



KEDARKANTHA

TREK





LOCATION

UTTRAKHAND, INDIA



BEST TIME

ROUND THE YEAR
EXCEPT MONSOON



DESTINATION

KEDARKANTHA TREK



TAKE A PHOTO

SUNRISE, SUNSET,
SNOW CAPED MOUNTAINS



DIFFICULTY

EASY-MODERATE



HIGHEST ALTITUDE

12,500 ft



AVERAGE TEMPERATURE

DAY TIME: +8°C to +15°C
NIGHT TIME: -5°C to -15°C



BASE CAMP

SANKARI



DURATION

5 DAYS & 4 NIGHTS



LAST ATM

PUROLA



TREK DISTANCE

20 KMS





OVERVIEW

Kedarkantha (3700 meters), one of the most popular treks amongst experienced trekkers and novice alike, is ideally a 4-day active vacation. Difficulty ranging between Easy to Moderate, Kedarkantha is set in the Govind Wildlife Sanctuary's pristine mountains in the Uttarkashi District, Uttarakhand. The trek's duration ranges from 5 to 6 days, with the base camp being the quaint little village of Sankri.

As you start your trek and steadily climb up the steep slopes, the trek gives way to the beautiful pine forest, which on its own, is a diverse and immersive experience. In the winters, the entire trek is laden with snow and snow-covered trees. These forests are accompanied by the distant yet beautiful mountain peaks (snow-capped in winters), which follow you to the summit and later open up to panoramic views of the towering Garhwal Himalayas. One can easily spot godly peaks like Swargarohini, Black Peak, Bandarpooch, and more. An absolutely thrilling and mesmerizing experience.

In the interim, an evening is spent at "Juda ka Talab" (2700 meters), which in the winters is a frozen pond. Its surroundings also serve as a camping ground for trekkers going to the Kedarkantha summit.

SHORT ITINERARY



DAY 1

Arrival at Dehradun. Transfer to Sankri (200 km/8 hr). Overnight stay at Sankri(6,400 Ft)



DAY 2

Trek from Sankri to Juda ka Talab (5 km/ 9,000 Ft)



DAY 3

Trek from Juda ka Talab to Kedarkantha Camps (4 km/ 11,200 Ft)



DAY 4

Trek from Kedarkantha base camp to Kedarkantha Peak (12,500 Ft) and back to Juda Ka Talab (8450 ft/ 6 Km)



DAY 5

Trek from Juda Ka Talab to Sankri (6 km) to Dehradun (8 hours drive)



DETAILED ITINERARY

DAY 1

REACHING THE BASE CAMP

The base camp of Kedarkantha is Sankri, which is approximately 200 km (8 hrs) from Dehradun. The city of Dehradun is well connected with India's major cities by flight, train, and bus services. If you are traveling in a planned group departure, your transfers will be made available beforehand. For solo travelers, local transport to Sankri is also readily available. The drive to Sankri is a very scenic route. The last 22 km of the drive passes through the wildlife sanctuary itself and is exceptionally beautiful. Dinner and night stay at a guest house in Sankri.



DETAILED ITINERARY



DAY 2

TREK FROM SANKRI TO JUDA KA TAAL (9000 FT./ 5 KM)

This is the first day where you start your journey up the mountain on foot. After a filling breakfast and some warm-up exercises, you will begin your trek from Sankri to Juda Ka Taal. In case of winters', your trek leaders will provide you with spikes and gaiters before you start and followed by a demonstration of how to wear & carry them. You will cover a total of 5 kilometers today. The trail begins in a peaceful pine forest after a short 10 minutes walk from the village. The gradient of the path is easy and in a zigzag manner so that one can maintain a steady pace, with gradual ascends all the way to Juda Ka Tal campsite.

It's hard to come across wildlife on Kedarkantha trek during winters, but keep an eye out for woodpeckers as you walk along with the pine trees. They are quite common in this region.

The thick forest gives way to a vast meadow, where you'll see two small shacks that serve piping hot tea, omelet, Maggie noodles, and other hot beverages. You can have your packed lunch here. The campsite is just an hour away from this point. As you gain altitude, you'll start seeing the beautiful

DETAILED ITINERARY

Himalayan ranges in the background. The most prominent peaks that you'll see throughout the trek is Swargarohini. By early afternoon you'll be at your campsite. Juda ka Taal is a mesmerizing sight to witness. During winters, the pond is completely frozen.

Juda ka Taal offers an immensely beautiful experience. The entire mound runs along with a thick cover of oak and pine trees so dense that light barely seeps through it. The area lies entirely in the shadow of some of the densest pine tree formation you will ever see.

Dinner and overnight stay at Juda Ka Taal.



DAY 3

JUDA KA TAAL TO KEDARKANTHA BASE CAMP (11,200 FT./ 4 KM TREK)

Post breakfast, we start our journey towards the Kedarkantha base camp. The gradient of the trail is a bit steeper than yesterday. As we walk with the pine forest for about an hour, the route later opens up to a beautiful meadow. During winters, our trek leaders take the opportunity to teach the group ascending and descending snow techniques on the slopes.

**"THE JOURNEY MATTERS MORE THAN
THE DESTINATION."**



DETAILED ITINERARY

From Juda ka Taal to Kedarkantha base camp, it is a 4 km stretch, which takes 3 hours to complete. The view at your next campsite is absolutely stunning. At night, the mountain peaks shine bright under the white light of the moon. One can clearly spot the Kedarkantha peak from the campsite.

After an early dinner, we proceed to sleep in our respective tents as we have to wake up early at 2 AM to start our summit.



DAY 4

KEDARKANTHA BASE CAMP - KEDARKANTHA (12,500 FT.) - JUDA KA TALAB (8450 FT/ 6 KM)

The anticipation was palpable as we prepared for the final leg of our Kedarkantha trek. Our goal was to reach the summit, standing at a majestic 12,500 feet. The fourth day dawned, and we set off, our breath misting in the crisp mountain air.

As we ascended, the wind grew fiercer, and the temperature plummeted. Yet, the allure of the summit kept us going. Our bodies ached, but our spirits remained high. Finally, we reached the peak, just as the sun began to paint the sky in hues of

**“IF WE WERE MEANT TO STAY IN ONE PLACE,
WE’D HAVE ROOTS INSTEAD OF FEET.”**

— RACHEL WOLCHIN



DETAILED ITINERARY

orange and pink. The panoramic view was breathtaking. Mountains stretched out before us, their peaks kissed by the golden light.

After taking in the breathtaking scenery, we descended back to Kedarkantha Base Camp. A warm lunch awaited us, a welcome respite from the cold. We rested and refueled before continuing our journey downward. Our final stop for the day was Juda ka Talab Campsite, where we would spend the night.

The trek to Kedarkantha was a challenging yet rewarding experience. It pushed us to our limits, both physically and mentally. But the sense of accomplishment that came with reaching the summit was unparalleled. The memories we made and the friendships we forged will last a lifetime.

DETAILED ITINERARY

DAY 5

TREK FROM JUDA KA TALAB TO SANKRI (6 KM) TO DEHRADUN (8 HOURS DRIVE)

The final day of our Kedarkantha adventure began with a hearty breakfast at Juda ka Talab Campsite. We then set off on the trek towards Sankri Village, following a path lined with towering pine trees. This route, unlike others leading to Sankri, offered a more scenic and tranquil experience.

Upon reaching Sankri, we stopped at our hotel for a brief respite before continuing our journey to Dehradun. The drive was long but pleasant, allowing us to reflect on the incredible experiences we had during our Kedarkantha trek. As the sun began to set, we arrived in Dehradun, marking the end of our unforgettable adventure.

INCLUSIONS

- 1. Meals while on trek (Veg).**
- 2. All necessary entry fees and permits.**
- 3. Accommodation: - Guest house, Home stay, camping during Trek.**
- 4. Mountaineering qualified & professional trek Leader, guide, cook and Support staff.**
- 5. First aid medical kits, stretcher and oxygen cylinder.**
- 6. Trek equipment: Sleeping bag, mattress, tent, kitchen & dinning tent, toilet tent, utensils and crampon (if required)**
- 7. Staff Insurance.**
- 8. Porters/mules to carry central equipment.**

EXCLUSIONS

- 1. Any kind of personal expenses.**
- 2. Food during the transit.**
- 3. Mules or porter to carry personal luggage.**
- 4. Insurance.**
- 5. Any kind of emergency evacuation charges**
- 6. Anything not specifically mentioned under the head.**
- 7. Transport (Non Ac)**
- 8. 5%GST**
- 9. Any expense incurred or loss cost by reasons beyond our control such as bad weather, natural calamities (landslides, floods), flight delays/rescheduling/ cancellations, any accidents/medical evacuations, riots/strikes/war/pandemics etc.**

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation policy:

Life is unpredictable and we understand sometimes you have to cancel or change your trip dates and it is our endeavour to make it as easy possible for you. However, please understand we plan everything including guide fees, permits, accommodation and ration in advance. Therefore any cancellation means inconvenience and certain losses to the people involved in various stages of programme. Keeping that in mind, our cancellation charges are as below-

Cancellation prior to 30 days from start of the event: **Get monetary refund with 15% of cancellation charges on trek fee.**

Cancellation between 30 days and 15 days to the start of event: **50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.**

Cancellation less than 15 days to the start of event: **No refund.**

Please note cancellation will be only accepted by **email**.

Booking amount is non refundable

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arriving due to natural calamities, strikes, wars on any other circumstances that makes the event inadvisable. In this case, 50% on trek fee is non refundable and the remaining 50 % will be given as cash voucher which is valid for 1 year.

Itinerary changes & trip delays:

We plan itineraries based on the information at the time of planning and in rare circumstances, there are subject to change. In the event that the itinerary is changes or delayed due to unforeseen circumstances such as bad weather conditions, transportation delays, government intervention, landslides etc. We will always aim to give you the best experience possible. However The Himalayan Daredevils are not be held responsible for the cost of delay or changes.

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