



BURAN GHATI TREK

Discover Yourself on the Trail!



TREK OVERVIEW



LOCATION

Himachal Pradesh
India



DISTANCE

37 Km



MAX ALTITUDE

15000 Ft



LAST ATM

Janglik

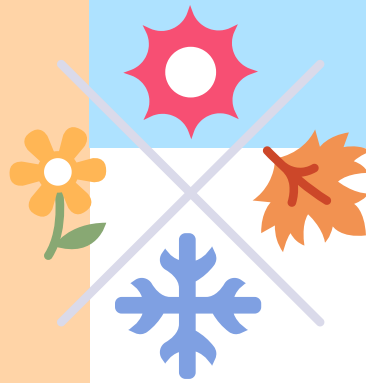


SERVICE FROM

Janglik to Barua

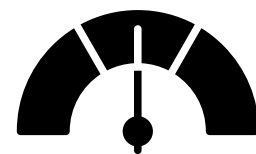
BEST SEASON

May, June, Sep, Oct



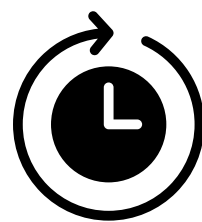
BASE CAMP

Janglik



DIFFICULTY

Moderate



DURATION

7 Days & 6 Nights



+91 7983285412



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SHORT ITINERARY



DAY 1

Shimla to Janglik (2500 M)

DAY 2

Janglik to Dayara Thach - Trek distance 7 yo 8 Km (approx 5 to 6 hrs)

DAY 3

Dayara Thach to Litham Thach - Trek Distance 5 km to 6 km (approx 3 to 4 hrs)

DAY 4

Chandranahan Lake Excursion - Trek Distance 4 km each side (approx 6 to 7 hrs)

DAY 5

Litham to Nalabansh - Trek Distance 4 km to 5 Km (3 to 4 hrs)



SHORT ITINERARY



DAY 6

Nalabansh to Munirang - Trek Distance 8 km (10 to 11 hrs approx)

DAY 7

Munirang to Brua Village - Trek distance 5 km to 6 km (3 to 4 hrs approx)



ITINERARY



DAY 1

Shimla to Janglik (2500 M)

You will start the day early in the morning with a drive from Shimla to Janglik, which is the base camp for the Buran Ghati trek. The drive takes around 8-9 hours and takes you through beautiful villages, forests, and rivers along the way. On reaching Janglik, you will meet your trek leader and the rest of the team. You will spend the night in tents at Janglik.





DAY 2

Janglik to Dayara Thach - Trek distance 7 yo 8 Km (approx 5 to 6 hrs)

After breakfast, you will start the trek from Janglik to Dayara Thach, which is a beautiful meadow situated at an altitude of 3400 meters. The trek is around 6-7 hours long and takes you through dense forests of pine, oak, and rhododendron trees. You will also cross a few streams along the way. On reaching Dayara Thach, we will set up our tents and spend the night.

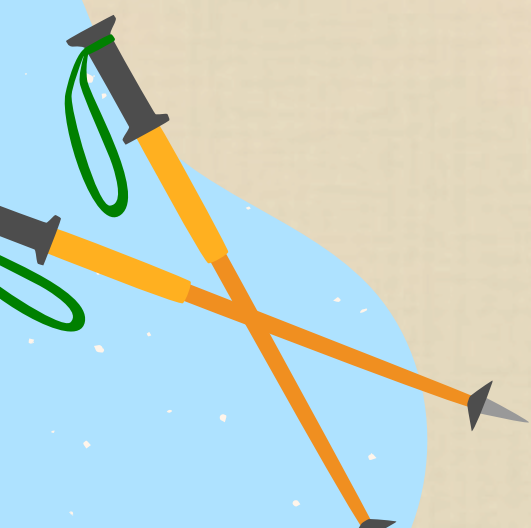


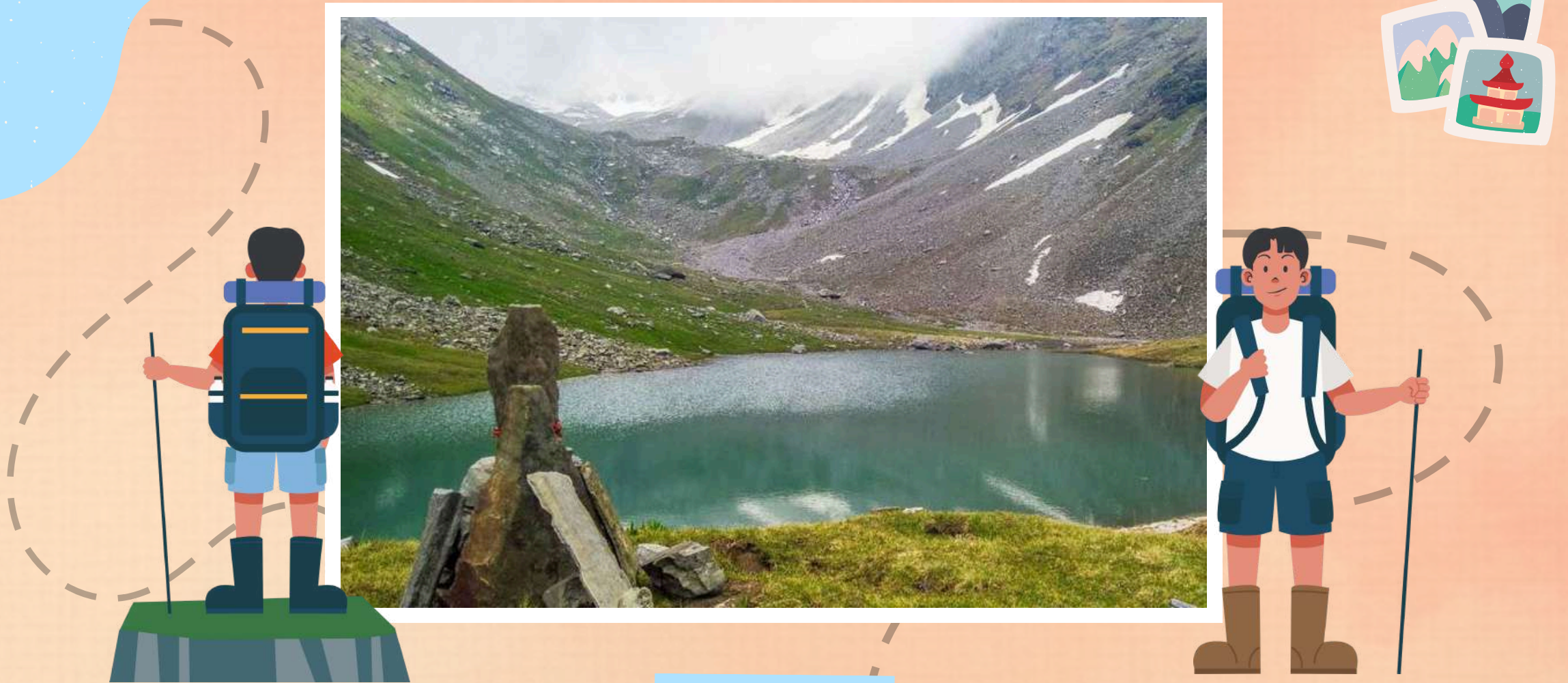


DAY 3

Dayara Thach to Litham Thach - Trek Distance 5 km to 6 km (approx 3 to 4 hrs)

Today's trek is around 5-6 hours long and takes you to Litham Thach, which is a beautiful campsite situated at an altitude of 3800 meters. The trail is well-defined and takes you through a mix of forests, meadows, and rocky terrain. You will also come across some small waterfalls and streams along the way. On reaching Litham Thach, you will set up your tents and spend the night.



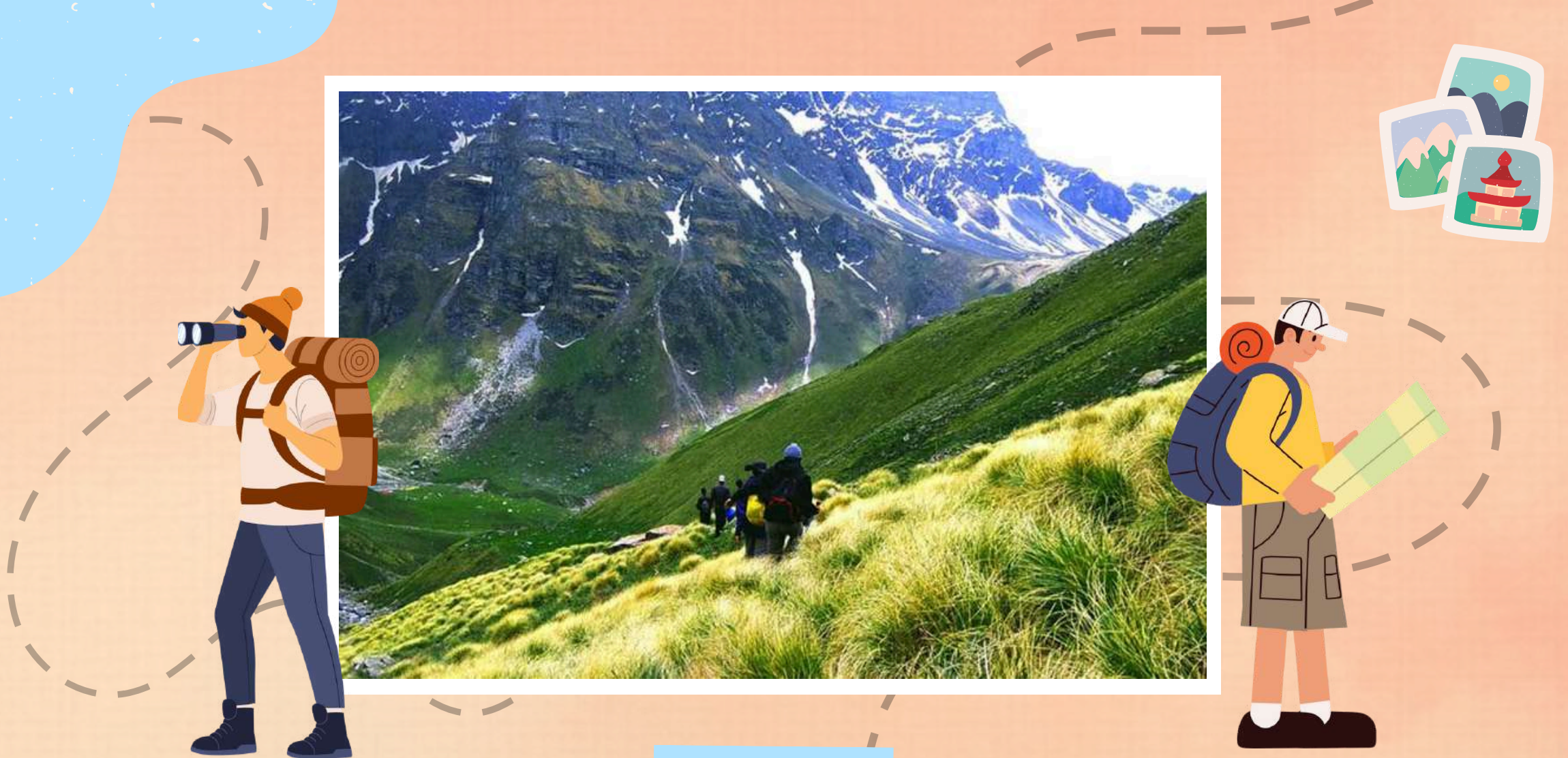


DAY 4

Chandranahan Lake Excursion - Trek Distance 4 km each side (approx 6 to 7 hrs)

Today, you will go on an excursion to the stunning Chandranahan Lake, which is located at an altitude of 4200 meters. The trek is around 6-7 hours long and takes you through some steep rocky terrain. You will also cross a few glaciers and streams along the way. On reaching the lake, you can spend some time admiring the beautiful surroundings before trekking back to Litham Thach for the night.



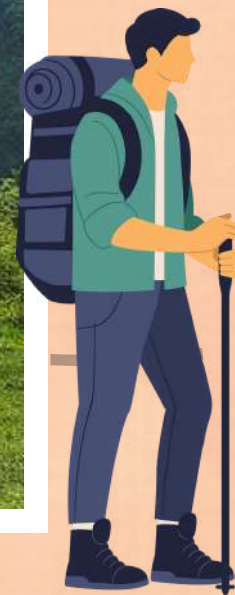


DAY 5

Litham to Nalabansh - Trek Distance 4 km to 5 Km (3 to 4 hrs)

Today's trek is around 5-6 hours long and takes you to Nalabansh, which is a beautiful campsite located at an altitude of 4000 meters. The trail is a mix of rocky terrain and meadows, and you will come across some beautiful waterfalls along the way. On reaching Nalabansh, you will set up your tents and spend the night.



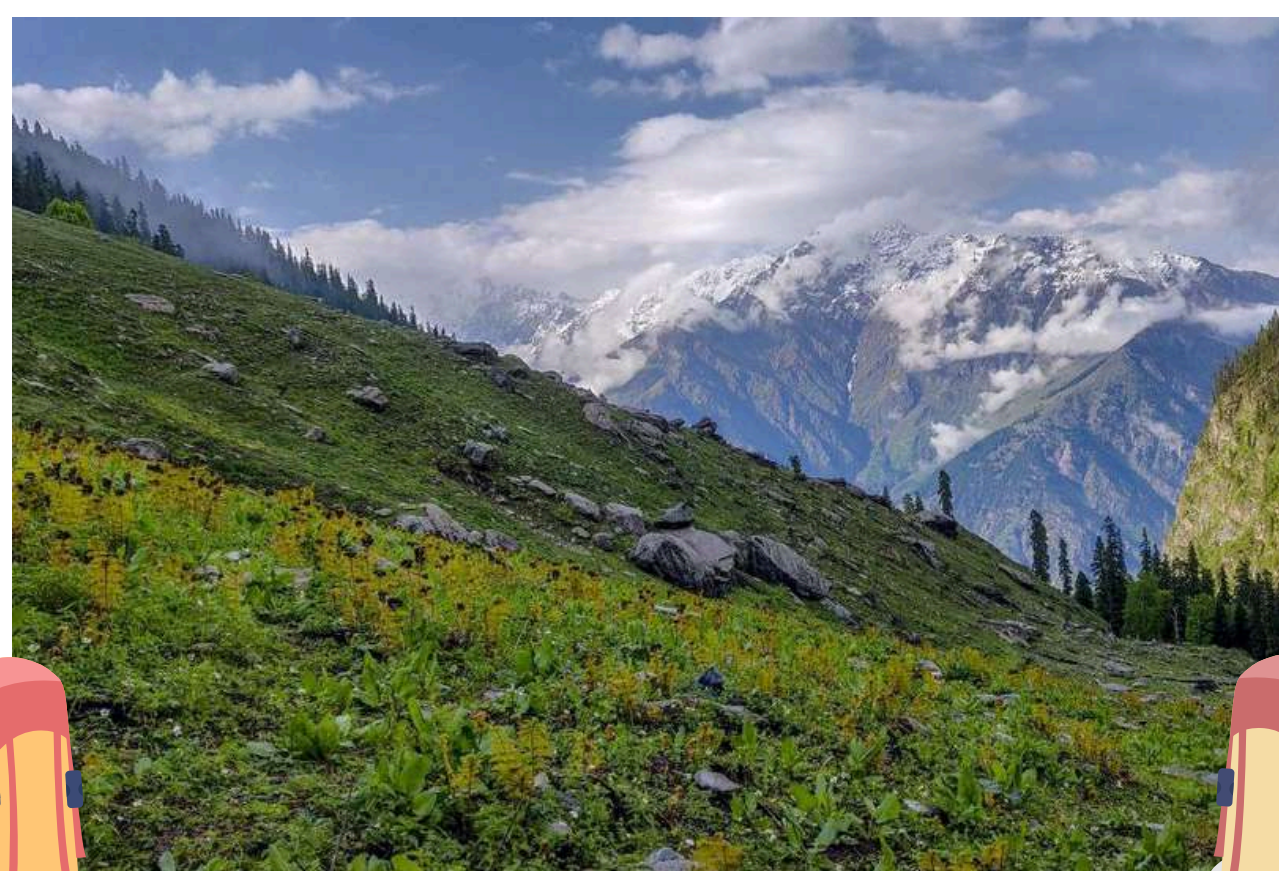


DAY 6

Nalabansh to Munirang - Trek Distance 8 km (10 to 11 hrs approx)

Today's trek is around 6-7 hours long and takes you to Munirang, which is a beautiful campsite situated at an altitude of 3700 meters. The trail is a mix of rocky terrain and meadows and takes you through some stunning views of the surrounding mountains. On reaching Munirang, you will set up your tents and spend the night.

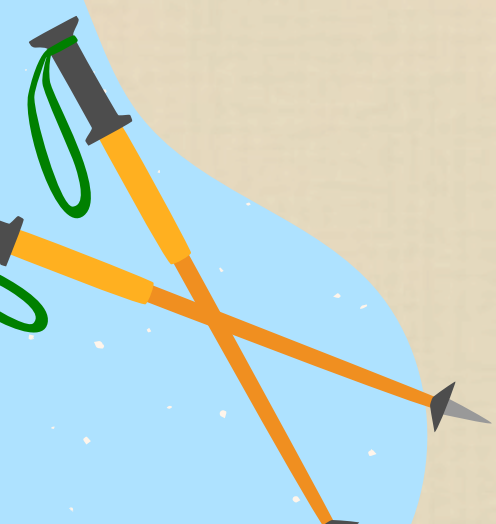




DAY 7

Munirang to Brua Village - Trek distance 5 km to 6 km (3 to 4 hrs approx)

Today's trek is around 5-6 hours long and takes you to Brua Village, which is the last campsite on the trek. The trail is a mix of forests and meadows and takes you through some small villages along the way. On reaching Brua Village, vehicles would be there. Brua village to Shimla. Leave for Shimla by 1pm . Reach Shimla by 10pm to 11 pm (Transport is not included in the cost)



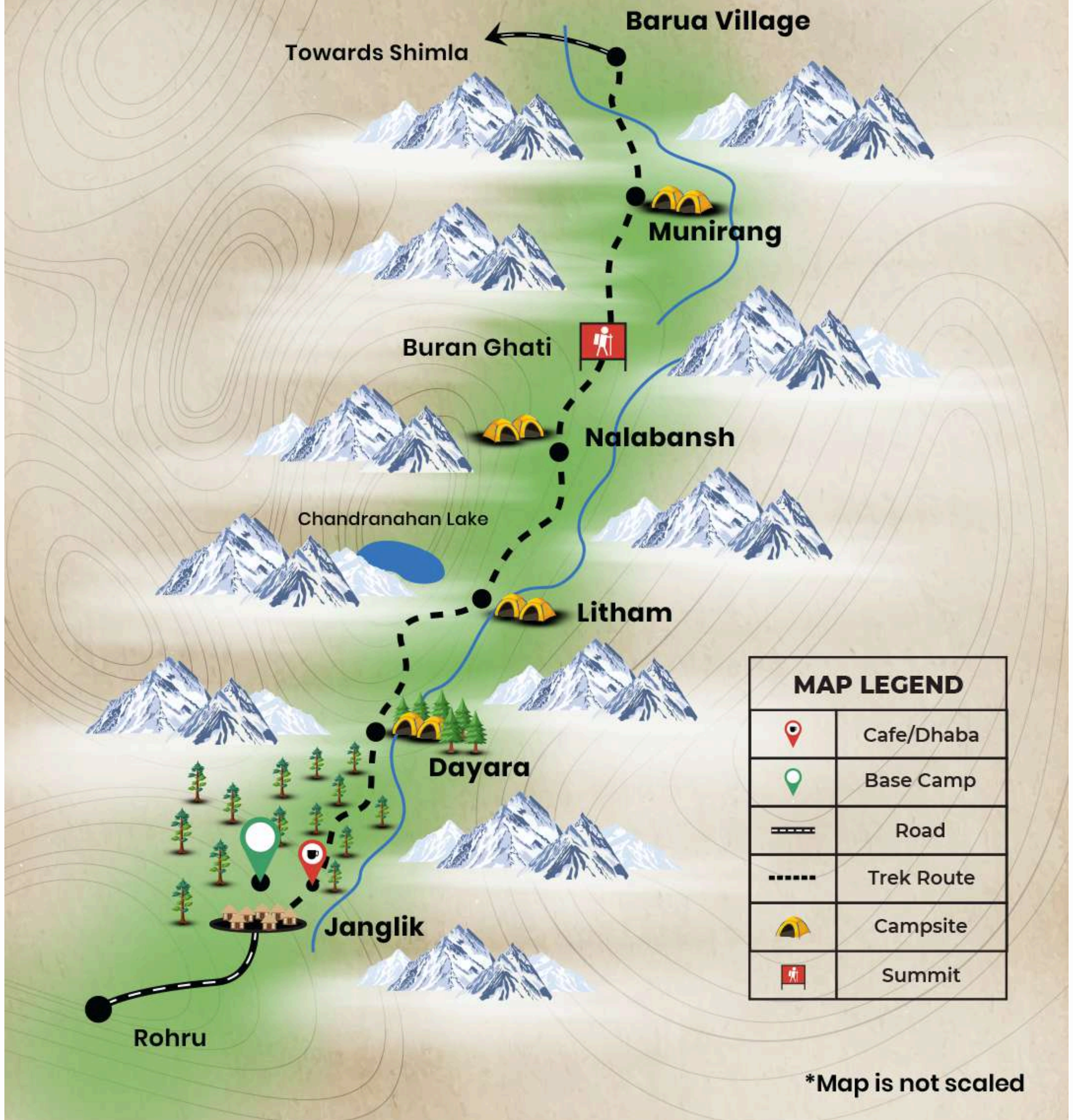
TREK MAP



Bhuran Ghati Trek Map

Difficulty Level

Moderate Trek





INCLUSIONS



- Meals while on trek (Veg. + Egg).
- All necessary entry fees and permits.
- Accommodation: - Guest house, Home stay, camping during Trek.
- Mountaineering qualified & professional trek Leader, guide, cook and Support staff.
- First aid medical kits, stretcher and oxygen cylinder.
- Trek equipment: Sleeping bag, mattress, tent, kitchen & dinning tent, toilet tent, utensils and crampon (if required)
- Staff Insurance.
- Porters/mules to carry central equipment.





EXCLUSIONS



- Any kind of personal expenses.
- Food during the transit.
- Mules or porter to carry personal luggage.
- Insurance.
- Transport (Non Ac)
- Any kind of emergency evacuation charges
- 5% GST
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancelations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Anything not specifically mentioned under the head.



WHAT TO CARRY



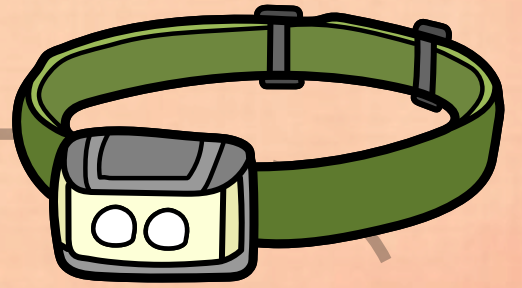
TREKKING SHOES



BACKPACK



HAND GLOVES



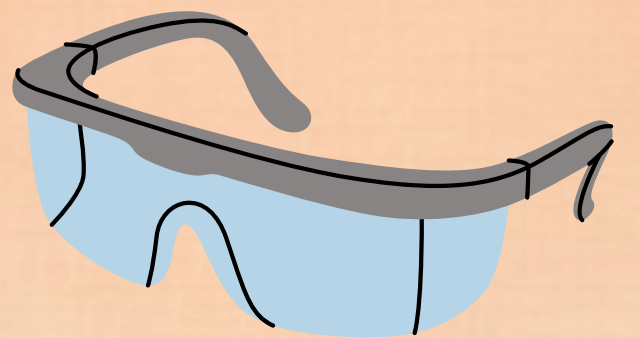
HEAD LAMP



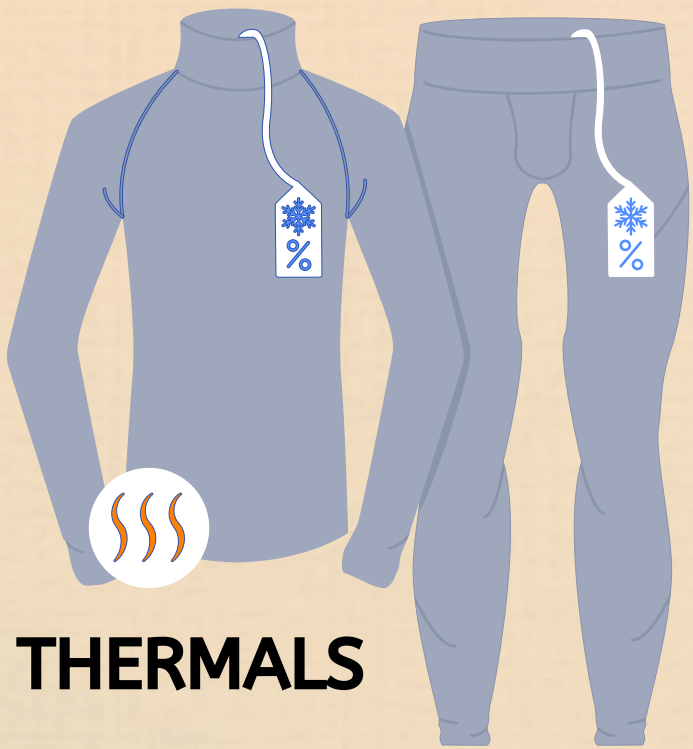
LUNCHBOX



SOCKS



UV SUNGLASSES



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

The starting point of Buran Ghati Trek is Janglik, which can be reached by road from Shimla or Chandigarh. Here are some options for reaching Janglik:

By air:

The nearest airport to Janglik is the Jubbarhatti Airport in Shimla, which is about 190 km away. From the airport, you can hire a taxi or take a bus to Janglik.

By train:

The nearest railway station to Janglik is the Shimla Railway Station, which is about 167 km away. From here, you can take a taxi or a bus to Janglik.

By road:

Janglik is well connected by road to Shimla, which is about 175 km away. You can take a bus or hire a taxi from Shimla to reach Janglik. Alternatively, you can also reach Janglik from Chandigarh, which is about 295 km away.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**






CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US

-  www.himalayandaredevils.com
-  himalayandaredevils@gmail.com
-  +91 6398989097, 95557055210

