



RANTHAN KHARAK TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



LOCATION

Uttarakhand, India



DISTANCE

40 kms



MAX ALTITUDE

12885 ft



LAST ATM

Gogina



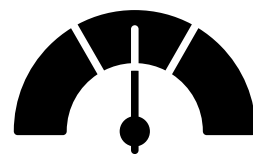
BEST SEASON

April-May and Sep-Oct



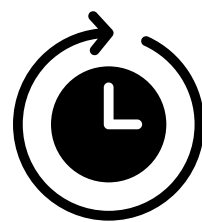
BASE CAMP

Gogina



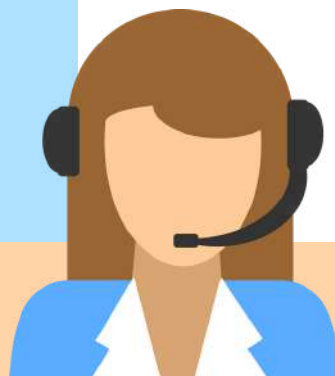
DIFFICULTY

Moderate



DURATION

7 Days & 6 Nights



SERVICE FROM

Kathgodam to Kathgodam
Gogina to Gogina



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SHORT ITINEARY



DAY 1

Drive from Kathgodam to Gogina

DAY 2

Gogina to Namik Campsite -Trek: 6-7 km, 6 hrs |
Altitude: 6,415 ft to 7,390 ft

DAY 3

Namik Campite to Bajimanian Kharak | Trek: 5-6 km, 6-
7 hrs |Altitude: 7,390 ft to 9,690 ft

DAY 4

Bajimanian Kharak to Chophu Camp via Thal Tok | Trek:
6 km, 7 hrs | Altitude: 9,690 ft 11,750 ft

DAY 5

Chophu Camp to Parava Thor via Ranthan Top | Trek: 9
km, 8-9 hrs | Altitude: 11,750 ft to 9,310 ft



SHORT ITINEARY



DAY 6

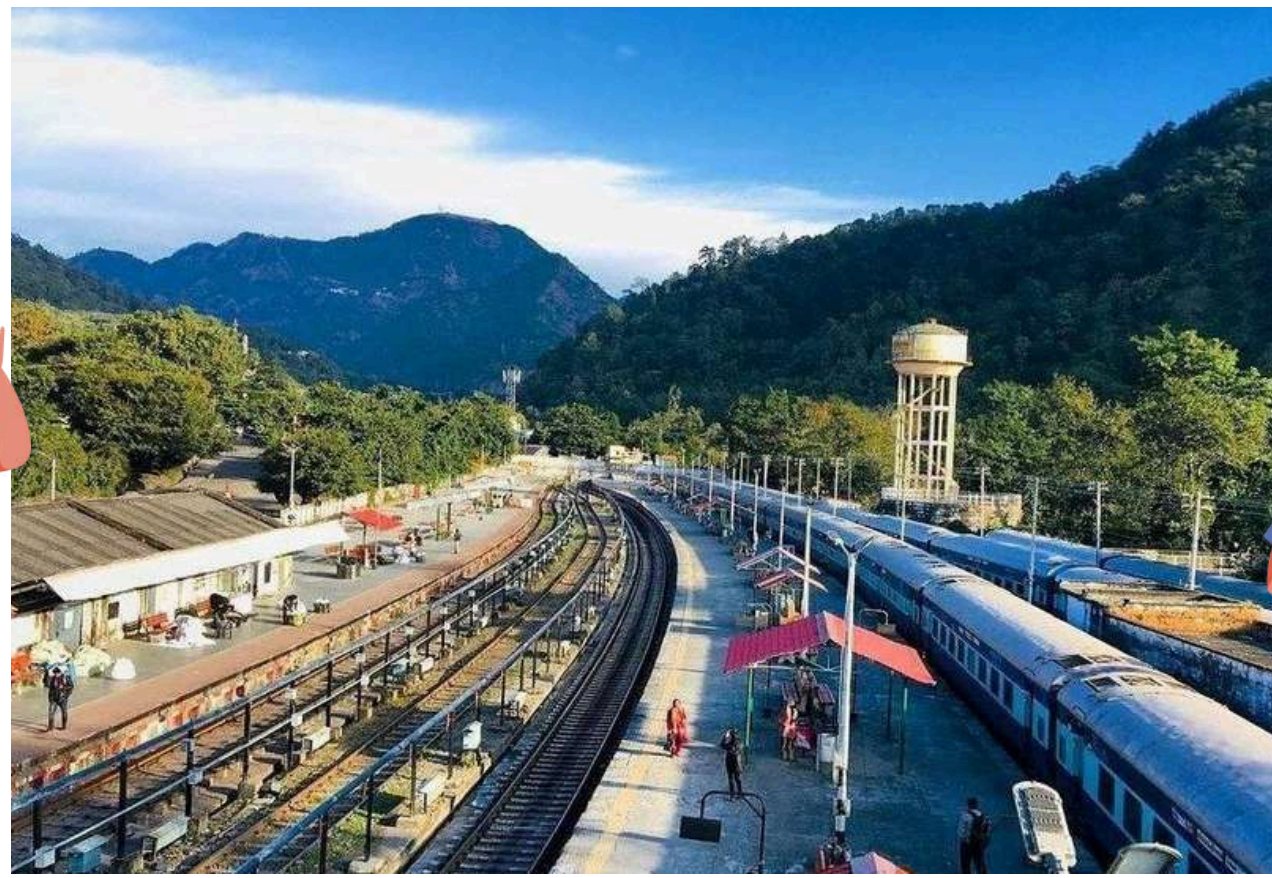
Parava Thor to Gogina | Trek: 11 km, 5-6 hrs | Altitude: 9,210 ft to 6,415 ft

DAY 7

Gogina to Kathgodam Trek: 1 km, 1 hr | Drive: 230 km, 10-11 hrs | Altitude: 6,415 ft to 1,820 ft



ITINEARY



DAY 1

Drive from Kathgodam to Gogina

We will begin our journey early in the morning from Kathgodam, will be reaching Gogina by evening. Initially, we will drive through well-constructed roads. However, the final 15-20 km drive is really bumpy through winding Himalayan roads. Upon reaching Gogina, we will pitch our campsite, enjoy well-deserved delicious meals, and rejuvenate ourselves for tomorrow's trek.





DAY 2

**Gogina to Namik Campsite -Trek: 6-7 km, 6 hrs |
Altitude: 6,415 ft to 7,390 ft**

Wake up early to witness the divine beauty of sunrise as Mother Nature paints the sky. The trek from Gogina to Namik Campsite is a mix of ascents and descents, starting with a village trail before leading into a lush green forest filled with oak, maple, and deodar trees. The path is often rocky and slippery, adding to the adventure. As you near the Ramganga River, a steep descent brings you to a thrilling suspension bridge crossing. Afterward, a challenging uphill climb leads to the Namik Campsite, where you can finally rest and soak in the serene surroundings.

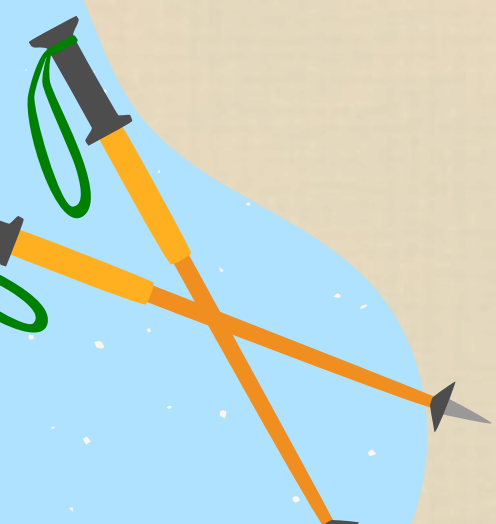


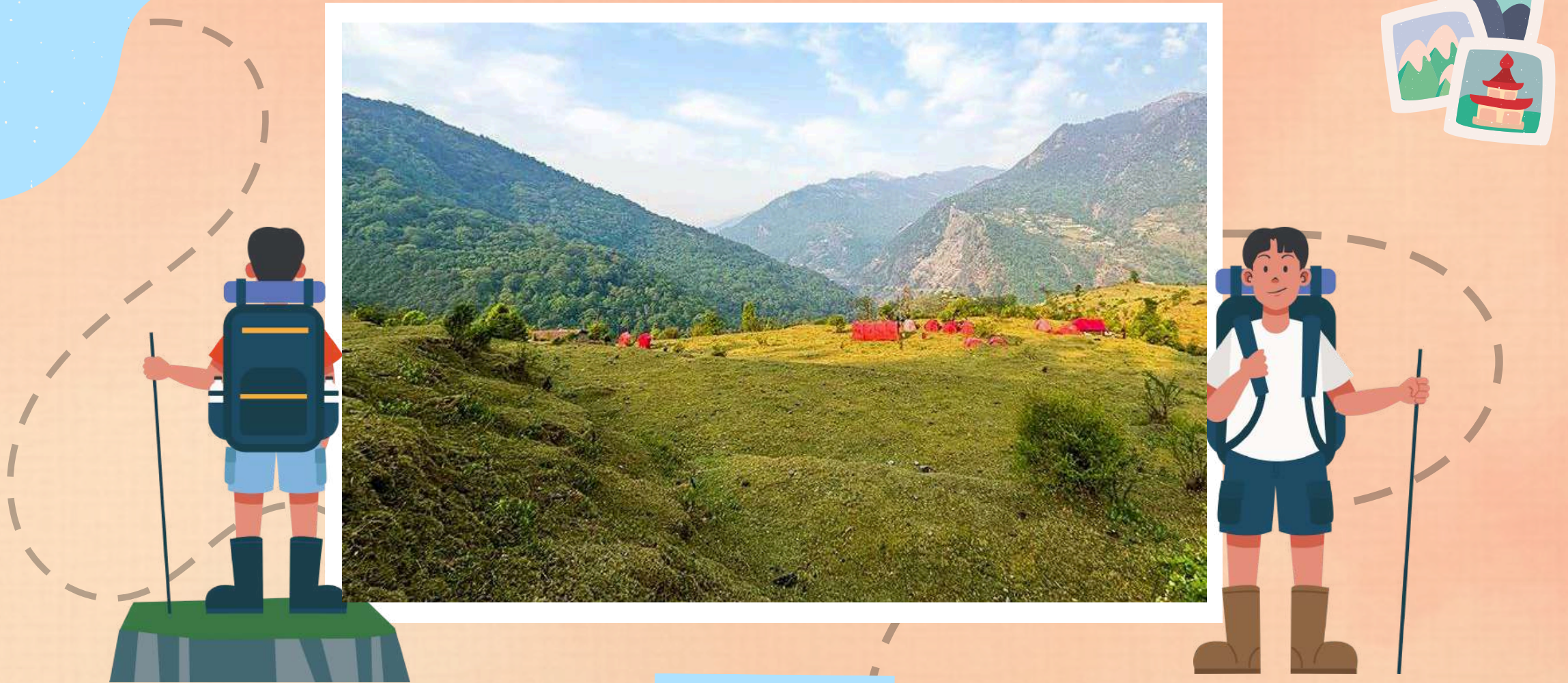


DAY 3

Namik Campite to Bajimanian Kharak | Trek: 5-6 km, 6-7 hrs | Altitude: 7,390 ft to 9,690 ft

Today's trek begins from the forest line, leading into stunning 'Kharak'—grassy clearings dotted with small huts—where a stony trail winds through the landscape. After some time, you'll re-enter the enchanting Himalayan forests, catching your first glimpse of vibrant Rhododendrons. The trail then opens up to Bajimanian Kharak, your campsite for the night, offering breathtaking views. If you're a bird-watching enthusiast, this day presents the perfect chance to spot rare Himalayan birds in their natural habitat..





DAY 4

**Bajimanian Kharak to Chophu Camp via Thal Tok | Trek:
6 km, 7 hrs | Altitude: 9,690 ft 11,750 ft**

Today's trek is a blend of serene meadows and dense Rhododendron forests. The journey begins with a walk through open grasslands before entering the lush forest trails. A challenging steep climb at Thal Tok rewards you with breathtaking panoramic views of the Himalayas. From there, a descent leads to Chopu, where we will set up camp for the night. As the day ends, be mesmerized by the majestic sight of the Nanda Devi mountain range standing tall in the distance.





DAY 5

Chophu Camp to Parava Thor via Ranthan Top | Trek: 9 km, 8-9 hrs | Altitude: 11,750 ft to 9,310 ft

Wake up at dawn to witness the first golden rays of sunlight illuminating the south face of the Nanda Devi range—a sight you'll cherish forever. Today marks the summit day, bringing a challenging yet rewarding climb. The trek features steep ascents and gradual descents, leading you through scenic ridges toward the summit at 12,880 ft. The breathtaking panoramic views from the top make every step worthwhile. After soaking in the beauty, we will descend to Parava Thor, where our campsite awaits for a well-earned rest.





DAY 6

Parava Thor to Gogina | Trek: 11 km, 5-6 hrs | Altitude: 9,210 ft to 6,415 ft

Today's journey takes you on a descent from Parava Thor back to Gogina, retracing your steps through Namik and crossing familiar trails, including the thrilling suspension bridge. By evening, you'll arrive in Gogina, where you can finally rest and reflect on the adventure. Along the way, take some time to explore Namik village, known for its warm hospitality and rich cultural heritage. Engaging with the locals offers a unique glimpse into their traditions and way of life, adding a meaningful cultural touch to your trekking experience.

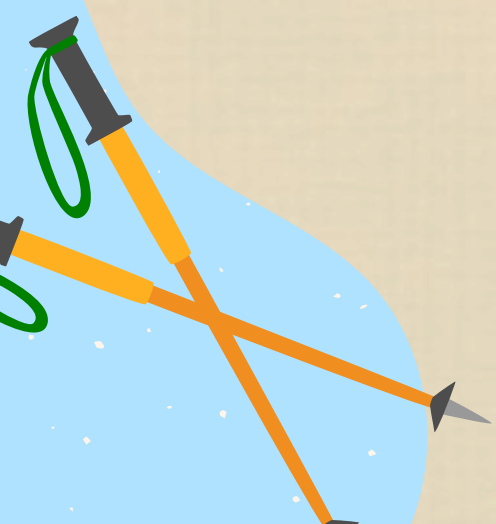




DAY 7

Gogina to Kathgodam Trek: 1 km, 1 hr | Drive: 230 km, 10-11 hrs | Altitude: 6,415 ft to 1,820 ft

We begin our day with an early breakfast, setting out to reach Kathgodam on time via the same scenic route. As we descend from the dense pine forests into the open roads leading to the city, the changing landscape serves as a reminder of the incredible journey we've completed. Departing is always bittersweet, but the beauty of the road eases the farewell. Carry with you the cherished memories of the Himalayan trails, bidding them farewell with gratitude and a heart full of adventure.



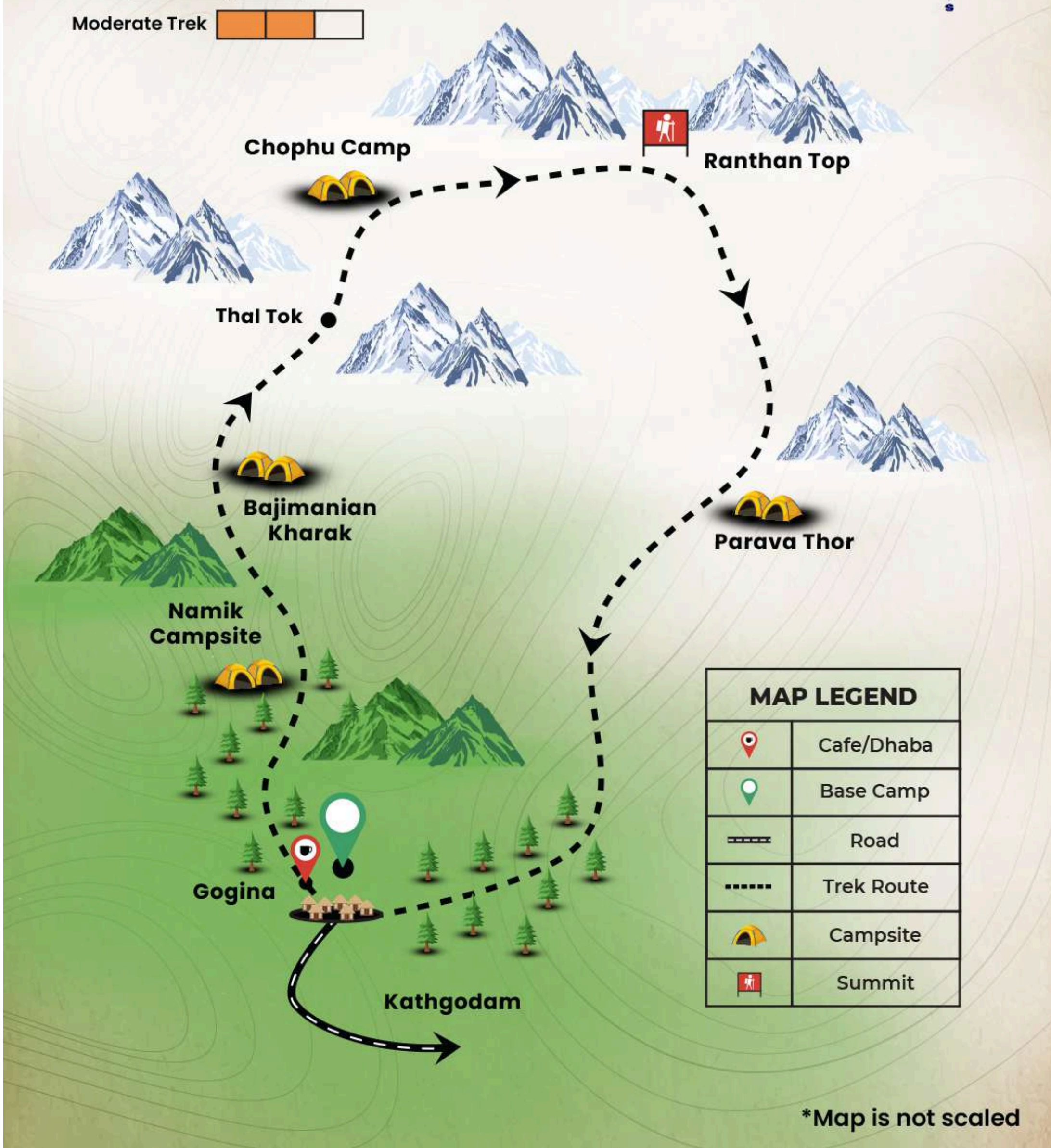
TREK MAP



Ranthan Kharak Trek Map

Difficulty Level

Moderate Trek



MAP LEGEND	
	Cafe/Dhaba
	Base Camp
	Road
	Trek Route
	Campsite
	Summit

*Map is not scaled



INCLUSIONS



- All vegetarian meals starting from dinner on day 1 to breakfast on the last day
- Professional guide, cook and support staff
- Camping equipment like clean sleeping bags and foam mattresses, Camping Stools, Kitchen tents, common tents, toilet tents
- First aid kit with Oximeter and Oxygen cylinder
- Forest entry charges (Additional Charges for Foreign Nationals)
- Tented accommodation throughout the trek on a triple-sharing basis





EXCLUSIONS



- Personal expenses like tips, personal medicines, phone calls etc.
- Any transport support during the trek apart from what is included above
- Any cost or services not mentioned in the Inclusions
- Accommodation in Kathgodam
- Transportation from Kathgodam to Khatgodam
- Cost arising due to unforeseen incidents like bad weather, medical evacuation, roadblocks etc
- Porter and mule support to carry personal Luggage can be arranged at an additional cost (weighing up to 12 kg)
- Applicable Taxes



WHAT TO CARRY



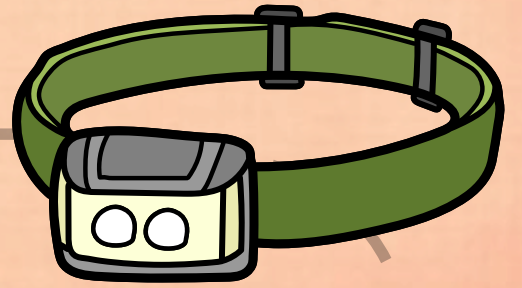
TREKKING SHOES



BACKPACK



HAND GLOVES



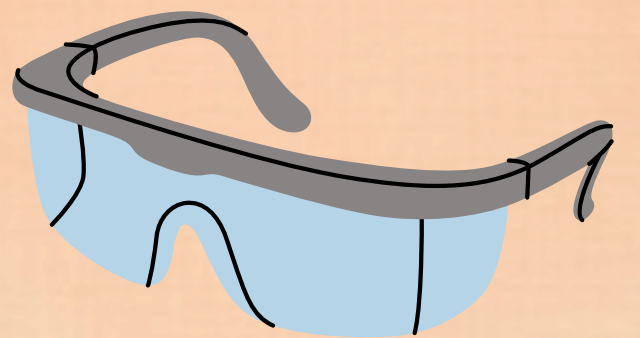
HEAD LAMP



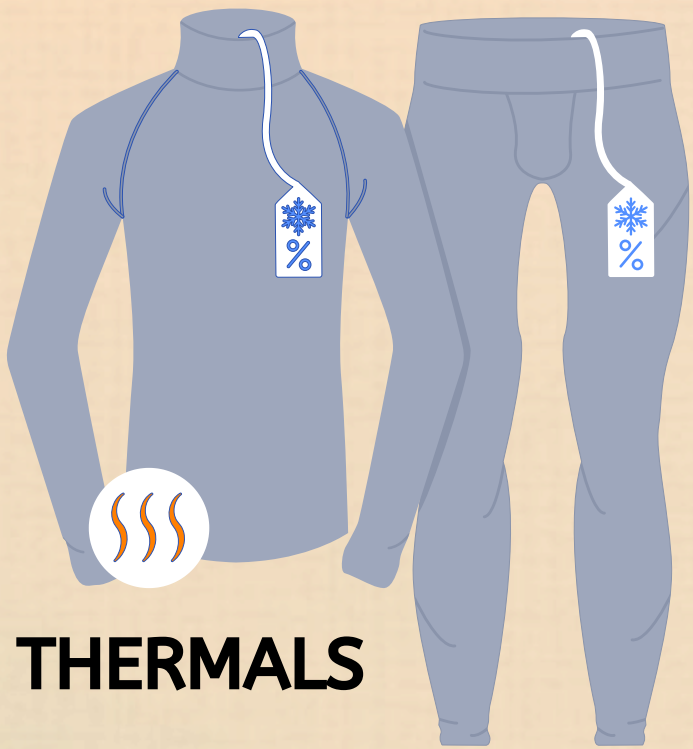
LUNCHBOX



SOCKS



UV SUNGLASSES



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

Kathgodam station is among the major stations within the district, existed for a long time. It is connected to a variety of places, which are Lucknow, Delhi, and Howrah. Train tickets from Delhi to Kathgodam via train will cost you around the price of Rs. 150 for a sleeper second class ticket, and the price is Rs. 400 for the third sleeper ticket. It is crucial to reserve the tickets at minimum one month ahead because this type of ticket is always highly sought-after.

By Train :-

From Delhi go to The Ranikhet Express (5014) Dep. Delhi at 10:40pm and arrive Kathgodam at 5:55am (Overnight journey) and it's the Uttar sampark kranti (5035) Dep. Delhi at 4:45pm. Arrival Kathgodam at 10:40 pm (6 hrs.40min.Journey)

From Dehardun Take from Dehardun the Doon Express (4120) Dep. Dehardun by 10:30 pm, arriving Kathgodam at 7:10 midnight (8hrs.journey)



HOW TO REACH

By Bus :-

Regular buses operate departing from ISBT Delhi Anand Vihar station to Kathgodam. Buses heading to Nainital stop in Haldwani, which happens to be a twin city of Kathgodam (8 hours Journey).

The majority of buses drop you off at Haldwani bus stop. From there, you must travel close to Kathgodam Railway Station which is only 4 km away.

Its Tata Sumo or similar vehicles will take you to Kathgodam Railway Station at 6:00am.

We suggest that you use only government buses to ISBT Anand Vihar. Private buses depart from outside ISBT , and they're not trustworthy.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**






CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US

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