



SPRIT OF FREEDOM



HIMALAYAN
DAREDEVILS

DOODHPATHRI TREK





LOCATION

JAMMU & KASHMIR, INDIA



BEST TIME

JULY & AUGUST



DESTINATION

DOODHPATHRI TREK



TAKE A PHOTO

SUNRISE, SUNSET,
SNOW CAPPED
MOUNTAINS



DIFFICULTY

MODERATE



HIGHEST ALTITUDE

13,060 ft



AVERAGE TEMPERATURE

DAY TIME: +14°C to +18°C
NIGHT TIME: +2°C to 0°C



BASE CAMP

DOODHPATRI



DURATION

5 NIGHTS & 6 DAYS



LAST ATM

SRINAGAR



TREK DISTANCE

49 KMS



SHORT ITINERARY

Day 1

Srinagar to Doodhpathri by Road 54 km, time-time Taken: approx. 2 hrs.

Day 2

Doodhpathri to Ashtaar Valley - Trek Distance: 10 km, time-time Taken: approx. 7 hrs.

Day 3

Ashtaar Valley to Gurwansar by Trek -Trek Distance: 7 km, time-time Taken: approx. 6 hrs.

Day 4

Gurwansar to Duriem - Trek Distance: 9 km, Time Taken: approx. 7 hrs

Day 5

Duriem to Gadtar via Bodsar Lake, Trastar Lake, Navkansar I, II & Damasar Lake - Trek Distance: 10 km, Time Taken: approx. 8 hrs

Day 6

Gadtar to Tosamaidan by Trek and From Tosamaidan to Srinagar by Road

ITINERARY



DAY 1

Srinagar to Doodhpathri by Road 54 km, time-time Taken: approx. 2 hrs.

Sounds like an amazing adventure! The two-hour drive from Srinagar to Doodhpathri promises breathtaking scenery. Imagine cruising past pine-clad hills, their emerald slopes reaching for the sky. A tranquil blue river winds its way through the landscape, its waters gurgling over smooth boulders and around craggy rocks. The fresh mountain air and the vibrant tapestry of nature will surely set the mood for an unforgettable camping experience at Doodhpathri.

ITINERARY



DAY 2

Doodhpathri to Ashtaar Valley - Trek Distance: 10 km, time-time Taken: approx. 7 hrs.

Start your morning with a warm breakfast. Your trek from Doodhpathri will be through the pine forest. The trail through the forest is zigzag, after which you will cross the Afsaar River. After gradually ascending the mountain ridge, you reach the top. You will see the Ashtaar Valley, surrounded by boulders spread all around. When you come down close to the boulders, you will cross the river, where you can see Shepherd huts; after that lies the Ashtaar Valley campsite.

ITINERARY



DAY 3

Ashtaar Valley to Gurwansar by Trek -Trek Distance: 7 km, time-time Taken: approx. 6 hrs.

The trek will be relatively easy today, as it is a gradual climb up to the top. The trail will pass through meadows and densely covered pine forests. You will pass through boulders on the trail and see huge grassland spreading as far as your eyes can see. After walking through the grassland for a while, your trek will start ascending, and upon reaching the top, you will reach the campsite at Gurwansar.

ITINERARY



DAY 4

Gurwansar to Duriem - Trek Distance: 9 km, Time Taken: approx. 7 hrs

The trek today will be challenging as you pass through rough terrain. The trail will begin with walking through grassland for a while; you will reach the section with boulders. You would have to go through here carefully. The route will slowly ascend till you reach Pamsar Lake. After taking in the vast lake, you will start trekking again, passing through boulders and crossing some streams until you come to the following camping site, Duriem.

ITINERARY

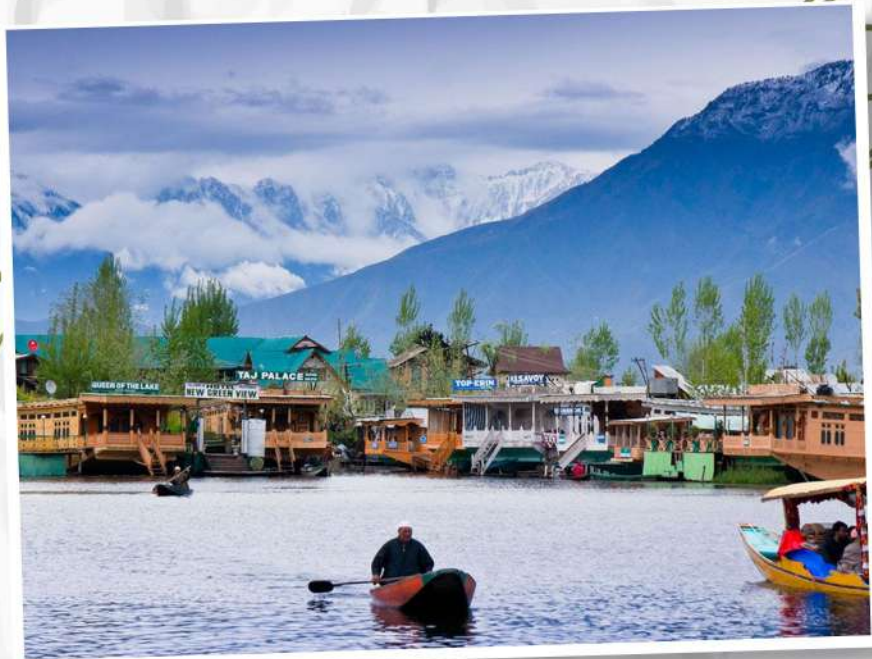


DAY 5

Duriem to Gadtar via Bodsar Lake, Trastar Lake, Navkansar I, II & Damasar Lake - Trek Distance: 10 km, Time Taken: approx. 8 hrs

Today's trek is going to take a long time to complete. The trek will climb slowly for almost 2.5 km until you reach the first of many lakes on the way, Bodsar Lake. From the Bodsar Lake viewpoint, you start hiking until you reach Tratsar Lake, also known as Lokutsar Lake. Now you walk through the boulder section and climb up the ridge, and once you have reached the top, you will start coming down towards Damasar Lake. You will see another lake, Navkansar I & II, and as you descend from there, you will arrive at the next campground, Gadtar.

ITINERARY



DAY 6

Gadatar to Tosamaidan by Trek and From Tosamaidan to Srinagar by Road

Gadatar to Tosamaidan by Trek and From Tosamaidan to Srinagar by Road
Trek Distance: Gadatar to Tosamaidam by Trek – 9 km, Tosamaidan to Srinagar by road – 80 km, Time Taken: Gadatar to Tosamaidam by Trek – approx. 5 hrs, Tosamaidan to Srinagar by road – approx. 3 hrs Today is the end of the trek. You will be walking on the trail one last time. From Gadatar campsite, you will cross rivers and ascend on grasslands. You will cross two more streams alternating between ascending and descending the ridge. There will be a small ascend before reaching Tosa Maidan after the descent. Once you have reached Tosamaiden, you will be taken by the vehicle and dropped off at Srinagar.

INCLUSIONS

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

EXCLUSIONS

- 1. Anything not specified in the Inclusions section**
- 2. Additional Meals unless specified**
- 3. Transport unless specified**
- 4. Air Fare / Train/ Bus Tickets**
- 5. Travel Insurance**
- 6. Additional expenditure and Extra Services if taken**
- 7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.**
- 8. GST(Goods & Service Tax) at the rate of 5%.**

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: **Get a monetary refund with 15% of cancellation charges.**

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

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