buses also travel this route and this makes traveling easier. If you are traveling from Dehradun, which is even just about 20 kilometers away, a local taxi or a bus shall get you to Rishikesh within about 30 to 45 minutes. The same is true, if you start from Haridwar, about 25 km from Rishikesh. There are good connections by regular bus and taxi services, taking about half an hour to one hour to complete.



# HOW TO REACH

## By Air

People wishing to fly must note that the nearest airport to Rishikesh is Jolly Grant Airport which is located 35 kilometers away in Dehradun. Dehradun has many civil airports served by many domestic airlines like Delhi, Mumbai, or Bangalore with a flying time of approximately one hour from Delhi. After landing at Jolly Grant Airport, you have the option of hiring a taxi or getting transportation that was booked in advance to Rishikesh which takes about one to one and a half hours.





# FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

## **Fitness target:**

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



# CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

**Cancellation prior to 30 days from start of the event:** Get monetary refund with 15% of cancellation charges on trek fee.

**Cancellation between 30 days and 15 days to the start of event:** 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

**Cancellation less than 15 days to the start of event:** No refund.

**Please note cancellation will be only accepted by email.  
Booking amount is non refundable.**






# CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

## CONTACT US

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