



CHOPTA CHANDRASHILA TUNGNATH TREK

Discover Yourself on the Trail!



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TREK OVERVIEW



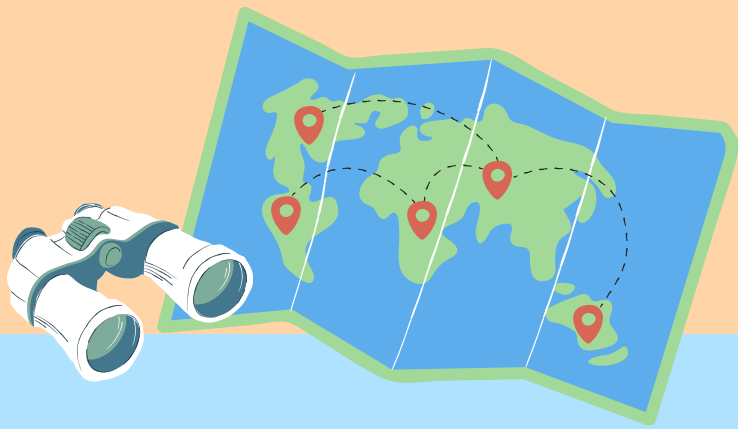
LOCATION

Uttarakhand, India



DISTANCE

15 kms



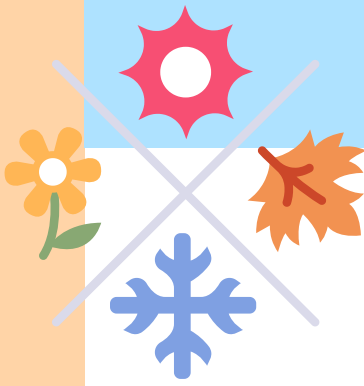
MAX ALTITUDE

12,100 ft



LAST ATM

Chopta



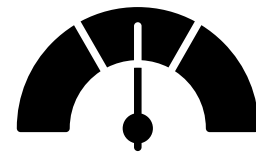
BEST SEASON

Jan to June, Sep to Dec



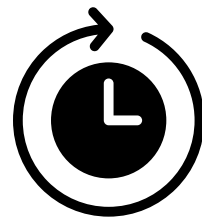
BASE CAMP

Chopta



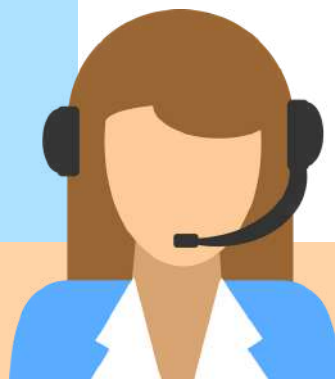
DIFFICULTY

Easy



DURATION

4 Days & 3 Nights



SERVICE FROM

Delhi to Delhi

Chopta to Chopta



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SHORT ITENERY



DAY 1

Pick Up from Delhi/Rishikesh - Ride to Chopta (450 km)

DAY 2

Enjoy Chopta and its Scenic Beauty | Altitude: 7,874 ft

DAY 3

Tungnath and Chandrashila trek | 5.5-km | 2370-m to 4000-m altitude

DAY 4

Travel to Sari village, trek to Deoria tal. Drive back to Delhi



ITENERY



DAY 1

Pick Up from Delhi/Rishikesh - Ride to Chopta (450 km)

Your Tungnath Trek begins with a pickup from New Delhi (8–11 PM) or Rishikesh (3–5 AM). As you journey to Chopta, enjoy stunning views of valleys and rivers through Devprayag, Srinagar, and Rudraprayag.

Upon arrival, settle into cozy camps surrounded by the Himalayas. Enjoy a delicious meal under the stars before a briefing from our guides about the trek ahead. Spend the night in the serene beauty of Chopta, known as the “Mini Switzerland of India,” gearing up for an incredible Himalayan adventure.





DAY 2

Enjoy Chopta and its Scenic Beauty | Altitude: 7,874 ft

Chopta, often described as "beautiful," sits at 7,874 feet, offering breathtaking Himalayan views, lush green meadows, and rolling hills. This serene village is also the gateway to the Tungnath Trek, earning it the title "Swiss region of India."

After settling into the camps, take time to relax and enjoy a peaceful meal. Our guides will brief you on the trek ahead, or you can explore the natural beauty of Chopta at your own pace.



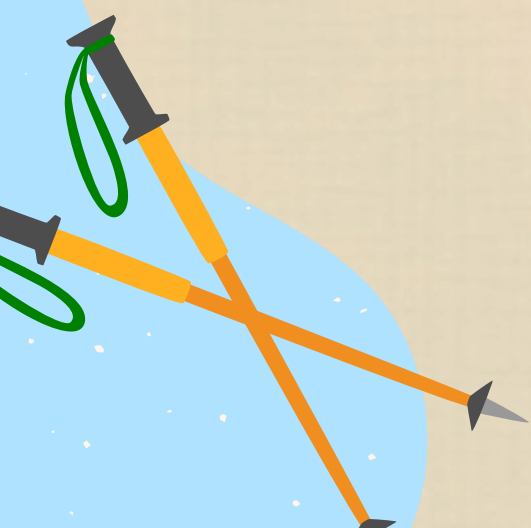


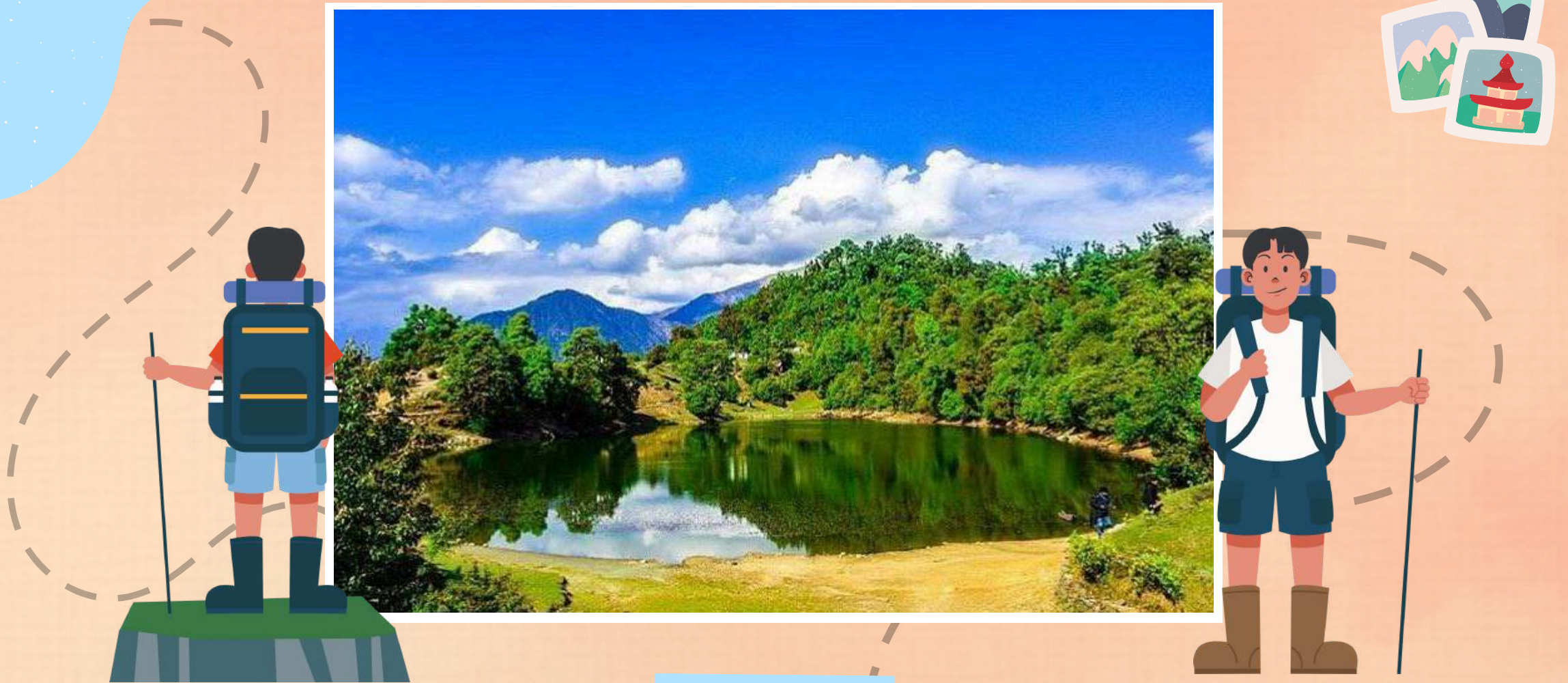
DAY 3

Tungnath and Chandrashila trek | 5.5-km | 2370-m to 4000-m altitude

Start your trek to Chandrashila with breakfast, stopping at Tungnath, the world's highest Shiva temple (12,073 ft). The 5.5 km trail takes 3–4 hours through lush forests and rhododendrons, offering stunning Himalayan views.

Ascend to Chandrashila Summit (13,123 ft) for a breathtaking panorama. The steep climb is challenging but rewarding. After soaking in the views, return to Tungnath and camp for a relaxing meal and overnight stay.





DAY 4

Travel to Sari village, trek to Deoria tal. Drive back to Delhi

Start your day with a scenic drive from Chopta to Sari Village in the Garhwal region. From there, enjoy a 2-hour trek through forests and terraced fields to the stunning Deoria Tal Lake, where you'll witness the majestic Chaukhamba peak.

After soaking in the breathtaking views, trek back to Sari Village for a meal before heading to Delhi. Pause in Rishikesh for rest, reflecting on the incredible memories of your Himalayan adventure.



TREK MAP

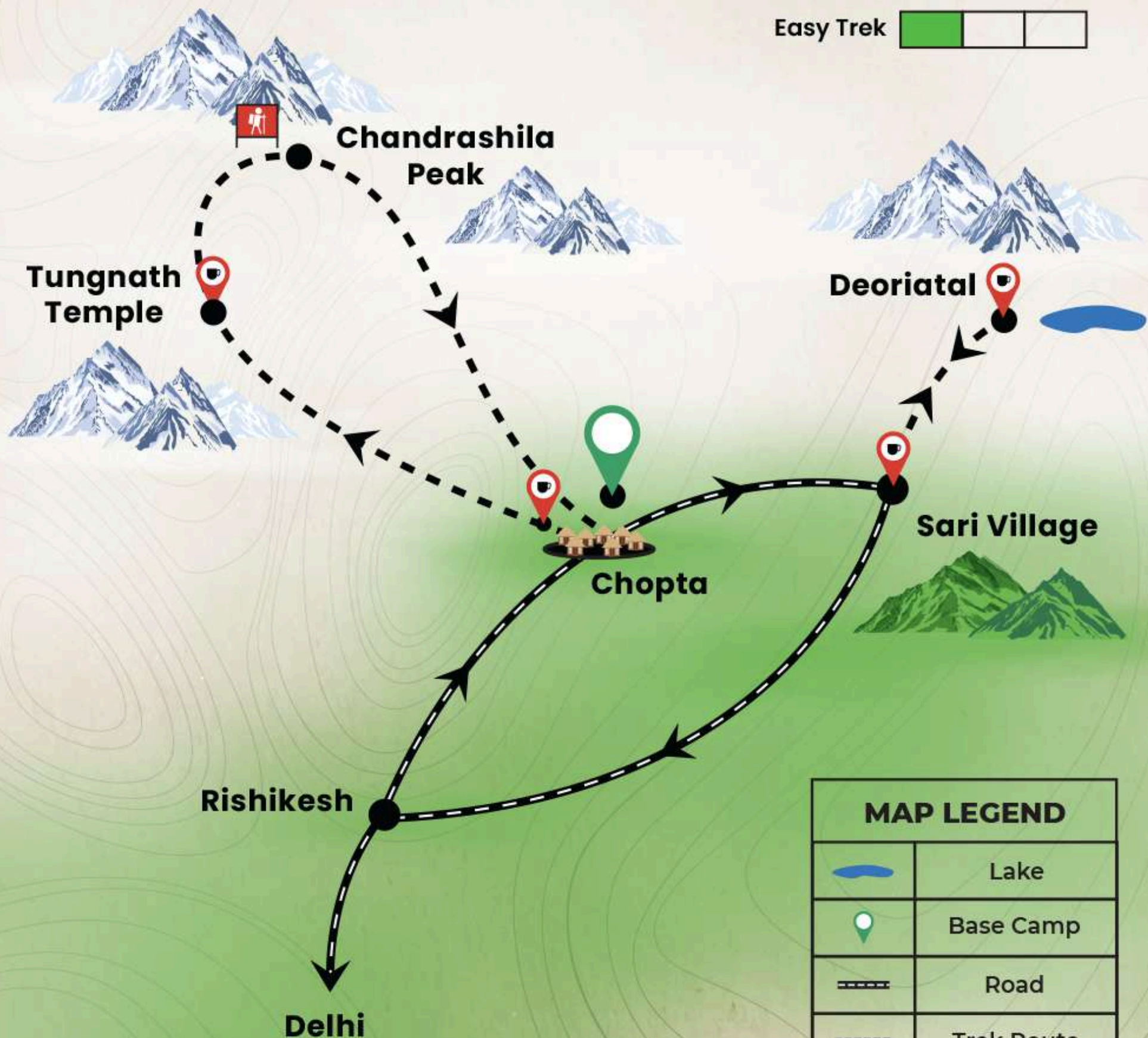


Chopta Chandrashila Tungnath Trek Map



Difficulty Level

Easy Trek



| MAP LEGEND | |
|------------|------------|
| | Lake |
| | Base Camp |
| | Road |
| | Trek Route |
| | Cafe/Dhaba |
| | Summit |

*Map is not scaled



INCLUSIONS



- Certified trek leader and guides
- **Meals Veg Only** - Day 2 dinner, Day 3 Breakfast, Lunch (Packed) and Dinner ,Day 4 Breakfast
- Accommodation in Deluxe Camps in quad and penta sharing basis.(Chopta,Sari or Mastura)
- Experienced and Qualified Guides
- Forest Permit
- **Medical Amenities** – First Aid Kits, Oxymeters, oxygen cylinders.
- Sanitised and Hygienic Camp sites and Hotels
- Transport (Non Ac)





EXCLUSIONS



- Anything not mentioned in inclusion list
- 5% GST
- Meals during Transportation
- Any kind of personal Expenses
- Unscheduled or extended stay due to road blocks, Landslides
- Porter/mule charges (Personal), Back pack offloading Charges
- Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.
- Cost of Evacuation in case of emergency



WHAT TO CARRY



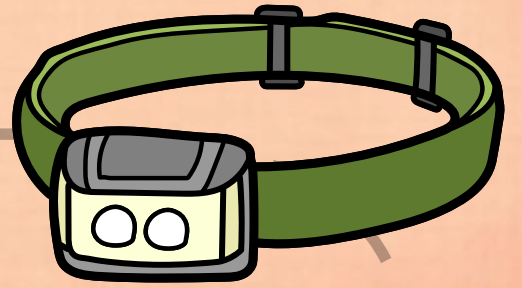
TREKKING SHOES



BACKPACK



HAND GLOVES



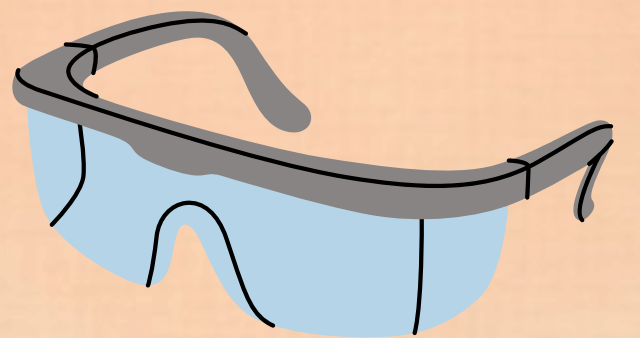
HEAD LAMP



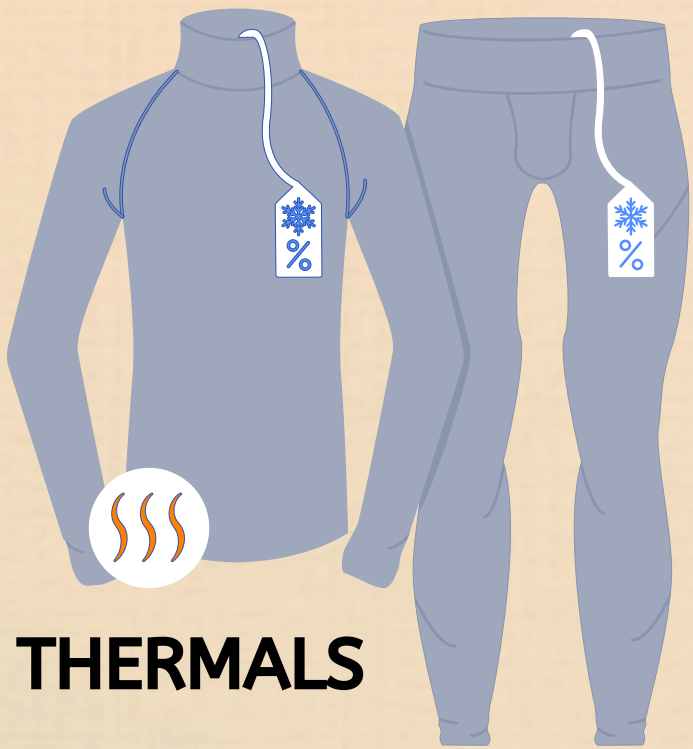
LUNCHBOX



SOCKS



UV SUNGLASSES



THERMALS



3 TSHIRTS



JACKETS



2 TREK PANTS



CAP



FLEECE & HOOD



RAIN COVER

HOW TO REACH

There are several modes of transportation available to reach Chopta for Tungnath Chandrashila Trek depending on where you are positioned. If one travels from Delhi a common means of transportation would be by road which tends to be the most convenient option. Delhi is five hundred kms away from Chopta and travelling by road would take from around ten to twelve hours or more. A bus or using a hire car from Delhi through places such as Haridwar, Rishikesh and Devprayag would be an option in reaching the Chopta.

The first option, which is coming from Rishikesh, is much better as it is around 200 km and takes about seven to eight hours. Depending on whether you are travelling from Rishikesh or Delhi, there are local buses and taxis available to hire to reach the base camp located in Chopta.



HOW TO REACH

Having booked a trek with Himalayan Daredevils would be an inclination to make the journey as easy as possible. The team sends someone to Rishikesh or Delhi to pick you up, rather than looking for public transport making travelling even easier. The tourists will be informed of the exact time and place of pickup so that they are able to reach it when required. This way it does not matter if you are heading from Rishikesh or Delhi to Chopta. Our aim is to ensure safe and comfortable travels for you so you will be able to explore the regions without any strain or hesitation.



FITNESS REQUIRED

We recommend jogging as the best routine to get fit for a trek. It works on the same muscles that you use while trekking – your calves, glutes and hamstrings. It helps increase your stamina day by day. It is also an easy routine that does not require any equipment or tools.

Fitness target:

To do this trek comfortably, you must be able to cover 5 km in under 35 minutes. This is the minimum fitness required for this trek.

How to achieve this fitness?

- Start jogging at least 4 days a week
- If you cannot run 5 km immediately, start with 2 km and increase to 5 km over 2-3 weeks.
- Once you're able to run 5 km, increase your pace day by day.
- Gradually increase your pace and bring it down to 5 km in less than 35 mins.
- You must be able to run 5 km in 35 mins consistently for at least 2 weeks before the trek.

This trek requires at least 6-8 weeks of preparation. The longer, the better. So plan your trek soon and start preparing.



CANCELLATION POLICY

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: Get monetary refund with 15% of cancellation charges on trek fee.

Cancellation between 30 days and 15 days to the start of event: 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Cancellation less than 15 days to the start of event: No refund.

**Please note cancellation will be only accepted by email.
Booking amount is non refundable.**






CANCELLATION POLICY

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes

CONTACT US

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