

# **RUPIN PASS TREK**





#### LOCATION

HIMACHAL PRADESH, INDIA



#### **BEST TIME**

MAY - JUNE SEPTEMBER - OCTOBER



#### DESTINATION

**RUPIN PASS TREK** 



#### **TAKE A PHOTO**

SUNRISE, SUNSET, WATERFALLS, SNOW COVERD LANDSCAPES



#### DIFFICULTY

**MODERATE** 



### HIGHEST ALTITUDE

15,350 ft



#### **AVERAGE TEMPERATURE**

DAY TIME: +15°C to +17°C NIGHT TIME: +4°C to +5°C



#### **BASE CAMP**

**JISKUN** 



#### DURATION

6 NIGHTS/ 7 DAYS



#### LAST ATM

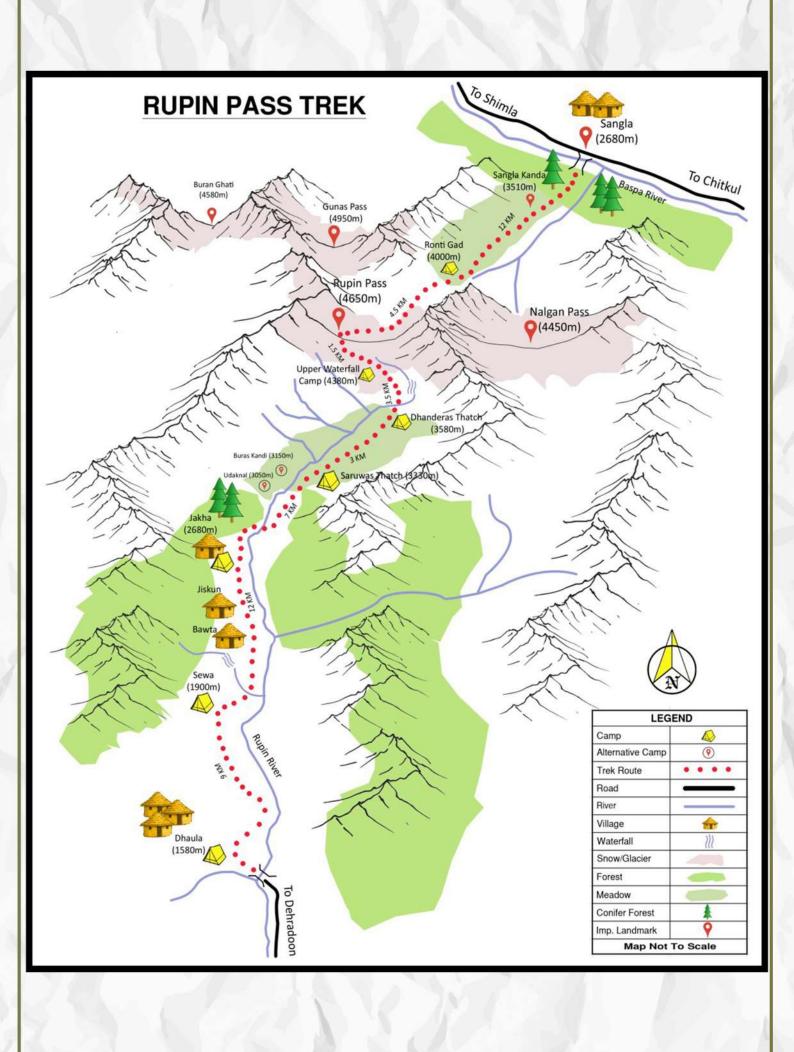
**ROHRU** 



#### TREK DISTANCE

**42 KMS** 





### **SHORT ITINERARY**

**Day 1**Drive from Shimla to Jiskun (7,630 ft)

**Day 2**Trek from Jiskun to Jakha

**Day 3**Trek from Jakha to Saruwas Thatch

**Day 4**Trek from Saruwas Thatch to Dhanderas Thatch

**Day 5**Trek from Dhanderas Thatch to Upper Waterfall

Day 6

Pass-crossing day: Upper Waterfall camp to Rupin Pass, further on to Ronti Gad.

**Day 7**Trek from Ronti Gad to Sangla. Drive to Shimla

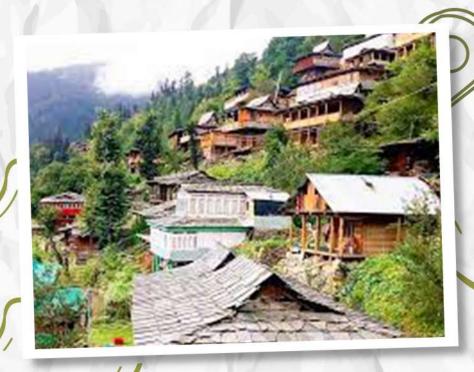


## DAY 1

Drive from Shimla to Jiskun (7,630 ft)

Drive distance: 185 km | Drive Duration: 7 hours | Location of Himalayan Daredevils basecamp: Jiskun.

The adventure begins with a scenic drive from Shimla, nestled in the Himalayas at 7,467 ft, to our basecamp in Jiskun. Buckle up for a 185-kilometer journey that unfolds over approximately 7 hours. The winding roads will take you through breathtaking landscapes, a perfect prelude to the incredible Himalayan adventure that awaits at our Jiskun basecamp, situated at an elevation of 7,630 ft.



# DAY 2

Trek from Jiskun to Jakha

Trek Distance: 4 km | Trek Duration: 4 hours | Altitude

gain: 7,630 ft to 8,755 ft

Embark on a challenging yet rewarding trek through the hidden gems of Himachal! This adventure delves deep into remote, traditional villages, offering a glimpse into a way of life untouched by time. Be prepared to test your limits with an hour-long descent followed by a demanding hour-long ascent. The breathtaking scenery and rich cultural experience will make every step worthwhile.





### DAY 3

Trek from Jakha to Saruwas Thatch.

Trek Distance: 7.10 km | Trek duration: 5-6 hours | Altitude gain: 8755 ft to 10,770 ft

The day's trek starts off in a magnificent fir forest, one of the best forest sections on any trek. Further, the trail descends down into the valley, snaking on the banks of the Rupin River. Look out for beautiful dwarf rhododendrons after Udaknal, just as you approach the meadows of Saruwas Thatch.



### DAY 4

Trek from Saruwas Thatch to Dhanderas Thatch.

Trek Distance: 3 km | Trek Duration: approx. 2 hours | Alti-

tude gain: 10,770 ft to 11,700 ft

The shortest and perhaps the prettiest day of the trek, as you walk through small meadows, which are flower beds in summer, and beautifully colourful in autumn. The day's trek culminates at the iconic Dhanderas Thatch or Lower Waterfall campsite, where you camp at the base of the roaring 1,500 ft Rupin Waterfall.





### DAY 5

Trek from Dhanderas Thatch to Upper Waterfall.

Trek Distance: 2.4 km | Trek Duration: 2-3 hours | Altitude gain: 11,700 ft to 13,275 ft

Get ready for an adrenaline rush with this quick and continuous ascent of the majestic 1,500 ft Rupin Waterfall! The experience transforms with the seasons. In summer, you might even get the chance to cross the cascading water on a natural snow bridge, adding an extra layer of adventure. However, during autumn, the snow melts away, revealing a challenging trail composed of rocky and sometimes slippery terrain. This trek promises breathtaking views and a true test of your grit, regardless of the season.



### DAY 6

Pass-crossing day: Upper Waterfall camp to Rupin Pass, further on to Ronti Gad.

Trek Distance: 7.4 km | Trek Duration: 9-10 hours | Altitude gain and loss: 13,275 ft to 15,279 ft to 13,005 ft

The most adventurous day of your trek. You start from the Upper Waterfall Camp at around 3 am to make it to Rupin Pass by 7 or 8 am. The day's climb is hard, with steep ascents, through snowfields of rocky beds to the pass. The climb to the pass through the Rupin Gully is an iconic one. The descent and long walk to Rontigad is a true test of your endurance.



### DAY 7

Trek from Ronti Gad to Sangla, Drive to Shimla

Trek Distance: 11.9 km | Trek Duration: 6 hours | Altitude loss: 13,005 ft to 8,660 ft | Drop off point: Shimla Old Bus stand.

The day's trek involves a steep descent all the way to Sangla, where your trek ends. Despite being the last day, this is one of the most picturesque days as you trek through the lush grasslands of Sangla. The trek ends at the River Baspa, which marks the beginning of civilization after your 7-day trek.

### **INCLUSIONS**

- 1. Accommodation Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.
- 2. Meals All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.
- 3. Permit/Charges Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.
- 4. Trekking equipment High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.
- 5. Safety equipment First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

### **EXCLUSIONS**

- 1. Anything not specified in the Inclusions section
- 2. Additional Meals unless specified
- 3. Transport unless specified
- 4. Air Fare / Train/ Bus Tickets
- 5. Travel Insurance
- 6. Additional expenditure and Extra Services if taken
- 7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.
- 8. GST(Goods & Service Tax) at the rate of 5%.

### FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

#### **Cancellation Policy**

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: Get a monetary refund with 15% of cancellation charges.

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

**Note:** The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

#### Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

### CONTACT US



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